



NOW ENROLL WITH ONLINE ENROLLMENT

WINTER ENROLLMENT: NOVEMBER 23RD - DECEMBER 28TH, 2020

SOUTH EAST CONSORTIUM

740 West Boston Post Road, Suite 316

Mamaroneck, NY 10543

Ph: 914.698.5232 Fax: 914.698.7125

www.secrec.org e-mail: info@secrec.org

A Message from the Executive Director

Dear Families and Individuals,

As we get ready to embark on the holiday season, South East Consortium hopes you and your family stay healthy and safe. With the new year approaching quickly South East will continue to offer modified in-person programming for Winter 2021 season. OPWDD's guidance has allowed us to offer limited site-based programs. We are currently planning to offer programs with a maximum size of 5-10 Individuals. In addition, we will be offering programs on Zoom.

Please review the brochure carefully as we have shifted our programs days and or times to accommodate program limitations and staffing.

South East Consortium COVID-19 Safety Plan for site-based programs is available for download on our website at www.secrec.org. This plan will remain in effect until we are directed otherwise by NYS and OPWDD. These procedures will protect our individuals and ensure the health and safety of all involved.

South East Consortium is updating policies and practices to reflect our ever changing needs to provide the best services for our families. We are asking for a current photo to be placed in your individuals file for emergency identification purposes. Please send these photos by email or mail to Austin Cunney - acunney@secrec.org.

Program Enrollment for Winter 2021 will begin Monday, November 23rd at 10:00 A.M. through our registration portal. Please click on the Program Enrollment page on our website. If you need help with enrolling online please call the SEC office to make an appointment so program staff may assist you with the process. Due to COVID-19 health precautions and current staffing limitations, 1:1 support for programs is limited. Please call the office if your individual requires 1:1 support.

On behalf of everyone at South East we thank you for your continued support.
Sincerely,



Jennifer Spenner-Kind
Executive Director

Please Read the Following Information

Who We Serve:

The South East Consortium proudly serves children and adults (age 5 and beyond) with various disabilities and special needs who reside in the following member municipalities: Town and Village of Mamaroneck, Town of Pelham, Village of Rye Brook, Village of Port Chester, Village of Larchmont, City of Rye, Village of Scarsdale, Town of Eastchester, Village of Bronxville, Village of Tuckahoe and the Town and Village of Harrison.

Each of the member municipalities contribute tax dollars to the South East Consortium. Residency is based on which municipality you pay taxes, not by school district or mailing address. Due to overcrowding and limited resources, SEC can no longer accept **NEW** enrollments from individuals who reside outside the Consortium municipalities. If you are unsure of member eligibility, please contact the office for assistance.

Enrollment Criteria:

The following criteria and conditions for enrolling in South East Consortium (SEC) programs applies only to **NEW** individuals residing with their families/guardians or independently in any of the Consortium municipalities. This DOES NOT apply to individuals residing in IRAs or group homes or individuals who were previously enrolled in program(s) prior to the fall 2017 session.

SEC can no longer accept any **NEW** registrations from individuals who have not completed the OPWDD Front Door Eligibility Process and have been issued a Front Door Authorization Form stating respite units have been confirmed. You must provide a copy of your Eligibility Status letter to be considered for the transitional fee category.

HCBS Medicaid Waiver: SEC will only accept individuals who are Medicaid Waiver eligible after all the required documentation is properly submitted by the Care Coordinator. SEC needs to be correctly noted on the Life Plan as a service provider; a Front Door Authorization Letter or (SAL); Notice of Decision (NOD) and Level of Care (LCED). Once this documentation has been received by SEC it will be submitted to OPWDD. Individuals may not begin programs until SEC is notified the billing for reimbursement process is completed.

Sibling Discount:

If a family has more than one individual registered in our programs, South East offers a 15% discount for each sibling. Please note that this will be adjusted in-house and a credit applied to your account.

Registration Restriction:

If an individual has an outstanding balance due to South East for attending previous programs, that individual will not be permitted to register for the new session until the outstanding balance is paid. Please note with the new enrollment system your account will be locked until the outstanding issue is rectified. In addition, if your individual has outstanding paperwork (LP, IEP, NOD, LCED, Medical form, etc.) they will not be allowed to enroll/attend South East Programs until the paperwork has been submitted.

Program Attendance:

When registering your individual for a program please be aware of this important concern. South East receives certain reimbursements through Medicaid for providing services to your individual, but only if your individual attends the program. If your individual has spotty attendance or simply doesn't attend at all, it has a significant financial impact on South East. Also, since South East has a "wait list" for most of our programs it is unfair to others who wish to participate.

We understand an occasional absence, but if you know beforehand, especially with a community outing or special event, that your individual will not be attending or is dropping a program, please let us know immediately so we can attempt to fill that vacancy. This may affect any possible program refunds to you.

Admission and Medical Forms:

South East Consortium is required to keep a completed up-to-date admissions application and medical form on file for all program individuals. A new program admission application is now online for enrollment. Individuals who have expired information on file will be required to update the information prior to participating in any South East programs. In addition all individuals will need to provide a current photo to be kept on file for security purposes.

NOTE: Please be advised that your individuals social security number is now mandatory to participate in all SEC programs, no exceptions.

South East Consortium Office Hours

8:00AM - 3:30PM | Monday - Friday

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WEDNESDAY

SEC DANCE FIT

Join SEC in our Dance Fitness program. These workouts are high energy, fun dances you can do with your friends and family while burning calories and building muscle. We will learn and practice a variety of dance styles. Please wear loose clothing and sneakers! Program session is limited to 10 individuals.

Mamaroneck United Methodist Church
546 East Boston Post Rd.
Lower Church Parlor

4:00 P.M. - 5:00 P.M.
Age: Teen/Adult

WINTER SEASON 1/6 - 3/24 (11 weeks)

NO PROGRAM: 2/17

CODE: DANFIT S110

DIRECT COST: \$189.00

OPWDD/WAIVER CONFIRMED: \$61.00

GROUP HOME/TRANSITIONAL: \$176.00



THURSDAY

BOWLING

Get a strike in our fun, social bowling program at Bowlmor in White Plains! Bowlers will get a SEC Bowling Team shirt. Appropriate for all ability levels. Each session is limited to 9 individuals per a section.

Bowlmor
47 Tarrytown Rd.
White Plains, NY 10607

5:15 P.M. - 6:45 P.M.
7:00 P.M. - 8:30 P.M.
Age: 16 and up

WINTER SEASON 1/7 - 3/25 (11 weeks)

NO PROGRAM: 2/18

CODE: BOWL S110 5:15 P.M. - 6:45 P.M.

BOWL S111 7:00 P.M. - 8:30 P.M.

DIRECT COST: \$334.00

OPWDD/WAIVER CONFIRMED: \$102.00

GROUP HOME/TRANSITIONAL \$165.00:



FRIDAY

ZUMBA

Are you ready to dance yourself into shape? Join us for a high energy, high fun dance aerobics class! We will combine Zumba, Latin and Caribbean moves paired with great dance music. With easy to follow moves, this one of a kind fitness program will keep you coming back for more! Please wear loose clothing and sneakers! This program is limited to 10 individuals in order to remain compliant with our COVID-19 program limitations and procedures.

Mamaroneck United Methodist Church
546 East Boston Post Rd.
Lower Church Parlor

4:00 P.M. - 5:00 P.M.
Age: Teen/Adult

WINTER SEASON 1/8 - 3/26 (11 weeks)

NO PROGRAM: 2/19

CODE: ZUMBA S110

DIRECT COST: \$218.00

OPWDD/WAIVER CONFIRMED: \$105.00

GROUP HOME/TRANSITIONAL \$218.00:



WORKSHOPS

SOAP MAKING

Learn the basics of melt & pour soap making. Each individual will receive their own melt & pour soap making kit in this workshop. We will work on techniques and designs to create our own unique soaps. Workshop is limited to 5 individuals per a section.

SEC Office
740 West Boston Post Rd.
Mamaroneck, NY

9:00 A.M. - 10:30 A.M.
11:00 A.M. - 12:30 P.M.
Age: 14 and up

WINTER SEASON - Sunday, January 10th, 2021

CODE: SOAP S110 9:00 A.M. - 10:30 A.M.

SOAP S111 11:00 A.M. - 12:30 P.M.

DIRECT COST: \$64.00

OPWDD/WAIVER CONFIRMED: \$41.00

GROUP HOME/TRANSITIONAL \$47.00:



WORKSHOPS

JEWELRY MAKING

Learn the basics of beaded jewelry making. Each individual will receive their own jewelry kit, bead board and multi use pliers in this workshop. We will work on techniques and designs to create our own unique jewelry. Workshop is limited to 5 individuals per a section.

SEC Office
740 West Boston Post Rd.
Mamaroneck, NY

9:00 A.M. - 10:30 A.M.
11:00 A.M. - 12:30 P.M.
Age: 14 and up

WINTER SEASON - Sunday, February 21st, 2021

CODE: JEWEL S110 9:00 A.M. - 10:30 A.M.

JEWEL S111 11:00 A.M. - 12:30 P.M.

DIRECT COST: \$65.00

OPWDD/WAIVER CONFIRMED: \$32.00

GROUP HOME/TRANSITIONAL \$42.00:



CANDLE MAKING

Participants will learn the basics of candles and candle making such as wax types, wicks, wicking material, scents, colorings, wax additives, critical temperatures, molds and terminology such as "cave-in" and "covering". Each individual will make a container candle wax melt brittle to take home. Workshop is limited to 5 individuals per a section.

SEC Office
740 West Boston Post Rd.
Mamaroneck, NY

9:00 A.M. - 10:30 A.M.
11:00 A.M. - 12:30 P.M.
Age: 14 and up

WINTER SEASON - Sunday, March 21st, 2021

CODE: CANDLE S110 9:00 A.M. - 10:30 A.M.

CANDLE S111 11:00 A.M. - 12:30 P.M.

DIRECT COST: \$60.00

OPWDD/WAIVER CONFIRMED: \$38.00

GROUP HOME/TRANSITIONAL \$44.00:

ZOOM - MONDAY

ZOOMBA

Are you ready to dance yourself into shape? Join us for a high energy, fun dance aerobics class! We will combine Zumba, Latin and Caribbean moves paired with great dance music. With easy to follow moves this one of a kind Zumba will keep you coming back for more! Please wear loose clothing and sneaker. Programs are held via Zoom.

Zoom link TBD

5:15 P.M. - 6:15 P.M.

Ages: Teen/Adult

WINTER SEASON 1/4 - 3/22 (10 weeks)

NO PROGRAM: 1/18, 2/15

CODE: ZOOMBA R110

DIRECT COST: \$159.00

OPWDD/WAIVER CONFIRMED: \$50.00

GROUP HOME/TRANSITIONAL: \$120.00



SELF ADVOCACY CLUB

Join South East's Self Advocacy Club led by Maggie Stone! Discuss what it means to be your own advocate! Attend monthly meetings to discuss current events, learn strategies to better advocate for yourself and share your experience. We will be joined by guest speakers who can offer insight on many different facets of self-advocacy. Programs are held via Zoom.

Zoom link TBD

6:30 P.M. - 7:30 P.M.

Ages: Teen/Adult

WINTER SEASON (3 weeks)

PROGRAM DATES: 1/4, 2/1, 3/1

CODE: SAC R110

DIRECT COST: \$28.00

OPWDD/WAIVER CONFIRMED: \$FREE

GROUP HOME/TRANSITIONAL: \$FREE

ART & DESIGN

Find the beauty in everyday items you can find at home and express your artistic talents in our Virtual Art & Design program. Learn new techniques with your own creativity at home. Join SEC and let us be creative. All program materials will be provided at the start of the season. Programs are held via Zoom.

Zoom link TBD

6:30 P.M. - 7:30 P.M.

Age: Teen/Adult

WINTER SEASON (7 weeks)

PROGRAM DATES: 1/11, 1/25, 2/8, 2/22, 3/8, 3/15, 3/22

CODE: ART R110

DIRECT COST: \$134.00

OPWDD/WAIVER CONFIRMED: \$65.00

GROUP HOME/TRANSITIONAL: \$112.00

ZOOM - TUESDAY

SEC CHEFS

Whether you're a master chef, or a beginner, SEC chefs is the program for any "foodie". Meet us weekly on Zoom to follow some great recipes! We'll explore different types of foods and learn how to best pair foods together to make a recipe that everyone will love! Program will be held on Zoom.

Zoom link TBD

5:00 P.M. - 6:00 P.M.

Age: Teen/Adult

WINTER SEASON 1/5 - 3/23 (11 weeks)

NO PROGRAM: 2/16

CODE: CHEFS R110

DIRECT COST: \$163.00

OPWDD/WAIVER CONFIRMED: \$72.00

GROUP HOME/TRANSITIONAL: \$132.00

DRAWING CLUB

Do you love to draw? Join South East's Drawing Club! Hosted by our cartoon expert, Rob, we will follow step by step instructions to draw our favorite cartoon characters! Whether you're a master artist, or a novice, Drawing Club is right for you! Program will meet every other week on Zoom.

Zoom link TBD

6:00 P.M. - 7:00 P.M.

Age: Teen /Adult

WINTER SEASON (5 weeks)

PROGRAM DATES: 1/5, 1/19, 2/2, 3/2, 3/16

CODE: DRAW R110

DIRECT COST: \$109.00

OPWDD/WAIVER CONFIRMED: \$40.00

GROUP HOME/TRANSITIONAL: \$95.00

PARTNERS IN SPORTS

Let out your inner athlete at Partners in Sports! We'll meet on Zoom to engage in stretches, exercises and drills to help sharpen our coordination, stamina and balance. We'll continue to develop existing skills as well as build new ones! Program will be held on Zoom. Please be sure to wear sneakers and dress comfortably.

Zoom link TBD

7:00 P.M. - 8:00 P.M.

Age: Teen /Adult

WINTER SEASON 1/5 - 3/23 (11 weeks)

NO PROGRAM: 2/16

CODE: OLYM R110

DIRECT COST: \$128.00

OPWDD/WAIVER CONFIRMED: \$55.00

GROUP HOME/TRANSITIONAL: \$90.00

ZOOM - WEDESDAY

ZOOM YOGALATES

Unwind from the stress of life with Zoom Yogalates! Join us as we combine Yoga and Pilates to strengthen our core and flexibility. Enhance your balance, posture and coordination. Appropriate for all ability levels.

Zoom link TBD

5:30 P.M. - 6:30 P.M.
Age: Teen/Adult

WINTER SEASON 1/6 - 3/24 (11 weeks)

NO PROGRAM: 2/17

CODE: YOGA R110

DIRECT COST: \$166.00

OPWDD/WAIVER CONFIRMED: \$39.00

GROUP HOME/TRANSITIONAL: \$116.00



ZOOM DANCE COMPANY

Join SEC in our ZOOM Dance Company program. Learn to express yourself creatively by expanding your mind and body through different types of dancing; Jazz, tap, hip-hop, ballroom and line dancing. Please wear sneakers and loose-fitting clothing.

Zoom link TBD

6:30 P.M. - 7:30 P.M.
Age: Teen/Adult

WINTER SEASON 1/6 - 3/24 (11 weeks)

NO PROGRAM: 2/17

CODE: DANCE R110

DIRECT COST: \$141.00

OPWDD/WAIVER CONFIRMED: \$39.00

GROUP HOME/TRANSITIONAL: \$127.00

ZOOM - THURSDAY

SEC FIT CLUB

Just because you're stuck at home doesn't mean you can't keep fit! Join Fit Club this Winter on Zoom to work on flexibility, balance and core strength! We'll work together to develop regimented routines that we can complete from the comfort of our homes!

Zoom link TBD

4:00 P.M. - 5:00 P.M.
Age: Teen/Adult

WINTER SEASON 1/7 - 3/25 (11 weeks)

NO PROGRAM: 2/18

CODE: FIT R110

DIRECT COST: \$130.00

OPWDD/WAIVER CONFIRMED: \$33.00

TRANSITIONAL: \$44.00

ZOOM - FRIDAY

VIRTUAL ESCAPE

Formerly Travel Club, Virtual Escape will be sure to make every Friday special! Join your friends while eating your dinner! After we eat we'll play games, watch movies, be visited by special guests and much more!

Zoom link TBD

5:30 P.M. - 8:00 P.M.

Age: Teen/Adult

WINTER SEASON 1/8 - 3/26 (11 weeks)

NO PROGRAM: 2/19

CODE: FNES R110

DIRECT COST: \$388.00

OPWDD/WAIVER CONFIRMED: \$77.00

TRANSITIONAL/GROUP HOME: \$223100

CLUB ZOOM

In Club Zoom we will meet on Zoom to have dinner together and take part in a ton of fun activities. It is all about virtually having fun with friends in Club Zoom along with some games, movies, art, dances and lots more! Its all about having fun together.

Zoom link TBD

5:30 P.M. - 8:00 P.M.

Age: 18 & Up

WINTER SEASON 1/8 - 3/26 (11 weeks)

NO PROGRAM: 2/19

CODE: CZOOM R110

DIRECT COST: \$711.00

OPWDD/WAIVER CONFIRMED: \$66.00

GROUP HOME/TRANSITIONAL: \$187.00



FRIDAY FUNDAY

Start the weekend off right! Come meet new friends and hang out with your current friends! We will meet every week on Zoom for fun exciting activities, arts and crafts, dances, games and movies. Open to Individuals Living At Home Only.

Zoom link TBD

5:30 P.M. - 7:30 P.M.

Ages: Teens 13 - 21

WINTER SEASON 1/8 - 3/26 (11 weeks)

NO PROGRAM: 2/19

CODE: FRFUN R110

DIRECT COST: \$363.00

OPWDD/WAIVER CONFIRMED: \$55.00

TRANSITIONAL: \$286.00



ZOOM - SATURDAY

UCAN

Even though we will be inside for UCAN, we will still have fun by staying active! We will work on improving a variety of motor skills, stamina, and balance. We will also continue practicing different body weight exercises to improve our core strength. So grab a pair of sneakers and get ready to move. Open to Individuals Living At Home Only.

Zoom link TBD

11:00 A.M. - 12:00 P.M.

Age: 13 - 21

WINTER SEASON 1/9 - 3/20 (10 weeks)

NO PROGRAM: 2/20

CODE: UCAN R110

DIRECT COST: \$121.00

OPWDD/WAIVER CONFIRMED: \$44.00

TRANSITIONAL: \$94.00

WINTER SPECIAL EVENTS

WELCOME BACK DANCE

Start your Winter at our Welcome Back Dance! Start 2021 off the right way and join your friends for a wonderful night of dancing and socializing. Join us on Zoom to enjoy tunes new and old and show off your incredible dance skills. Program will be held on Zoom.

Zoom link TBD

5:00 P.M. -7:00 P.M.

Age: All

DATE: SATURDAY, JANUARY 9TH, 2021

CODE: WBDAN R110

DIRECT COST: \$12.00

OPWDD/Waiver Confirmed: \$5.00

Group Home/TRANSITIONAL: \$9.00



WINTER SPECIAL EVENTS

BINGO NIGHT

Get your boards and counters ready, it's Bingo time! Join us on Zoom to play Bingo and win a prize! Bingo boards will be available to download, to pick up or can be delivered by mail.

Zoom link TBD

5:00 P.M. - 6:30 P.M.

Age: All

DATE: SATURDAY, JANUARY 16TH, 2021

CODE: BINGO R110

DIRECT COST: \$16.00

OPWDD/Waiver Confirmed: \$5.00

Group Home/TRANSITIONAL: \$10.00



KARAOKE NIGHT

Whether you like singing on the stage or just with some friends, SEC's Karaoke night is sure to be a hit! Join us on Zoom to sing along to your favorite songs.

Zoom link TBD

5:00 P.M. - 7:00 P.M.

Age: ALL

DATE: SATURDAY, JANUARY 23RD, 2021

CODE: KARA R110

DIRECT COST: \$13.00

OPWDD/Waiver Confirmed: \$5.00

Group Home/TRANSITIONAL: \$10.00



VALENTINES DAY DANCE

Now, more than ever, it's important to celebrate the love we have in our lives! Join us on Zoom to dance to all of your favorite love and party songs! Be sure to wear red and pink to feel the Valentines Day spirit!

Zoom link TBD

5:00 P.M. - 7:00 P.M.

Age: 14 and older.

DATE: SATURDAY, FEBRUARY 13TH, 2021

CODE: SWEET R110

DIRECT COST: \$12.00

OPWDD/Waiver Confirmed: \$5.00

Group Home/TRANSITIONAL: \$9.00



WINTER SPECIAL EVENTS

MAKE YOUR LUNCH & A MOVIE

Enjoy all the fun of lunch and a movie at home! Join us on Zoom where we'll make our lunch as a group and enjoy a movie while we eat! We'll use Zoom to view the movie together and to chat about our favorite scenes. Each date will be a different Movie!!!

Zoom link TBD

11:30 A.M. - 2:30 P.M.
Age: 14 and older

CODE: LUNCH R110 2/6
LUNCH R111 3/6

DIRECT COST: \$21.00
OPWDD/Waiver Confirmed: \$8.00
Group Home/TRANSITIONAL: \$16.00

MAKE YOUR OWN IRISH SODA BREAD

Experience a small taste of Ireland. Joined by Colleen Cunney, SEC will get together to make this St. Patrick's Day staple! Join Colleen and Austin as we follow the recipe and bake some delicious Irish Soda Bread! Recipe will be sent out in advance.

Zoom link TBD

11:30 A.M. - 12:30 P.M.
Age: All

DATE: SUNDAY, MARCH 7TH, 2021
CODE: ISB R110

DIRECT COST: \$26.00
OPWDD/Waiver Confirmed: \$5.00
Group Home/TRANSITIONAL: \$10.00

ST PATRICK'S DAY DANCE

Everyone will feel the luck of the Irish at this St. Patrick's Day Dance! Join us on Zoom to enjoy your favorite songs and to socialize with all of your friends!

Zoom link TBD

5:00 P.M. - 7:00 P.M.
Age: All

DATE: SATURDAY, MARCH 13TH, 2021
CODE: STPAT R110

DIRECT COST: \$12.00
OPWDD/Waiver Confirmed: \$5.00
Group Home/TRANSITIONAL: \$9.00



SOUTH EAST CONSORTIUM BOARD OF DIRECTORS

Sally Veltidi, Chairperson
Gerry Salvo, Vice Chairperson
Jill Fisher, Treasurer

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Robert Bertolacci
Heather Krakowski
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Village of Larchmont
City of Rye
Village of Rye Brook
Village of Port Chester
Town of Pelham
Village of Scarsdale
Village of Mamaroneck
Member At Large
Member At Large
Member At Large

PROUDLY SERVING

Town and Village of Mamaroneck, Town of Pelham, Village of Rye Brook, Village of Port Chester, Village of Larchmont, City of Rye, Village of Scarsdale, Town of Eastchester, Village of Bronxville, Village of Tuckahoe and the Town and Village of Harrison

SEC STAFF

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SEC MISSION

Created in 1981, the South East Consortium for Special Services, Inc. (SEC) is dedicated to providing recreation programs and leisure services to children and adults with developmental disabilities and special needs who reside in our member municipalities. Our mission is to maintain and improve the lives of those we serve by offering a comprehensive calendar of programs and services that are age appropriate, suitable for people with different levels of ability and designed to have an impact on an individual for a lifetime. We do this together and always welcome your ideas and concerns.



740 West Boston Post Road, Suite 318

Mamaroneck, New York 10543

Telephone: 914.698.5232

Fax: 914.698.7125

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www.secrec.org



**THE
COMMUNITY FUND**

BRONXVILLE • EASTCHESTER • TUCKAHOE