

# WINTER 2023



## Program Brochure



ONLINE ENROLLMENT November 17th - December 21st, 2022

# SOUTH EAST CONSORTIUM

740 West Boston Post Road, Suite 318

Mamaroneck, NY 10543

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www.secrec.org e-mail: info@secrec.org

# A Message from the Executive Director

Dear Families and Individuals,

As we close the book on 2022, we could not be more excited for the Winter 2023 season to begin. With us back at our typical facilities, it truly feels like South East is back to normal! This Winter, we will continue to provide new and exciting programs, trips and parties that we're sure you'll love.

We are happy to announce that our Plaster Palace art program for ages 5-12 will begin this Winter. Our award winning Golf Club will return to the Westchester Mall for Virtual Golf practice. Additionally, we will be returning to our friends at The Rock Club in New Rochelle! Those of you who cannot get enough of dance will be happy to see that we are including a Tap Dance Basics and a Hip Hop program this season.

As Giving Tuesday is around the corner, please consider making a donation to South East Consortiums Family and Friends Campaign 2022. Please join us in keeping South East strong. No donation is too big nor too small. Your donation is 100% tax deductible. Visit the website and click on the Donate button or text **SEC2022 to 44-321** for a secure donation link.

With the Winter season quickly approaching, please be sure that all of your paperwork is complete and up to date with South East Consortium. This includes your medical form, program admissions application, and Medicaid documents. Please reach out to the SEC office if you are unsure about any of these documents. If your paperwork is incomplete or out of date, your RecDesk account will be locked and you will be unable to register until the problem is rectified.

Sincerely,

A handwritten signature in blue ink that reads "Jennifer Spenner-Kind". The signature is written in a cursive style.

Jennifer Spenner-Kind  
Executive Director

# Please Read the Following Information

## Who We Serve:

The South East Consortium proudly serves children and adults (age 5 and beyond) with various disabilities and special needs who reside in the following member municipalities: Town and Village of Mamaroneck, Town of Pelham, Village of Rye Brook, Village of Port Chester, Village of Larchmont, City of Rye, Village of Scarsdale, Town of Eastchester, Village of Bronxville, Village of Tuckahoe and the Town and Village of Harrison.

Each of the member municipalities contribute tax dollars to the South East Consortium. Residency is based on which municipality you pay taxes, not by school district or mailing address. Due to overcrowding and limited resources, SEC can no longer accept **NEW** enrollments from individuals who reside outside the Consortium municipalities. If you are unsure of member eligibility, please contact the office for assistance.

## Enrollment Criteria:

The following criteria and conditions for enrolling in South East Consortium (SEC) programs applies only to **NEW** individuals residing with their families/guardians or independently in any of the Consortium municipalities. This DOES NOT apply to individuals residing in IRAs or group homes or individuals who were previously enrolled in program(s) prior to the Spring 2017 session.

SEC can no longer accept any **NEW** registrations from individuals who have not completed the OPWDD Front Door Eligibility Process and have been issued a Front Door Authorization Form stating respite units have been confirmed. You must provide a copy of your Eligibility Status letter to be considered for the transitional fee category.

HCBS Medicaid Waiver: SEC will only accept individuals who are Medicaid Waiver eligible after all the required documentation is properly submitted by the Care Coordinator. SEC needs to be correctly noted on the Life Plan as a service provider; a Front Door Authorization Letter or (SAL); Notice of Decision (NOD) and Level of Care (LCED). Once this documentation has been received by SEC it will be submitted to OPWDD. Individuals may not begin programs until SEC is notified the billing for reimbursement process is completed.

## Liability Notice:

Before South East Consortium provides service, we must determine who is responsible for paying for the cost of the services. This could be Medicaid, or another payor, such as the individual or the individual's legal guardian. You are required to provide us with the information we need to make this determination. We must make this determination even if you offer to pay for the services. If Medicaid is not responsible for the cost of the services, we will determine if another payor is responsible for the cost of the services and whether that other payor can afford the payment.

If the limited exception ends, we can bill you for the respite services and we may deny or stop the respite services if payment is not received. The individual, or another liable party, will have to pay for the services at the Medicaid hourly reimbursable rate to South East Consortium. Otherwise, the individual will need Medicaid coverage that pays for the respite services and to be enrolled in the Home and Community Based Services (HCBS) Waiver. Fee reductions or waivers are available in unusual circumstances.

If the individual already has Medicaid coverage you must provide us with proof of coverage including the individual's Medicaid Client Identification Number. The individual must maintain Medicaid coverage in the future. If the individual loses coverage you must inform us.

If the individual does not already have Medicaid coverage:

You must pay for the services if no other payor exists. If you are responsible for the individual's money, you are only required to use the individual's money to pay for the services.

OR

You must apply for Medicaid if no other payor can pay for the services. When applying for Medicaid, you must take all legal steps to qualify for and maintain Medicaid coverage.

The full fee for the requested services is available upon request from the SEC Office. South East Consortium is allowed to access fees for programs. These fees are based on nonbillable services to Medicaid (admission cost, consumable supplies and food associated with programs are billable to the consumer). If we reduce the fee, you will be required to pay the reduced fee. If we reduce the fee and we later determine that you are able to pay the full fee, you will be required to pay the full fee. We will provide you with 30 days' written notice if the fee reduction changes. We will send you bills if you are paying for the services. We will send you a monthly bill by the 30th of the month following service. If you do not pay the bills, we will try to collect from you.

## Sibling Discount:

If a family has more than one individual registered in our programs, South East offers a 15% discount for each sibling. Please note that this will be adjusted in-house and a credit applied to your account.

## Registration Restriction:

If an individual has an outstanding balance due to South East for attending previous programs, that individual will not be permitted to register for the new session until the outstanding balance is paid. Please note with the new enrollment system your account will be locked until the outstanding issue is rectified. In addition, if your individual has outstanding paperwork (LP, IEP, NOD, LCED, Medical form, etc.) they will not be allowed to enroll/attend South East Programs until the paperwork has been submitted.

## Program Attendance:

When registering your individual for a program please be aware of this important concern. South East receives certain reimbursements through Medicaid for providing services to your individual, but only if your individual attends the program. If your individual has spotty attendance or simply doesn't attend at all, it has a significant financial impact on South East. Also, since South East has a "wait list" for most of our programs it is unfair to others who wish to participate.

We understand an occasional absence, but if you know beforehand, especially with a community outing or special event, that your individual will not be attending or is dropping a program, please let us know immediately so we can attempt to fill that vacancy. This may affect any possible program refunds to you.

## Admission and Medical Forms:

South East Consortium is required to keep a completed up-to-date admissions application and medical form on file for all program individuals. A new program admission application is now online for enrollment. Individuals who have expired information on file will be required to update the information prior to participating in any South East programs. In addition all individuals will need to provide a current photo to be kept on file for security purposes.

**NOTE: Please be advised that your individuals social security number is now mandatory to participate in all SEC programs, no exceptions.**

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**South East Consortium Office Hours**

**8:30 A.M. - 5:00 P.M. | Monday - Friday**  
**Office Closed 11/24, 11/25, 12/23, 12/26, 12/30 of 2022**  
**and 01/02 of 2023**

# MONDAY

## PLASTER PALACE

We are very pleased to be able to offer an art program for younger individuals in partnership with Plaster Palace in Larchmont! We will work on a different project each session, including slime-making, and mixed media art! Each week will offer something entirely new!

Plaster Palace  
2005 Palmer Ave.  
Larchmont, NY 10538

4:00 P.M. - 5:00 P.M.  
Ages: 5 - 12

WINTER SEASON (6 weeks)

**DATES: 1/9, 1/23, 2/13, 2/27, 3/6, 3/20**

CODE: PLAST R105

**DIRECT COST: \$240.00**

**OPWDD/Waiver Confirmed: \$181.00**

**TRANSITIONAL: \$206.00**

## ZUMBA

Dance away the Winter blues during Zumba! Join us for a high energy, high fun dance aerobics class! We will combine Zumba, Latin and Caribbean moves paired with great dance music. With easy to follow moves this one-of-a-kind fitness program will keep you coming back for more!

Damiano Center  
281 Midland Avenue, Rye  
Please enter from the left-side of the building

6:45 P.M. - 7:45 P.M.  
Ages: Teen/Adult

WINTER SEASON 1/09 - 3/27 (10 weeks)

**NO PROGRAM: 1/16, 2/20**

CODE: ZUMBA S105

**DIRECT COST: \$150.00**

**OPWDD/Waiver Confirmed: \$70.00**

**Group Home/TRANSITIONAL: \$90.00**



## MIX IT UP

This program aims to provide independence in the kitchen as we enjoy making a variety of dishes. We will learn how to prepare tasty wraps, salads, fruit and vegetable boards! Each session we will follow fun and easy recipes as we mix and measure, slice and dice the night away!

Damiano Center  
281 Midland Avenue, Rye  
Please enter from the left-side of the building

7:45 P.M. - 8:45 P.M.  
Ages: Teen/Adult

WINTER SEASON 1/09 - 2/13 (5 weeks)

**NO PROGRAM: 1/16**

CODE: MIX S105

**DIRECT COST: \$194.00**

**OPWDD/Waiver Confirmed: \$50.00**

**Group Home/TRANSITIONAL: \$100.00**



# MONDAY (CONT'D)

## LET'S GET CREATIVE

Looking for a way to express yourself creatively? Need some time each week to craft, relax and unwind with friends? Join us as we complete several seasonal craft projects and explore various art mediums during this weekly program! Great for all ability levels.

Damiano Center  
281 Midland Avenue, Rye  
Please enter from the left-side of the building

7:45 P.M. - 8:45 P.M.  
Ages: Teen/Adult

WINTER SEASON 2/27 - 3/27 (5 weeks)

CODE: ART S105

**DIRECT COST: \$213.00**

**OPWDD/Waiver Confirmed: \$55.00**

**Group Home/TRANSITIONAL: \$105.00**

# TUESDAY

## TEEN CHEFS

Come see what's cooking with South East Consortium. Join us at Tuckahoe High School as we tackle some new and exciting recipes. We'll practice cutting skills, stove and oven safety, proper kitchen hygiene and more! Open to teens living at home only.

Tuckahoe High School  
65 Siwanoy Blvd., Eastchester, NY

5:00 P.M. - 6:15 P.M.  
Age: 13 - 21

WINTER SEASON 1/3 - 3/28 (12 weeks)

**NO PROGRAM: 2/21**

CODE: TCHEFS S105

**DIRECT COST: \$400.00**

**OPWDD/Waiver Confirmed: \$144.00**

**TRANSITIONAL: \$396.00**



## SOUTH EAST "SHARKS" SWIM CLUB

Join South East Consortium's Special Olympic Swim Team! If you love to swim and are ready to compete, Sharks Swim is the program for you! Join us as we practice all four strokes, build endurance and practice sportsmanship through lap swimming and other drills! This is not a learn to swim program. All swimmers will be expected to swim in the deep end of the pool.

Hommocks Pool  
Hommocks Middle School  
130 Hommocks Rd., Larchmont

6:00 P.M. - 7:15 P.M.  
Please note time change  
Age: Teen /Adult

WINTER SEASON 1/3 - 3/28 (12 weeks)

**NO PROGRAM: 2/21**

CODE: SHARK S105

**DIRECT COST: \$226.00**

**OPWDD/Waiver Confirmed: \$96.00**

**TRANSITIONAL: \$150.00**



# TUESDAY (CONT'D)

## PARTNERS IN SPORTS

Let's fly into action this Winter with the Hawks! The South East Hawks will be in action on Tuesday nights. Join us to practice dribbling, shooting drills, participate in scrimmages, develop stamina and more! Players should come wearing comfortable sneakers and clothing.

Tuckahoe Community Center  
71 Columbus Ave, Tuckahoe, NY

8:00 P.M. - 9:00 P.M.  
Age: Teen /Adult

WINTER SEASON 1/3 - 3/28 (12 weeks)

**NO PROGRAM: 2/21, 3/21**

CODE: OLYM R105

**DIRECT COST: \$138.00**

**OPWDD/Waiver Confirmed: \$63.00**

**Group Home/TRANSITIONAL: \$126.00**

**TRANS COST: \$240.00**

**NOTE: Transportation is only available for those who live at home and are enrolled in both Tuesday programs.**

# WEDNESDAY

## YOGALATES

Find your calm right in the middle of the week with SEC at Yogalates! Yogalates combines yoga and Pilates, focusing on strengthening the core while eliciting the meditation and flexibility benefits of yoga. Great for all ability levels.

Harbor Island Pavilion, Red Room  
Harbor Island Park, Mamaroneck  
Intersection Mamaroneck Ave. and Boston Post Rd.

4:15 P.M. - 5:15 P.M.  
Age: Teen/Adult

WINTER SEASON 1/4 - 3/29 (12 weeks)

**NO PROGRAM: 2/22**

CODE: YOGA S105

**DIRECT COST: \$327.00**

**OPWDD/Waiver Confirmed: \$96.00**

**TRANSITIONAL: \$252.00**



## TAP DANCE BASICS

Are you a huge fan of Broadway musicals? Ever wish you could tap to the rhythm of a musical number like your favorite stars? Join Jennifer and learn to tap at Tap Dance Basics! During this weekly class, you will work on a variety of beginner tap dance steps, such as the shuffle, ball change and many more!

Harbor Island Pavilion, Red Room  
Harbor Island Park, Mamaroneck  
Intersection Mamaroneck Ave. and Boston Post Rd.

5:15 P.M. - 6:00 P.M.  
Age: Teen/Adult

WINTER SEASON 1/4 - 2/8 (6 weeks)

CODE: TAP S105

**DIRECT COST: \$110.00**

**OPWDD/Waiver Confirmed: \$39.00**

**Group Home/TRANSITIONAL: \$60.00**



# WEDNESDAY (CON'T)

## HIP-HOP DANCE

Learn to pop, lock, break during SEC's Hip Hop Dance class! Join Sophie as she teaches you all the basics of Hip-Hop Dance. Learn all the hottest moves as you move to the rhythm and beats of each song!

Harbor Island Pavilion, Red Room  
Harbor Island Park, Mamaroneck  
Intersection Mamaroneck Ave. and Boston Post Rd.

5:15 P.M. - 6:00 P.M.  
Age: Teen/Adult

WINTER SEASON 2/15 - 3/29 (6 weeks)

**NO PROGRAM: 2/22**

CODE: HHDAN S105

**DIRECT COST: \$100.00**

**OPWDD/Waiver Confirmed: \$39.00**

**Group Home/TRANSITIONAL: \$60.00**



## DANCE COMPANY

Learn to express yourself creatively by expanding your mind and body through different types of dancing. We will work toward an exciting new show in June. Please wear sneakers and loose-fitting clothing. Please wear sneakers and loose-fitting clothing.

Harbor Island Pavilion, Red Room  
Harbor Island Park, Mamaroneck  
Intersection Mamaroneck Ave. and Boston Post Rd.

6:00 P.M. - 7:00 P.M.  
Age: Teen/Adult

WINTER SEASON 1/4 - 3/29 (12 weeks)

**NO PROGRAM: 2/22**

CODE: DANCE S105

**DIRECT COST: \$297.00**

**OPWDD/Waiver Confirmed: \$78.00**

**Group Home/TRANSITIONAL: \$156.00**



# THURSDAY

## TRI SPORTS

Come over to Midland Avenue School to join Tri Sports! This youth sports program is designed for children who are interested in trying different sports and physical activities. We will play a wide range of games including basketball, soccer, flag football and more! Comfortable athletic attire is required.

Midland Avenue School  
Rye, New York, 10580

5:15 P.M. - 6:15 P.M.  
Age: 5 - 14

WINTER SEASON 1/5 - 3/30 (12 weeks)

**NO PROGRAM: 2/23**

CODE: TRI R105

**DIRECT COST: \$284.00**

**OPWDD/Waiver Confirmed: \$108.00**

**TRANSITIONAL: \$180.00**

# THURSDAY (CON'T)

## BOWLING

Hit the lanes with South East! Join us at Bowlero White Plains for a season of fun. Join us on Thursdays to practice and improve your game. Bowlers will have their scores recorded for Special Olympic participation. Ramps are available for those who require extra support. Personally owned bowling balls and shoes are welcome, but not required.

Bowlmor  
47 Tarrytown Rd.  
White Plains, NY 10607

7:00 P.M. - 8:45 P.M.  
Age: 16 and up

WINTER SEASON 1/5 - 3/30 (12 weeks)

**NO PROGRAM: 2/23**

CODE: BOWL R105

**DIRECT COST: \$347.00**

**OPWDD/WAIVER CONFIRMED: \$168.00**

**GROUP HOME/TRANSITIONAL \$276.00**

**TRANS COST: \$240.00**

**NOTE: Transportation is only available for those who live at home in the consortium area.**

# FRIDAY

## SEC PLAY PRODUCTION

Come join the show! If you love singing, acting and dancing you can be a star or work behind the scenes as a production assistant making props, costumes or learning the technical side of stage production. We will rehearse songs, dance steps, make props and costumes and put on a great show in June!

Heathcote School  
26 Palmer Avenue, Scarsdale

4:00 P.M. - 5:30 P.M.  
Age: Teen/Adult

WINTER SEASON 1/6 - 3/31 (12 weeks)

**NO PROGRAM: 2/24**

CODE: PLAY S105

**DIRECT COST: \$347.00**

**OPWDD/Waiver Confirmed: \$168.00**

**Group Home/TRANSITIONAL: \$276.00**



# FRIDAY

## MOVIES & MORE

Join us for a social variety program that features both in and out nights. Out night includes dinner and a movie or outing at a local restaurant and attractions (Out Night, dinner not included). In Nights will include dinner, an activity for the evening, and a movie! In Nights will be held at Harrison Community Center. Limited to 20 individuals. Transportation will be provided at an additional fee from Play Production to Movies and More only.

Out Night Meeting Locations Vary  
In Nights meet at Harrison Community Center  
216 Halstead Ave, Harrison

6:00 P.M. - 10:00 P.M.  
Age: Teen/Adult

WINTER SEASON 1/6 - 3/31 (12 weeks)

**NO PROGRAM: 2/24**

CODE: FILM 105

**DIRECT COST: \$856.00**

**OPWDD/Waiver Confirmed: \$390.00**

**Group Home/TRANSITIONAL: \$696.00**

**TRANS COST: \$168.00 (12 weeks)**

## FRIDAY FUN

Meet new people and make friends in the new year at Friday Fun! Our three nights will be at Haindl Field House in Eastchester where you can play pool, foosball, ping pong, participate in an arts and crafts project, play video games or watch a movie! We will enjoy two out-nights this season! We offer the option to participate in the "in nights" only. On our in-nights we will serve pizza, chips, water and a dessert. **Open to Individuals Living at Home Only**

In Nights meet at: Haindl Field House  
Brunhan Rd. and Rescigno Dr.  
Eastchester, NY

7:00 P.M. - 9:30 P.M.  
Ages: Teens 13-21

Out Nights meet at location

WINTER SEASON (2 weeks)

DATES: 1/20 & 2/10

CODE: FRFUN S105 (IN NIGHTS ONLY)

**DIRECT COST: \$112.00**

**OPWDD/Waiver Confirmed: \$45.00**

**TRANSITIONAL: \$74.00**

WINTER SEASON (4 weeks)

DATES: **In Nights:** 1/20 & 2/10 **Out Nights:** 3/3 & 3/17

CODE: FRFUN 106 (IN & OUT NIGHTS)

**DIRECT COST: \$187.00**

**OPWDD/Waiver Confirmed: \$80.00**

**TRANSITIONAL: \$144.00**

# FRIDAY

## FRIDAY TRAVEL CLUB

No weekend is complete without a Friday of fun with your friends! Join SEC's travel club for a fun array of outings. Socialize with new friends and enjoy fun trips to movies, shows, arcades and more! When we are not out in the community, we will be enjoying in-nights at the Sollazzo Center in Harrison. There, we will enjoy fun crafts, games, basketball, and more. Dinner will be provided on in-nights. Transportation will be provided at an additional fee from Play Production to Travel Club. Open to Participants Living At Home Only.

Meeting Locations Vary

6:00 P.M. - 10:00 P.M.

Age: Teen/Adult

WINTER SEASON 1/6 - 3/31 (12 weeks)

**NO PROGRAM: 2/24**

CODE: CLUB 105

**DIRECT COST: \$950.00**

**OPWDD/Waiver Confirmed: \$468.00**

**TRANSITIONAL: \$600.00**

**TRANS COST: \$168.00 (12 weeks)**



Movies & More, Fall 2022



Travel Club, Fall 2022

## SOCIAL CLUB

Do you love karaoke, board game nights, trivia, and movies? Want your Friday evenings this winter to be relaxed yet fun-filled? Come join us at SEC Social Club! We will join our friends from Movies and More and enjoy an evening among good food and friends! We will end our evening by watching a movie that all will vote on!

Nights meet at Harrison Community Center  
216 Halstead Ave, Harrison

6:00 P.M. - 10:00 P.M

Age: Teen/Adult

WINTER SEASON (6 weeks)

DATES: 1/6, 1/20, 2/5, 2/17, 3/10, 3/24

CODE: SOC S105

**DIRECT COST: \$575.00**

**OPWDD/Waiver Confirmed: \$162.00**

**Group Home/TRANSITIONAL: \$264.00**

# SATURDAY

## UCAN

Join South East Consortium winter program that promotes fitness and an alternative to getting exercise outdoors. The goal of the program is to develop participants ability to sequence, organize and plan to complete an activity by motivating them intrinsically through fun activities. Open to participants living at home only.

Hommocks Community Room  
130 Hommocks Road  
Larchmont, NY 10538

10:30 A.M. – 11:30 A.M.  
Age: 12-21 years

WINTER SEASON 1/7 - 3/25 (10 Weeks)

**NO PROGRAMS: 2/18, 2/25**

CODE: UCAN S105

**DIRECT COST: \$204.00**

**OPWDD/Waiver Confirmed: \$90.00**

**TRANSITIONAL: \$135.00**

## SATURDAY SWIM

Sessions will consist of 30 minutes of swimming and the participants will be grouped by their age and ability. Lessons may be conducted in group format or similar pairings. We strive for consistency with our program, but sometimes our staffing patterns do not allow for swimmers to have the same staff member each week or guarantee a one-to-one ratio. This is a structured, safe program, but may be inappropriate for individuals with severe disabilities or extreme fear of water. Open to participants living at home only. **Open to participants living at home only.**

**Registration by phone only. Please call the SEC Office at 914-698-5232 to register beginning November 17th at 12:00PM.**

Hommocks Pool  
Hommocks Middle School  
130 Hommocks Rd., Larchmont

Age: Youth/Teen/Adult

WINTER SEASON 1/7 – 3/25 (10 weeks)

**NO PROGRAMS: 2/18, 2/25**

CODE: SWIM S105 12:00 P.M. - 12:30 P.M. LAP SWIMMERS ONLY

CODE: SWIM S106 12:30 P.M.-1:00 P.M

CODE: SWIM S107 1:00 P.M.- 1:30 P.M

CODE: SWIM S108 1:30 P.M.- 2:00 P.M.

**DIRECT COST: \$508.00**

**OPWDD/Waiver Confirmed: \$200.00**

**TRANSITIONAL: \$225.00**

# MONTHLY EVENTS

## LUNCH & A MOVIE

Good food, good movies and great people, what more could you ask for on a Saturday? Enjoy a meal at Buffalo Wild Wings with your friends at SEC, before we catch the movies of the season at Regal New Roc every month! Included in the program fee is your meal, gratuity and a movie ticket.

Drop off/Pick up in front of Applebees  
New Roc City Movie Theater  
33 Lecount Place, New Rochelle

11:30 A.M. - 4:30 P.M.  
Age: 14 and older.

### WINTER SEASON

CODE: LUNCH R105 January 7th, 2023  
CODE: LUNCH R106 February 4th, 2023  
CODE: LUNCH R107 March 4th, 2023

**DIRECT COST: \$100.00**  
**OPWDD/Waiver Confirmed: \$40.00**  
**Group Home/TRANSITIONAL: \$65.00**



Lunch & A Movie, Winter 2022

## SELF ADVOCACY CLUB

Be an advocate for yourself and your peers! Join SEC's Self-Advocacy Club, led by our very own Maggie Stone! We will discuss pressing matters in the world of disabilities, new OPWDD policies and changes, paratransit, & other related topics.

South East Consortium Office  
740 W. Boston Post Rd Suite 318  
Mamaroneck, NY 10543

5:30 P.M. - 6:30 P.M.  
Age: 14 and older.

### WINTER SEASON (3 WEEKS)

**DATES: 1/9, 2/6, 3/6**  
CODE: SAC S105  
**DIRECT COST: \$5.00**  
**OPWDD/ WAIVER CONFIRMED: FREE**  
**GROUP HOME/ TRANSITIONAL: FREE**

## VIRTUAL GOLF

Don't let the cold stop you from hitting the links. Join South East Consortium at the Golf Lounge 18 at the Westchester Mall! This once monthly program will allow us to simulate the golf experience with the warmth and comfort of being indoors. Practice on simulated versions of your favorite course, challenge your friends to "closest to the pin" and "capture the flag" and much more! Open to experienced and new golfers.

Westchester Mall Third Floor  
125 Westchester Ave  
White Plains, NY

5:00 P.M. - 6:00 P.M.  
Teen/Adult



### WINTER SEASON (3 WEEKS)

**DATES: 1/23, 2/13, 3/13**  
CODE: VGOLF R105  
**DIRECT COST: \$110.00**  
**OPWDD/Waiver Confirmed: \$87.00**  
**Group Home/TRANSITIONAL: \$108.00**

# MONTHLY EVENTS

## ROCK CLUB

Rock and Roll with South East as we visit our friends at The Rock Club! Join us once a month for rock climbing fun! Open to all ability levels, this program offers a range of different climbing options. Whether you're a master climber, or just want a new way to keep active, The Rock Club is the program for you!

The Rock Club  
130 Rhodes St  
New Rochelle, NY 10801

10:30 A.M - 11:30 A.M.  
Age: 7 - 21

WINTER SEASON (3 Weeks)

**DATES: 1/21, 2/11, 3/18**

CODE: ROCK S105

**DIRECT COST: \$93.00**

**OPWDD/Waiver Confirmed: \$75.00**

**Group Home/TRANSITIONAL: \$90.00**

# WINTER RECESS SPECIAL EVENTS

## SNOWTUBING

Slide into the Winter fun with South East! Join us as we venture to Campgaw Mountain in New Jersey for an afternoon of tubing fun. Enjoy the thrill and beat the chill as we race down the mountain. We will stop at Applebees on the way home for an early dinner. Cost of admission and dinner is included in the cost of program.

SEC Office  
740 W. Boston Post Rd  
Mamaroneck, NY

10:00 A.M – 5:00 P.M  
Age: 14 and older

**DATE: Tuesday, February 21st, 2023**

CODE: STUBE R105

**DIRECT COST: \$198.00**

**OPWDD/Waiver Confirmed: \$55.00**

**Group Home/TRANSITIONAL: \$90.00**

## DREAMWORKS WATERPARK

Live the dream at the American Dream Mall! South East will slide into the fun at The Dreamworks Indoor Water Park! We will ride together to East Rutherford, New Jersey to beat the Winter chills and enjoy the waterpark thrills.

SEC Office  
740 W. Boston Post Rd  
Mamaroneck, NY 10543

9:00 A.M – 7:00 P.M  
Age: 14 and older

**DATE: Wednesday, February 22nd, 2023**

CODE: DWWP R105

**DIRECT COST: \$301.00**

**OPWDD/Waiver Confirmed: \$150.00**

**Group Home/TRANSITIONAL: \$191.00**



# WINTER RECESS SPECIAL EVENTS

## BOWLMOR

Strike out with South East! We will happily \*spare\* you the boredom of being home during Winter break at this program! Join us for an afternoon of good food and fun at Bowlmor Lanes! We will meet at Smashburger for lunch before we head over to Bowlmor! We will bowl and play some video games in the arcade! \*Pin\* this date on your calendar so you don't miss out!

Bowlmor  
47 Tarrytown Rd.  
White Plains, NY 10607

12:00 P.M. - 3:45 P.M.  
Age: 14 and up

**DATE: Thursday, February 23rd, 2023**

CODE: BMOR R105

**DIRECT COST: \$184.00**

**OPWDD/Waiver Confirmed: \$65.00**

**Group Home/TRANSITIONAL: \$121.00**

## LUNCH & A MOVIE

Good food, good movies and great people! Catch a movie at Regal New Roc and Enjoy a great Meal at Texas Roadhouse. Included in the program fee is your meal, gratuity and a movie ticket.

Drop off/Pick up in front of Applebees  
New Roc City Movie Theater  
33 Lecount Place, New Rochelle

1:00 P.M. - 6:30 P.M  
Age: 14 and older.

**DATE: Friday, February 24th, 2023**

CODE: PRFILM R105

**DIRECT COST: \$100.00**

**OPWDD/Waiver Confirmed: \$40.00**

**Group Home/TRANSITIONAL: \$65.00**



# SPECIAL EVENTS

## DISNEY ON ICE

Experience the magic and joy of the wonderful world of Walt Disney with us at the UBS Arena for this very special program event. Disney on Ice: Into the Magic includes performances from the Disney Princess movies we know and love! Hosted by the characters themselves, this evening we invite you to "Be Our Guest!". Before the show, we will be stopping for lunch! Program cost covers Disney on Ice ticket and lunch!

SEC Office  
740 W. Boston Post Rd  
Mamaroneck, NY

10:30 A.M. - 7:00 P.M.  
Age: 14 and older

**DATE: Sunday, January 8th, 2023**  
**CODE: DISICE R105**  
**DIRECT COST: \$293.00**  
**OPWDD/Waiver Confirmed: \$144.00**  
**Group Home/TRANSITIONAL: \$230.00**



## BLIZZARD BALL

Let it Snow, Let it Snow, Let it Snow! It's time to celebrate the freezin' season this Winter! Wear your snazziest scarf and coziest clothes!! We will have a chance to warm up on the dance floor to the hottest hits played by DJ Artie! Refreshments will be served. Please come dressed to impress!

Tuckahoe Community Center  
71 Columbus Ave, Tuckahoe, NY

6:00 P.M. - 8:30 P.M.  
Age: Teen /Adult

**DATE: Saturday, January 21st, 2023**  
**CODE: BLIZ S105**  
**DIRECT COST: \$42.00**  
**OPWDD/Waiver Confirmed: \$20.00**  
**Group Home/TRANSITIONAL: \$25.00**



## MONKEY BREAD WORKSHOP (ZOOM)

Winter is the time for warmth and comfort food! We will first make a Ham and Swiss Savory Monkey Bread. We will then work together to bake a dessert monkey bread, a delectable pull apart pastry made with cinnamon, sugar and butter! Don't miss your chance to join us for this Zoom baking workshop.

Zoom Program LINK TBD

10:00 A.M – 12:00 P.M  
Age: 14 and older

**DATE: Sunday, January 22nd, 2023**  
**CODE: ZBAKE R105**  
**DIRECT COST: \$50.00**  
**OPWDD/Waiver Confirmed: \$11.00**  
**Group Home/TRANSITIONAL: \$25.00**

# SPECIAL EVENTS

## WESTCHESTER KNICKS

They may not be playing in Westchester, but the Knicks are Westchester's team! Join South East for a trip up to The Total Mortgage Arena in Bridgeport, CT to watch the Westchester Knicks take on The Grand Rapids Gold! We'll stop for dinner on our way home at Sedona Taphouse!

SEC Office  
740 W. Boston Post Rd  
Mamaroneck, NY 10543

11:00 A.M. - 5:30 P.M.  
Age: Teen /Adult

**DATE: Sunday, January 29th, 2023**  
**CODE: KNICK R105**  
**DIRECT COST: \$160.00**  
**OPWDD/Waiver Confirmed: \$82.00**  
**Group Home/TRANSITIONAL: \$142.00**



## SWEETHEART SOIREE

Can you feel the love tonight? We hope so! Come celebrate Cupid's season with us for our Valentine's Day dance with all of your friends and the SEC Staff! Wear red, pink or purple! DJ Artie will be there playing the songs you love! Refreshments will be served.

Posillipo Center  
32 Garibaldi Pl  
Rye Brook, NY

6:00 P.M. - 8:30 P.M.  
Age: 14 and older

**DATE: Saturday, February 11th, 2023**  
**CODE: SWEET S105**  
**DIRECT COST: \$41.00**  
**OPWDD/Waiver Confirmed: \$20.00**  
**Group Home/TRANSITIONAL: \$25.00**

## HARLEM GLOBETROTTERS

Get your head in the game! Join SEC on a trip to see the Harlem Globetrotters at the UBS Arena! Founded in 1926, this professional basketball team brings their serious skills and passion for the sport to you during this game, along with some on-court antics that you are sure to laugh at and love! Meet and pick up at the SEC Office.

SEC Office  
740 W. Boston Post Rd  
Mamaroneck, NY

11:30 A.M. - 7:00 P.M.  
Age: 14 and older

**DATE: Sunday, February 12th, 2023**  
**CODE: HARGL R105**  
**DIRECT COST: \$258.00**  
**OPWDD/Waiver Confirmed: \$104.00**  
**Group Home/TRANSITIONAL: \$208.00**



# SPECIAL EVENTS

## DAVE & BUSTERS

Whether you prefer shooting hoops, defeating space invaders, or hitting the ski ball lanes, Dave & Busters is the place for you! Join South East at Dave and Busters in Pelham for a fun afternoon of food, friends and games! Enjoy a buffet style lunch including sliders, chicken fingers, pizza and more! Once we've had our fill, we will explore all of the different game options available to us! Spots are limited, first come first serve.

Dave & Busters Pelham  
881 Pelham Pkwy  
Pelham Manor, NY, 10803

12:00 P.M. – 3:00 P.M.  
Age: 14 and older

**DATE: Sunday, March 5th, 2023**  
**CODE: DAVE R105**  
**DIRECT COST: \$63.00**  
**OPWDD/Waiver Confirmed: \$35.00**  
**Group Home/TRANSITIONAL: \$49.00**



## SHAMROCK SWING

Come celebrate the luck of the Irish with SEC at our Shamrock Swing! Show off your jig or favorite dance moves as DJ Artie plays the songs that will have you feeling lucky as a four-leaf clover to be among SEC staff and friends! Wear green and show off your shamrock spirit on what is sure to be a magical evening!

Posillipo Center  
32 Garibaldi Pl  
Rye Brook, NY

6:00 P.M. - 8:30 P.M.  
Age: Teen/Adult

**DATE: Saturday, March 11th, 2023**  
**CODE: STPAT S105**  
**DIRECT COST: \$41.00**  
**OPWDD/Waiver Confirmed: \$20.00**  
**Group Home/TRANSITIONAL: \$25.00**

## JEWELRY WORKSHOP

Learn the basics of beaded jewelry making. Join Sophie as she takes you through two unique projects. Each individual will receive their own jewelry kit, bead board and multi use pliers in this workshop. We will work on techniques and designs to create our own unique jewelry. Lunch will be provided.

SEC Office  
740 W. Boston Post Rd  
Mamaroneck, NY

10:30 A.M. - 1:30 P.M.  
Age: 14 and older

**DATE: Sunday, March 19th, 2023**  
**CODE: JEWEL S105**  
**DIRECT COST: \$125.00**  
**OPWDD/Waiver Confirmed: \$53.00**  
**Group Home/TRANSITIONAL: \$66.00**

# SPECIAL EVENTS

## PAJAMAS, PILLOWS & PANCAKE PARTY

Bust out of those winter blues with Erin and SEC Staff! Dress in your most comfortable pj's ('tis footie pajama season, after all!). We will make a pancake breakfast for dinner as a group, before Erin leads the group in creating our very own throw pillows ( don't worry, no sewing is involved!). We will end our evening by watching a movie!

Possillipo Center  
32 Garibaldi Place  
Rye Brook, NY

4:00 P.M. – 8:30 P.M.  
Age: 14 and older

**DATE: Saturday, March 25th, 2023**

**CODE: PPP S105**

**DIRECT COST: \$71.00**

**OPWDD/Waiver Confirmed: \$21.00**

**Group Home/TRANSITIONAL: \$44.00**

## ALAMO DRAFTHOUSE

The Alamo is the best way to enjoy a movie! Join us at The Alamo Drafthouse for a funfilled afternoon. Order your choice of lunch while watching your favorite stars on the big screen. The film of choice is TBD based on showtimes available.

Alamo Draft House  
2548 Central Park Avenue  
Yonkers

11:00 A.M. – 4:00 P.M.  
Age: 14 and older

**DATE: Sunday, March 28th, 2023**

**CODE: ALAMO R105**

**DIRECT COST: \$120.00**

**OPWDD/Waiver Confirmed: \$45.00**

**Group Home/TRANSITIONAL: \$72.00**



Giving Tuesday is around the corner, please consider making a donation and join us in keeping South East strong. No donation is too big nor too small. Your donation is 100% tax deductible. Visit the website and click on the Donate button or text **SEC2022 to 44-321** for a secure donation link.

# SOUTH EAST CONSORTIUM BOARD OF DIRECTORS

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Village of Port Chester  
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City of Rye  
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Member At Large  
Member At Large

## PROUDLY SERVING

Town and Village of Mamaroneck, Town of Pelham, Village of Rye Brook, Village of Port Chester, Village of Larchmont, City of Rye, Village of Scarsdale, Town of Eastchester, Village of Bronxville, Village of Tuckahoe and the Town and Village of Harrison

## SEC STAFF

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## SEC MISSION

Created in 1981, the South East Consortium for Special Services, Inc. (SEC) is dedicated to providing recreation programs and leisure services to children and adults with developmental disabilities and special needs who reside in our member municipalities. Our mission is to maintain and improve the lives of those we serve by offering a comprehensive calendar of programs and services that are age appropriate, suitable for people with different levels of ability and designed to have an impact on an individual for a lifetime. We do this together and always welcome your ideas and concerns.



740 West Boston Post Road, Suite 318  
Mamaroneck, New York 10543  
Telephone: 914.698.5232  
Fax: 914.698.7125

WINTER 2022 ENROLLMENT NOVEMBER 17th - DECEMBER 21st, 2022  
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