

South East  
Consortium



# Winter 2019 PROGRAMS



WINTER ENROLLMENT: NOVEMBER 19TH - DECEMBER 20TH, 2018

NOW ENROLL WITH ONLINE ENROLLMENT

# SOUTH EAST CONSORTIUM

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Mamaroneck, NY 10543

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# A Message from the Executive Director

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Dear Families and Participants,

With the holiday season approaching quickly, South East is looking forward to ringing the new year with a variety of exciting new programs. With record enrollment continuing we are eager to offer more opportunities for fun and entertaining activities! To make the process of program enrollment easier (no more waiting in line) we will be launching our new website and online program enrollment feature Tuesday, November 13th. To enroll in programs online you will need to complete the following steps now:

**STEP 1:** From the [www.secrec.org](http://www.secrec.org) website click on the Program Enrollment tab at the top of the page or go to the homepage <https://secrec.recdesk.com> click on the "CREATE ACCOUNT" button. This will take you to the basic account information page.

**STEP 2:** You will then need to enter your basic account information: full name, phone number and e-mail address. Once that information has been entered, click "Continue".

You will then be brought to the final stage of the account creation process.

**STEP 3:** Here you will provide more information for your account and create your username and password: Address, E-mail, Phone, Emergency Contact Info, (If you do not know your TABS ID Number please leave it blank). Username and Password.

Then click continue and that's it!

**STEP 4:** Success! You have officially created a RecDesk account. All new accounts created online via the SEC RecDesk Community portal must go through an approval process prior to allowing new account members to enroll for programs. This may take 1-2 days to process depending upon volume. (SEC will fill in blank information and create a member ID)

You will receive an e-mail stating your account is approved to register for programs, create addition Household Account Member, pay for programs and find out more about what we have to offer by checking out our program calendar.

**STEP 5: SEC Program Enrollment for Winter 2019 will begin at 9:00am EST on Monday, November 19th both in the office and online through the SEC RecDesk Community Portal.** You may pay later by check or pay by Credit Card\* online (\*Credit Card convenience fee 2.9% +.30 cents per a transaction).

**Please note:** All programs must be paid in full prior to the start of programs on January 7th, 2019. If you need to set up a payment plan please contact the office.

**STEP 6:** Upon enrollment in programs a New Online Programs Admission Application will need to be filled out to complete the enrollment process for all participants.

SEC RecDesk Community portal allows for unique features such as individual color-coded participant program calendars, account balance information, automatic program waitlist features, facility locations with Google Maps and much more.

**To ensure the process goes smoothly please create your account in timely manner, as they say, “the early bird gets the worm”! If you wait to create your account until the day of program enrollment, your account will be pending approval and your participant could miss out on special events/trips.**

This is a new process for everyone, so please be patient and do not hesitate to call the SEC office and ask questions.

Sincerely,  
Jennifer Spenner-Kind  
Executive Director

# Please Read the Following Information

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## Who We Serve:

The South East Consortium proudly serves children and adults (age 5 and beyond) with various disabilities and special needs who reside in the following member municipalities: Town and Village of Mamaroneck, Town of Pelham, Village of Rye Brook, Village of Port Chester, Village of Larchmont, City of Rye, Village of Scarsdale, Town of Eastchester, Village of Bronxville, Village of Tuckahoe and the Town and Village of Harrison.

Each of the member municipalities contribute tax dollars to the South East Consortium. Residency is based on which municipality to which you pay taxes, not by school district or mailing address. Due to overcrowding and limited resources, SEC can no longer accept **NEW** enrollments from individuals who reside outside the Consortium municipalities. If you are unsure of member eligibility, please contact the office for assistance.

## Enrollment Criteria:

The following criteria and conditions for enrolling in South East Consortium (SEC) programs applies only to **NEW** individuals residing with their families/guardians or independently in any of the Consortium municipalities. This DOES NOT apply to individuals residing in IRAs or group homes or individuals who were previously enrolled in program(s) prior to the fall 2017 session.

SEC can no longer accept any NEW registrations from individuals who have not completed the OPWDD Front Door Eligibility Process and have been issued a Letter of Service Authorization stating respite units have been confirmed.

HCBS Medicaid Waiver: SEC will only accept individuals who are Medicaid Waiver eligible after all the required documentation is properly submitted by the Care Coordinator. SEC needs to be correctly noted on the Life Plan/Individual Service Plan (ISP) as a service provider; a Service Authorization Letter (SAL); Notice of Decision (NOD); Level of Care (LCED). Once this documentation has been received by SEC it will be submitted to OPWDD. Individuals may not begin programs until SEC is notified the billing for reimbursement process is completed.

## Sibling Discount:

If a family has more than one participant registered in our programs South East offers a 15% discount for each sibling. Please note that this will be adjusted in-house and a credit applied to your account.

# **Please Read the Following Information**

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## **Registration Restriction:**

If a participant has an outstanding balance due to South East for attending previous programs, that participant will not be permitted to register for the new session until the outstanding balance is paid. Please note with the new enrollment system your account will be locked until the outstanding issues is rectified. In addition, if your participant has outstanding paperwork (LP/ISP, IEP, NOD, LCED, Medical form, etc.) they will not be allowed to enroll/attend South East Programs until the paperwork has been submitted.

## **Program Attendance:**

When registering your participant for a program please be aware of this important concern. South East receives certain reimbursements through Medicaid for providing services to your participant, but only if your participant attends the program. If your participant has spotty attendance or simply doesn't attend at all, it has a significant financial impact on South East. Also, since South East has a "wait list" for most of its programs it is unfair to others who wish to participate.

We understand an occasional absence, but if you know beforehand, especially with a community outing or special event, that your participant will not be attending or is dropping a program, please let us know immediately so we can attempt to fill that vacancy. This may affect any possible program refunds to you.

## **Admission and Medical Forms:**

South East Consortium is required to keep a completed up-to-date admissions application and medical form on file for all program participants. A new program admission application is now online for enrollment. Participants who have expired information on file will be required to update the information prior to participating in any South East programs.

**NOTE: Please be advised that your participants social security number is now mandatory to participant in all SEC programs, no exceptions.**

## **Late Pick-up Policy:**

Late pick-ups and early drop offs are continuing to create several problems for us especially when a facility needs to remain open (expensive) and staff need to provide extended supervision (more expensive) before or after program time. We understand an occasional glitch in your schedule, but if this becomes a trend you will be billed \$10 for every additional 15 minutes staff is required to provide supervision either before or after program schedule times.

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**South East Consortium  
Office Hours**

**8:30AM - 4:30PM  
Monday - Friday**

# MONDAY

## TUMBLE TIME

Children get to explore the My Gym facility through a mix of structured activity and interactive play. The landscape of the equipment changes every week offering a new and stimulating environment. Open to Participants Living At Home Only.

My Gym  
1030 West Boston Post Rd.  
Mamaroneck, NY 10543

4:30 P.M. - 5:30 P.M.  
Ages: 5 - 12

WINTER SEASON 1/7 - 3/18 (9 weeks)

**NO PROGRAM: 1/21 & 2/18**

CODE: TUMB R110

**DIRECT COST: \$272.00**

**OPWDD/WAIVER CONFIRMED: \$126.00**

**TRANSITIONAL: \$207.00**



Tumble Time, Fall 2018



Tumble Time, Fall 2018

## HAPPY TAILS

Happy Tails is a canine therapy program developed in conjunction with The Good Dog Foundation, designed to take teams of individuals and therapy dogs through a series of structured tasks (such as grooming, feeding, and walking) and pre-planned games and activities! . Open to Participants Living At Home Only.

Community Room  
Hommocks Ice Rink  
130 Hommocks Road, Larchmont

5:30 P.M. - 6:30 P.M.  
Ages: 8 - 13

WINTER SEASON 1/7 - 3/11 (8 weeks)

**NO PROGRAM: 1/21 & 2/18**

CODE: TAILS S110

**DIRECT COST: \$112.00**

**OPWDD/WAIVER CONFIRMED: \$28.00**

**TRANSITIONAL: \$68.00**



# MONDAY CON'T

## ZUMBA

Are you ready to dance yourself into shape? Join us for a high energy, fun dance aerobics class! We will combine Zumba, Latin and Caribbean moves paired with great dance music. With easy to follow moves this one of a kind fitness program will keep you coming back for more! Please wear loose clothing and sneakers!

Damiano Center  
281 Midland Avenue, Rye  
Please enter from the left-side of the building

6:30 P.M. - 7:30 P.M

Please Note Time Change

Ages: Teen/Adult

WINTER SEASON 1/7 - 3/18 (9 weeks)

**NO PROGRAM: 1/21 & 2/18**

CODE: ZUMBA S110

**DIRECT COST: \$130.00**

**OPWDD/WAIVER CONFIRMED: \$36.00**

**GROUP HOME/TRANSITIONAL: \$95.00**



Zumba, Fall 2018

## EDIBLE CREATIONS

Who says you need an oven to make delicious treats? We will use our creativity to make various snacks and desserts. We will explore different recipes that only require our hands. Our recipes will include wraps, skewers, dips, no-bake desserts, and plenty more! Each week we will also write out the recipes to build a recipe book full of no bake creations. Each recipe we make will be full of flavor, fun, and flare!

Damiano Center  
281 Midland Avenue, Rye  
Please enter from the left-side of the building

7:30 P.M. - 8:30 P.M.

Ages: Teen/Adult

WINTER SEASON (5 weeks)

PROGRAM DATES: 1/14, 1/28, 2/11, 2/25, 3/11

CODE: EDCR S110

**DIRECT COST: \$127.00**

**OPWDD/WAIVER CONFIRMED: \$40.00**

**GROUP HOME/TRANSITIONAL: \$103.00**





# TUESDAY

## CREATE & MOVE

Come join South East Consortium and let your creativity soar! In this program participants will create an array of art work that allows self expression and reflection. Participants will not only create art but will also have the opportunity to incorporate movement, dance and music into each work of art. Open to Participants Living At Home Only.

Tuckahoe High School  
65 Siwanoy Blvd., Eastchester, NY

4:00 P.M. - 4:45 P.M.  
Ages: 5 - 12

WINTER SEASON 1/8 - 3/19 (10 weeks)  
PROGRAM DATES: **2/19**  
CODE: CMOVE R110  
**DIRECT COST: \$248.00**  
**OPWDD/WAIVER CONFIRMED: \$65.00**  
**GROUP HOME/TRANSITIONAL: \$120.00**



## TEEN CHEFS

Teens will learn the basic cooking fundamentals in a small group setting. Learn skills such as cracking an egg, measuring and mixing ingredients and working together as a team to complete easy to follow recipes. Open to Participants Living At Home Only.

Tuckahoe High School  
65 Siwanoy Blvd., Eastchester, NY

5:00 P.M. - 6:00 P.M.  
Age: 13 - 18

WINTER SEASON 1/8 - 3/19 (10 weeks)  
**NO PROGRAM: 2/19**  
CODE: CHEFS R110  
**DIRECT COST: \$248.00**  
**OPWDD/WAIVER CONFIRMED: \$100.00**  
**TRANSITIONAL: \$180.00**



Teen Chef, Fall 2018

# TUESDAY CON'T

## SHARKS SWIM CLUB

The Sharks Swim Club is a competitive swim training program for swimmers who possess basic swimming fundamentals and competence in the water. This is not a learn-to-swim program, rather an opportunity to learn advanced skills. The focus of the program will be on skill development, physical fitness, socialization and Special Olympics Competition. Open to Participants Living At Home Only.

Hommocks Pool  
Hommocks Middle School  
130 Hommocks Rd., Larchmont

6:15 P.M. - 7:15 P.M.  
Age: Teen/Adult

WINTER SEASON 1/8 - 3/19 (10 weeks)

**NO PROGRAM: 2/19**

CODE: SHARK S110

**DIRECT COST: \$161.00**

**OPWDD/WAIVER CONFIRMED: \$35.00**

**TRANSITIONAL: \$125.00**



Sharks Swim, Fall 2018



Partners In Sports, Fall 2018

## PARTNERS IN SPORTS

Come out this winter for some pick-up basketball and other sports with a great group of people. Through fun and engaging drills participants will sharpen their coordination, stamina and balance. Players should come wearing sneakers and comfortable clothing.

Tuckahoe Community Center  
71 Columbus Ave, Tuckahoe, NY

8:00 P.M. - 9:00 P.M.  
Age: Teen/Adult

FALL SEASON 1/8 - 3/12 (9 weeks)

**NO PROGRAM: 2/19**

CODE: OLYM R110

**DIRECT COST: \$121.00**

**OPWDD/WAIVER CONFIRMED: \$23.00**

**GROUP HOME/TRANSITIONAL: \$72.00**

**TRANS COST: \$144.00**

NOTE: Transportation is only for those attending both SEC Sharks and Partners in Sports whom live at Home.

# WEDNESDAY

## YOGALATES

Yogalates combines yoga and Pilates, focusing on strengthening the core while eliciting the meditation and flexibility benefits of yoga. Yogalates enhances postural alignment, coordination and strength. Great for all ability levels.

Harbor Island Pavilion, Blue Room  
Harbor Island Park, Mamaroneck  
Intersection Mamaroneck Ave. and Boston Post Rd.

4:30 P.M. - 5:30 P.M.  
Age: Teen/Adult

WINTER SEASON 1/9 - 3/20 (10 weeks)

**NO PROGRAM: 2/20**

CODE: YOGA S110

**DIRECT COST: \$147.00**

**OPWDD/WAIVER CONFIRMED: \$40.00**

**GROUP HOME/TRANSITIONAL: \$110.00**



Yogalates, Fall 2018

## SEC DANCE COMPANY

Learn to express yourself creatively by expanding your mind and body through different types of dancing; Jazz, tap, hip-hop, ballroom and line dancing. We will work toward a Spring show. Please wear sneakers and loose-fitting clothing.

Harbor Island Pavilion, Blue Room  
Harbor Island Park, Mamaroneck  
Intersection Mamaroneck Ave. & Boston Post Rd.

5:45 P.M. - 6:45 P.M.

**Please Note Time Change**

Age: Teen/Adult

WINTER SEASON 1/9 - 3/20 (10 weeks)

**NO PROGRAM: 2/20**

CODE: DANCE S110

**DIRECT COST: \$113.00**

**OPWDD/WAIVER CONFIRMED: \$40.00**

**GROUP HOME/TRANSITIONAL: \$90.00**



SEC Dance Company, Fall 2018

## ART & DESIGN

From painting to cactus planting to clay to jewelry making; express your artistic talents in our NEW Art & Design program

Harbor Island Pavilion, Blue Room  
Harbor Island Park, Mamaroneck  
Intersection Mamaroneck Ave. and Boston Post Rd.

7:00 P.M. - 8:00 P.M.

Age: Teen/Adult

WINTER SEASON 1/9 - 3/20 (10 weeks)

**NO PROGRAM: 2/20**

CODE: ART S110

**DIRECT COST: \$289.00**

**OPWDD/WAIVER CONFIRMED: \$110.00**

**GROUP HOME/TRANSITIONAL: \$220.00**



# THURSDAY

## KID FIT

Come join Kid Fit for an engaging and fun filled afternoon. Kid Fit is our initiative to have an environment where participants can build their stamina and agility while engaging with their peers. They will work on taking turns and following directions in a safe and interactive setting. Participants will maneuver through different obstacle courses, and engage in structured interactive play. Wear sneakers and comfortable clothing. Open to Participants Living At Home Only.

Harbor Island Pavilion, Blue Room 4:15 P.M. - 5:00 P.M.  
Harbor Island Park, Mamaroneck Ages: 5 - 12  
Intersection Mamaroneck Ave. and Boston Post Rd.

WINTER SEASON 1/10 - 3/21 (10 weeks)

**NO PROGRAM: 2/21**

CODE: KFIT S110

**DIRECT COST: \$248.00**

**OPWDD/WAIVER CONFIRMED: \$45.00**

**TRANSITIONAL: \$130.00**



## SEC FIT CLUB

Join the Fit Club and get in shape! We will work on building stamina, agility and strength through cardio, sports drills, strength training and body sculpting. Wear sneakers and comfortable clothing. Open to Participants Living At Home Only.

Harbor Island Pavilion, Blue Room 5:30 P.M. - 6:30 P.M.  
Harbor Island Park, Mamaroneck Age: Teen/Adult  
Intersection Mamaroneck Ave. and Boston Post Rd.

WINTER SEASON 1/10 - 3/21 (10 weeks)

**NO PROGRAM: 2/21**

CODE: FIT S110

**DIRECT COST: \$219.00**

**OPWDD/WAIVER CONFIRMED: \$25.00**

**TRANSITIONAL: \$105.00**



Fit Club, Fall 2018



Fit Club, Fall 2018

# BOWLING

Get a strike in our fun, social bowling program at New Roc City bowling alley! Bowlers will get a SEC Bowling Team shirt. Appropriate for all ability levels. Transportation is open to participants living at home only.

New Roc Bowl  
33 LeCount Place  
New Rochelle

7:00 P.M. - 8:45 P.M.  
Age: 16 and up

WINTER SEASON 1/10 - 3/21 (10 weeks)

**NO PROGRAM: 2/21**

CODE: BOWL R110

**DIRECT COST: \$297.00**

**OPWDD/Waiver Confirmed: \$93.00**

**OPWDD/WAIVER CONFIRMED: \$150.00**

**TRANS COST: \$160.00**

Cost of Program is partially funded by grant money.



Bowling, Fall 2018



Play Production, Fall 2018

# FRIDAY

## SEC PLAY PRODUCTION

Come join the show! If you love singing, acting and dancing you can be a star or work behind the scenes as a production assistant making props, costumes or learning the technical side of stage production. We will rehearse songs, dance steps, make props and costumes and put on a great show in the Spring

Heathcote School  
26 Palmer Avenue, Scarsdale

4:00 P.M. - 5:30 P.M.  
Age: Teen/Adult

WINTER SEASON 1/11 - 3/22 (10 weeks)

**NO PROGRAM: 2/22**

CODE: PLAY S110

**DIRECT COST: \$207.00**

**OPWDD/WAIVER CONFIRMED: \$80.00**

**GROUP HOME/TRANSITIONAL: \$145.00**

\*Program will be held at the Veterans Memorial Building (210 Halstead Ave, Harrison) on 1/11, 1/18, 1/25 & 3/8

# FRIDAY CON'T

## MOVIES & MORE

Movies & More features both in and out nights. Out Nights will feature dinner and a movie at local area restaurants and theaters. (Out night dinner not included.) In Nights we will have dinner watch a movie, along with some fun games, art and crafts and more! In Nights located at the Harrison Community Center. (In night dinner included.) Limited to 25 participants. Transportation is provided at an additional fee from Play Production to Movie Club only.

Out Nights meet at local theater  
In Nights meet at Harrison Community Center  
216 Halstead Ave, Harrison

6:00 P.M. - 10:00 P.M.  
Age: 18 & Up

WINTER SEASON 1/11 - 3/22 (10 weeks)

**NO PROGRAM: 2/22**

CODE: FILM 110

**DIRECT COST: \$491.00**

**OPWDD/WAIVER CONFIRMED: \$165.00**

**GROUP HOME//TRANSITIONAL: \$275.00**

**TRANS COST: \$110.00 (10 weeks)**



Movie & More, Fall 2018



Travel Club, Fall 2018

## FRIDAY TRAVEL CLUB

Spend Friday night out and about with your friends going to dinner and attending a variety of community outings along with some "in" nights in Harrison. A schedule of events and additional money needed for dinner will be provided at the beginning of program. Public transportation may be used, participants must be able to get on and off buses or trains. Limited to 20 participants. Transportation is provided at an additional fee from Play Production to Movie Club only. Open to Participants Living At Home Only.

Meeting Locations Vary

6:00 P.M. - 10:00 P.M.  
Age: Teen/Adult

WINTER SEASON 1/11 - 3/22 (10 weeks)

**NO PROGRAM: 2/22**

CODE: CLUB 110

**DIRECT COST: \$506.00**

**OPWDD/WAIVER CONFIRMED: \$200.00**

**TRANSITIONAL: \$395.00**

**TRANS COST: \$110.00 (10 weeks)**

# SOCIAL NIGHT

Make new friends or catch up with old friends! We will meet a total of five Fridays this season. On in nights we will enjoy in house activities such as watching a movie, art and crafts and board games! Our out nights will include creating an art project at MADE (My Art & Design Experience), going to Sportime USA and an Iona Basketball Game.

Out Nights meet at location  
In Nights meet at Harrison Community Center  
216 Halstead Ave, Harrison

7:00 P.M. - 9:30 P.M.  
Age: Teen/Adult

WINTER SEASON (5 weeks)  
PROGRAM DATES: 1/11, 1/25, 2/8, 3/1, 3/15  
CODE: SOC 110  
**DIRECT COST: \$286.00**  
**OPWDD/WAIVER CONFIRMED: \$88.00**  
**GROUP HOME/TRANSITIONAL: \$215.00**



Social Night, Spring 2018

# FRIDAY FUN

Start the weekend off right! Come meet new friends and hang out with you current friends! We will meet a total of five Fridays this season. Our two in nights will be at Haindl Field House in Eastchester where you can play pool, fusbball, ping pong, participant in an art and crafts project, play video games or watch a movie. Our three out nights will include going to the movies, seeing a hockey game and attending a concert at Emelin Theatre. We offer the option to participate in the "in nights" only. On our in nights we will serve pizza, chips, water and a dessert. Open to Participants Living At Home Only.

In Nights meet at: Haindl Field House  
Brunhan Rd. and Rescigno Dr.  
Eastchester, NY

7:00 P.M. - 9:30 P.M.  
Ages: Teens 13 - 18

Out Nights meet at location

WINTER SEASON (2 weeks)  
PROGRAM DATES: 2/1, 3/8  
CODE: FRFUN S110 (IN NIGHTS)  
**DIRECT COST: \$73.00**  
**OPWDD/WAIVER CONFIRMED: \$20.00**  
**TRANSITIONAL: \$56.00**

WINTER SEASON (5 weeks)  
PROGRAM DATES: 1/18, 2/1, 2/15, 3/8 3/22  
CODE: FRFUN 111 (IN & OUT NIGHTS)  
**DIRECT COST: \$304.00**  
**OPWDD/WAIVER CONFIRMED: \$100.00**  
**TRANSITIONAL: \$200.00**



Friday Fun (In Nights), Fall 2018



Friday Fun (Out Nights), Fall 2018

# SATURDAY

## SATURDAY SWIM

Sessions will consist of 30 minutes of swimming; participants will be grouped by their age and ability. Lessons may be conducted in group format or similar pairings. We strive for consistency with our program, but sometimes our staffing patterns do not allow for swimmers to have the same staff member each week or guarantee a one-to-one ration. This is a structured, safe program, but may be inappropriate for individuals with severe disabilities or extreme fear of the water. Participants who are lap swimmers may only sign up for section 110 due to space and age restrictions. Open to Participants Living At Home Only.

Participants enrolling in AM Athletics will receive priority for the first two sessions of swim.

Hommocks Middle School  
130 Hommocks Rd., Larchmont

Age: Youth/Teen  
Lap Swimmers Age 14 - 21

WINTER SEASON 1/12 – 3/23 (8 weeks)

9:30 - 10:00 A.M. SWIM R110

10:00 - 10:30 A.M. SWIM R111

10:30 - 11:00 A.M. SWIM R112

11:00 - 11:30 A.M. SWIM R113



Saturday Swim, Fall 2018

**NO PROGRAM: 1/19, 2/16, 2/23**

**DIRECT COST: \$233.00**

**OPWDD/WAIVER CONFIRMED: \$96.00**

**TRANSITIONAL: \$148.00**

## AM ATHLETICS

AM Athletics is a movement-based class designed to get kids up and on their feet in a fun and engaging way. Program includes a warm up (running, jumping, skipping, stretching) skill-based activities and cooperative activities (relay race, scooter games, tandem games). The goal of the program is the develop participants ability to sequence, organize and plan to complete an activity by motivating them intrinsically through fun activities. Open to Participants Living At Home Only.

Community Room  
Hommocks Ice Rink  
130 Hommocks Rd, Larchmont, NY

10:45 A.M. - 11:30 A.M.  
Age: Youth/Teen

WINTER SEASON 1/12 – 3/23 (8 weeks)

**NO PROGRAMS: 1/19, 2/16, 2/23**

CODE: SATSP S110

**DIRECT COST: \$157.00**

**OPWDD/WAIVER CONFIRMED: \$26.00**

**TRANSITIONAL: \$108.00**



AM Athletics, Fall 2018



# UCAN

UCAN will consist of various sports such as basketball, soccer, baseball, flag football and much more! This program focuses on improving and developing each athlete's physical skills including balance, hand-eye coordination, various motor skills. SEC staff will be there to support and give positive reinforcement to all of our athletes. All sports activities, drills, and games are designed to fit the physical ability of all of our athletes! Open to Participants Living At Home Only.

Scarsdale Middle School  
134 Mamaroneck Road, Scarsdale

12:00 P.M. - 1:15 P.M.  
Age: 12 -18 years

WINTER SEASON 1/12 – 3/9 (6 Weeks)

**NO PROGRAMS: 1/19, 2/16, 2/23**

CODE: UCAN R110

**DIRECT COST: \$120.00**

**OPWDD/WAIVER CONFIRMED: \$30.00**

**TRANSITIONAL: \$78.00**



UCAN, Fall 2018

## MONTHLY EVENTS

### LMCTV WORKSHOP

SEC and LMCTV are partnering up for a 3-day Introduction to Video Production workshop! Learn about greenscreens, cinematography and editing! Space limited, first come first serve. Open to Participants Living At Home Only.

LMCTV STUDIOS  
740 West Boston Post Rd, Mamaroneck

4:30 P.M. - 5:30 P.M.  
Age: 15 & Up

WINTER SEASON (3 weeks)

PROGRAM DATES: 1/7, 2/4, 3/4

CODE: LMCTV R110

**DIRECT COST: \$49.00**

**OPWDD/WAIVER CONFIRMED: \$17.00**

**TRANSITIONAL: \$38.00**



### LUNCH & A MOVIE

Join your friends at our Lunch & A Movie. Have lunch and catch the movies of the season at the local theater! Included in the program fee is food, gratuity and movie ticket. Drop off and pick up will be at New Roc City in New Rochelle in front of APPLEBEE'S

New Roc City Movie Theater  
33 Lecount Place, New Rochelle

11:30 A.M. - 4:30 P.M.  
Age: 14 and older.

WINTER SEASON (2 weeks)

PROGRAM DATES: 1/26, 3/23

CODE: LUNCH R110

**DIRECT COST: \$173.00**

**OPWDD/Waiver Confirmed: \$82.00**

**GROUP HOME/TRANSITIONAL: \$110.00**

# MONTHLY EVENTS CON'T

## ROCK CLUB

Come climb with South East Consortium! Learn the basics of rock climbing and knot making with a certified belayer. Develop coordination and strength while building self-confidence on the walls. Parents must be present. Open to Participants Living At Home Only.

The Rock Club  
130 Rhodes St, New Rochelle

Age: Youth/Teen

WINTER SEASON (3 weeks)

PROGRAM DATES: 1/12, 2/2, 3/2

CODE: ROCK R110      Ages: 5 - 12      1:00 P.M. - 2:00 P.M.  
          ROCK R111      Ages: 13 - 20      2:15 P.M. - 3:15 P.M.

**DIRECT COST: \$138.00**

**OPWDD/WAIVER CONFIRMED: \$90.00**

**TRANSITIONAL: \$117.00**



The Rock Club, Winter 2017

# WINTER SPECIAL EVENTS

## LED ZEPPELIN COVER BAND CONCERT

January 12, 2019 marks the 50th anniversary of *Zeppelin I*, the album that started it all. Join SEC at the Emelin Theatre to watch a very special tribute to celebrate this milestone delivered by a powerful all-female rock band. Space is limited, first come, first served.

Emelin Theatre  
153 Library Ln, Mamaroneck, NY

7:30 P.M. - 9:30 P.M.  
Age: 16 and older

WINTER SEASON

CODE: EMEL R110

DATE: Saturday, January 12th, 2019

**DIRECT COST: \$65.00**

**OPWDD/WAIVER CONFIRMED: \$32.00**

**GROUP HOME/TRANSITIONAL: \$49.00**



## BEAUTY AND THE BEAST

Meet us at the White Plains Performing Arts Center to watch the timeless family favorite "Beauty And The Beast" This performance will showcase spectacular costumes and scenery and with songs including "Be Our Guest", "Gaston" and "Beauty and the Beast". This "tale as old as time," reminds us to look beyond one's exterior and find the beauty from within. **Please sign up for ONLY ONE date, participants may only attend once.**

White Plains Performing Arts Center  
11 City Plaza, White Plains

1:30 P.M. - 4:30 P.M.  
Age: 14 and older



### WINTER SEASON

CODE: WPPAC R110 DATE: Sunday, January 6th, 2019

CODE: WPPAC R111 DATE: Sunday, January 13th, 2019

**DIRECT COST: \$102.00**

**OPWDD/WAIVER CONFIRMED: \$52.00**

**GROUP HOME//TRANSITIONAL: \$77.00**

## ALAMO DRAFTHOUSE

An afternoon of movies and delicious food at the Alamo Drafthouse is in store this winter. When the date gets closer we will announce the featured movie. Price of movie ticket and lunch included in fee. **Space is limited, first come, first served. Please sign up for ONLY ONE date, participants may only attend once**

Alamo Drafthouse  
2548 Central Park Ave, Yonkers

Time: TBD  
Age: 14 and older



### WINTER SEASON

CODE: ALAMO R110 DATE: Sunday, January 27th, 2019

CODE: ALAMO R111 DATE: Sunday, February 24th, 2019

**DIRECT COST: \$72.00**

**OPWDD/WAIVER CONFIRMED: \$38.00**

**GROUP HOME//TRANSITIONAL: \$60.00**

## SUPER HERO DANCE

BAM! POW! ZAP! Dress up as your favorite superhero and dance the night away! DJ Mike will be spinning all the right tunes to get you on the dance floor! Pizza, snacks and cake will be served. Superhero costumes encouraged but not required

Posillipo Center  
32 Garibaldi Place, Rye Brook

6:00 P.M. - 8:30 P.M.  
Age: 14 and older

### WINTER SEASON

PROGRAM DATE: Saturday, January 26th, 2019

CODE: HERO S110

**DIRECT COST: \$31.00**

**OPWDD/WAIVER CONFIRMED: \$20.00**

**GROUP HOME//TRANSITIONAL: \$28.00**



# WINTER SPECIAL EVENTS

## AIN'T MISBEHAVIN

Join South East at the Westchester Broadway Theatre. Experience the heart and soul of Harlem where the onset of swing joined ranks with the rhythms of ragtime and the passions of jazz, creating an explosive musical movement. Admission and lunch is included in the registration fee. Space is limited, first come, first serve basis. **Please sign up for ONLY ONE date, participants may only attend once.**

Westchester Broadway Theater  
1 Broadway Plaza  
Elmsford, NY 10523

11:30 A.M. - 4:15 P.M.  
Age: 14 and older

### WINTER SEASON

CODE: BDWY R110      DATE: Sunday, February 10th, 2019

CODE: BDWY R111      DATE: Sunday, February 17th, 2019

**DIRECT COST: \$141.00**

**OPWDD/WAIVER CONFIRMED: \$85.00**

**GROUP HOME/TRANSITIONAL: \$110.00**



## SWEET HEART DANCE

Let's celebrate all the love we have in our lives while dancing the night away with great friends. Music by House Party DJ's. Refreshments will be served.

Posillipo Center  
32 Garibaldi Place, Rye Brook, NY

6:00 P.M. - 8:30 P.M.  
Age: 14 and older

### WINTER SEASON

PROGRAM DATE: Saturday, February 9th, 2019

CODE: SWEET S110

**DIRECT COST: \$31.00**

**OPWDD/WAIVER CONFIRMED: \$20.00**

**GROUP HOME/TRANSITIONAL: \$28.00**

# PRESIDENT'S WEEK SPECIAL EVENTS

## PRESIDENTS' DAY LUNCH & A MOVIE

Enjoy lunch and a movie with friends at a special President's Day Lunch & a Movie! We'll have lunch at Texas Roadhouse then catch a movie at New Roc City! Drop off and pick up will be in front of Applebee's, New Rochelle

New Roc City Movie Theater  
33 Lecount Place, New Rochelle

1:00 P.M. - 6:00 P.M.  
Age: 14 and older

WINTER SEASON

PROGRAM DATE: Monday, February 18th, 2019

CODE: PDAY R110

**DIRECT COST: \$73.00**

**OPWDD/WAIVER CONFIRMED: \$38.00**

**GROUP HOME/TRANSITIONAL: \$60.00**



## WESTCHESTER KNICKS

Dribble, pass, shoot! Join your SEC friends at a fun and exciting Westchester Knicks basketball game! Admission and food is included in registration fee. Space is limited, first come, first served. Drop off and pick up at the County Center, White Plains.

Westchester County Center  
198 Central Ave, White Plains

Time: 6:00P.M. - 10:00P.M.  
Age: 14 and older

WINTER SEASON

PROGRAM DATE: Wednesday, February 20th, 2019

CODE: KNICK R110

**DIRECT COST: \$91.00**

**OPWDD/WAIVER CONFIRMED: \$42.00**

**GROUP HOME/TRANSITIONAL: \$57.00**



## BOWLMOR

STRIKE! Meet us at Bowlmor in White Plains for a night full of great food, great friends and bowling! Chicken tenders, cheeseburger sliders, pigs in a blanket, french fries, fruit platter and soft drinks will be provided while you bowl multiple games. We will also get a gaming card to use at the arcade. Space is limited, first come first serve.

Bowlmor  
47 Tarrytown Rd., White Plains

4:00 P.M. - 6:30 P.M.  
Age: 14 and older

WINTER SEASON

PROGRAM DATE: Thursday, February 21st, 2019

CODE: BMOR S110

**DIRECT COST: \$94.00**

**OPWDD/WAIVER CONFIRMED: \$50.00**

**GROUP HOME/TRANSITIONAL: \$70.00**



# WINTER SPECIAL EVENTS

## WEST POINT HOCKEY GAME

GO ARMY, BEAT BENTLY! Watch Army face off against Bently in a fast pace ice hockey game. Admission and dinner included in the registration fee. Space is limited, first come, first serve basis.

Meet in SEC Parking lot  
740 West Boston Post Rd, Mamaroneck

4:30 P.M. - 10:00 P.M.  
Age: 14 and older

WINTER SEASON

PROGRAM DATE: Saturday, March 2nd, 2019

CODE: WEST R110

**DIRECT COST: \$125.00**

**OPWDD/WAIVER CONFIRMED: \$45.00**

**GROUP HOME/TRANSITIONAL: \$80.00**



## MEDIEVAL TIMES

Surrender to an age of bravery and honor and witness epic battles of steel and steed at Medieval Times in Lyndhurst, NJ. From ringside seats, discover a feast of the eyes as you enjoy a live jousting tournament, marvel at awe-inspiring horsemanship and falconry, and enjoy a four-course meal fit for royalty. Space is limited, first come, first serve basis.

**Please sign up for ONLY ONE date, participants may only attend once.**

Meet in SEC Parking lot  
740 West Boston Post Rd, Mamaroneck

12:00 P.M. - 5:30 P.M.  
Age: 14 and older

WINTER SEASON

CODE: MED R110      DATE: Sunday, March 3rd, 2019

CODE: MED R111      DATE: Sunday, March 10th, 2019

**DIRECT COST: \$123.00**

**OPWDD/WAIVER CONFIRMED: \$40.00**

**GROUP HOME/TRANSITIONAL: \$89.00**



Medieval Times Spring 2018

## ST. PATRICKS DAY DANCE

I'm ready for St. Patrick's Day with a shamrock for every guest and with all there is to enjoy this day I still like Irish cheer the best! Enjoy a night of music, food and fun with your friends at South East!

Posillipo Center  
32 Garibaldi Place, Rye Brook, NY

6:00 P.M. - 8:30 P.M.  
Age: 14 and older

WINTER SEASON

PROGRAM DATE: Saturday, March 9th, 2019

CODE: STPAT S110

**DIRECT COST: \$31.00**

**OPWDD/WAIVER CONFIRMED: \$20.00**

**GROUP HOME/TRANSITIONAL: \$28.00**



St. Patrick's Day Dance - Winter 2017

# **SOUTH EAST CONSORTIUM BOARD OF DIRECTORS**

Sally Veltidi, Chairperson  
Gerry Salvo, Vice Chairperson  
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Town/Village of Harrison  
Town of Mamaroneck/  
Village of Larchmont  
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Village of Rye Brook  
Village of Port Chester  
Town of Pelham  
Village of Scarsdale  
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Member At Large  
Member At Large

## **PROUDLY SERVING**

Town and Village of Mamaroneck, Town of Pelham, Village of Rye Brook, Village of Port Chester, Village of Larchmont, City of Rye, Village of Scarsdale, Town of Eastchester, Village of Bronxville, Village of Tuckahoe and the Town and Village of Harrison

## **SEC STAFF**

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## **SEC MISSION**

Created in 1981, the South East Consortium for Special Services, Inc. (SEC) is dedicated to providing recreation programs and leisure services to children and adults with developmental disabilities and special needs who reside in our member municipalities. Our mission is to maintain and improve the lives of those we serve by offering a comprehensive calendar of programs and services that are age appropriate, suitable for people with different levels of ability and designed to have an impact on an individual for a lifetime. We do this together and always welcome your ideas and concerns.



740 West Boston Post Road, Suite 316  
Mamaroneck, New York 10543  
Telephone: 914.698.5232  
Fax: 914.698.7125

**WINTER ENROLLMENT: NOVEMBER 19TH - DECEMBER 20TH, 2018**  
**NOW ENROLL WITH ONLINE ENROLLMENT**

[www.secrec.org](http://www.secrec.org)



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