# FALL 2023 Program Brochur

South East Consortium

ONLINE ENROLLMENT AUGUST 16TH - SEPTEMBER 15TH, 2023

# SOUTH EAST CONSORTIUM

740 West Boston Post Road, Suite 318 Mamaroneck, NY 10543 Ph: 914.698.5232 Fax: 914.698.7125 www.secrec.org e-mail: info@secrec.org

## Please Read the Following Information

#### **Registration Restriction:**

If an individual has an outstanding balance due to South East for attending previous programs, that individual will not be permitted to register for the new session until the outstanding balance is paid. Please note with the new enrollment system your account will be locked until the outstanding issue is rectified. In addition, if your individual has outstanding paperwork (LP, IEP, NOD, LCED, Medical form, etc.) they will not be allowed to enroll/attend South East Programs until the paperwork has been submitted.

#### Admission and Medical Forms:

South East Consortium is required to keep a completed up-to-date admissions application and medical form on file for all program individuals. A new program admission application is now online for enrollment. Individuals who have expired information on file will be required to update the information prior to participating in any South East programs. In addition all individuals will need to provide a current photo to be kept on file for security purposes.

NOTE: Please be advised that your individuals social security number is now mandatory to participate in all SEC programs, no exceptions.

#### **Program Attendance:**

When registering your individual for a program please be aware of this important concern. South East receives certain reimbursements through Medicaid for providing services to your individual, but only if your individual attends the program. If your individual has spotty attendance or simply doesn't attend at all, it has a significant financial impact on South East. Also, since South East has a "wait list" for most of our programs it is unfair to others who wish to participate.

We understand an occasional absence, but if you know beforehand, especially with a community outing or special event, that your individual will not be attending or is dropping a program, please let us know immediately so we can attempt to fill that vacancy. This may affect any possible program refunds to you.

#### **Transportation Policy:**

South East requires a minimum of four participants to offer door-to-door transportation to program. South East Consortium will unfortunately be unable to provide door-to-door transportation to programs without meeting this minimum threshold.

#### Late Pick-Up Policy

Late pick-ups and early drop offs are continuing to create several problems for us, especially when a facility is required to stay open for us. In addition, these situations require staff to provide extended supervision before/after program time. We understand that life will present unexpected glitches in your schedule, but repeated instances of early drop-offs and late pick ups will result in a charge of \$10 for every additional 15 minutes that staff are required to provide supervision, either before or after program.

# Please Read the Following Information

#### Sibling Discount:

If a family has more than one individual registered in our programs, South East offers a 15% discount for each sibling. Please note that this will be adjusted in-house and a credit applied to your account.

#### Who We Serve:

The South East Consortium proudly serves children and adults (age 5 and beyond) with various disabilities and special needs who reside in the following member municipalities: Town and Village of Mamaroneck, Town of Pelham, Village of Rye Brook, Village of Port Chester, Village of Larchmont, City of Rye, Village of Scarsdale, Town of Eastchester, Village of Bronxville, Village of Tuckahoe and the Town and Village of Harrison.

Each of the member municipalities contribute tax dollars to the South East Consortium. Residency is based on which municipality you pay taxes, not by school district or mailing address. Due to overcrowding and limited resources, SEC can no longer accept **NEW** enrollments from individuals who reside outside the Consortium municipalities. If you are unsure of member eligibility, please contact the office for assistance.

#### **Enrollment Criteria:**

The following criteria and conditions for enrolling in South East Consortium (SEC) programs applies only to **NEW** individuals residing with their families/guardians or independently in any of the Consortium municipalities. This DOES NOT apply to individuals residing in IRAs or group homes or individuals who were previously enrolled in program(s) prior to the Spring 2017 session.

SEC can no longer accept any NEW registrations from individuals who have not completed the OPWDD Front Door Eligibility Process and have been issued a Front Door Authorization Form stating respite units have been confirmed. You must provide a copy of your Eligibility Status letter to be considered for the transitional fee category.

HCBS Medicaid Waiver: SEC will only accept individuals who are Medicaid Waiver eligible after all the required documentation is properly submitted by the Care Coordinator. SEC needs to be correctly noted on the Life Plan as a service provider; a Front Door Authorization Letter or (SAL); Notice of Decision (NOD) and Level of Care (LCED). Once this documentation has been received by SEC it will be submitted to OPWDD. Individuals may not begin programs until SEC is notified the billing for reimbursement process is completed.

#### **Liability Notice:**

Before South East Consortium provides service, we must determine who is responsible for paying for the cost of the services. This could be Medicaid, NYS or another payor, such as the individual or the individual's legal guardian. You are required to provide us with the information we need to make this determination. We must make this determination even if you offer to pay for the services. If Medicaid is not responsible for the cost of the services, we will determine if another payor is responsible for the cost of the services and whether that other payor can afford the payment.

If the limited exception ends, we can bill you for the respite services and we may deny or stop the respite services if payment is not received. The individual, or another liable party, will have to pay for the services at the Medicaid hourly reimbursable rate to South East Consortium. Otherwise, the individual will need Medicaid coverage that pays for the respite services and to be enrolled in the Home and Community Based Services (HCBS) Waiver. Fee reductions or waivers are available in unusual circumstances.

If the individual already has Medicaid coverage you must provide us with proof of coverage including the individual's Medicaid Client Identification Number. The individual must maintain Medicaid coverage in the future. If the individual loses coverage you must inform us. If the individual does not already have Medicaid coverage: You must pay for the services if no other payor exists. If you are responsible for the individual's money, you are only required to use the individual's money to pay for the services.

OR

You must apply for Medicaid if no other payor can pay for the services. When applying for Medicaid, you must take all legal steps to qualify for and maintain Medicaid coverage.

The full fee for the requested services is available upon request from the SEC Office. South East Consortium is allowed to asses fees for programs. These fees are based on non billable services to Medicaid (admission cost, consumable supplies and food associated with programs are billable to the consumer). If we reduce the fee, you will be required to pay the reduced fee. If we reduce the fee and we later determine that you are able to pay the full fee, you will be required to pay the full fee. We will provide you with 30 days' written notice if the fee reduction changes. We will send you bills if you are paying for the services. We will send you a monthly bill by the 30th of the month following service. If you do not pay the bills, we will try to collect from you.

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South East Consortium Office Hours

8:30 A.M. - 4:30 P.M. | Monday - Friday



#### **IONA PREP MUSIC MOVERS**

Feel the rhythm with South East! Join us and our friends from Iona Prep for a unified music program! Joined by DJ Marc James, we will practice playing different styles of music that is sure to get you on your feet and dancing!

Iona Prep Upper School 255 Wilmot Rd. . New Rochelle, NY 10804 3:30 P.M. - 4:30 P.M. Ages: 10-21

FALL SEASON 9/18 - 12/18 (12 weeks) NO PROGRAM: 9/25, 10/9 CODE: IONAM R140 DIRECT COST: \$476.00 OPWDD/Waiver Confirmed: \$156.00 TRANSITIONAL: \$216.00

#### WALK FIT

Need to kick off the program season on the right "foot"? Walk your way towards accomplishing your wellness goals at Walk Fit! Increase your endurance while taking in the fall foliage at Harbor Island Park and catch up with your friends each week! Come join us!

Harbor Island Park Mamaroneck NY 10543

FALL SEASON 9/18 - 10/30 (5 weeks) NO PROGRAM: 9/25, 10/9 CODE: WALK140 DIRECT COST: \$100.00 OPWDD/ WAIVER CONFIRMED: \$26.00 GROUP HOME/ TRANSITIONAL: \$62.00

#### 4:45 P.M. - 5:45 P.M. Ages: Teen/Adult



### SELF ADVOCACY CLUB

Join South East's Self Advocacy Club! Discuss what it means to be your own advocate! Attend monthly meetings to discuss current events, learn strategies to better advocate for yourself and share your experience. We will be joined by guest speakers who can offer insight on many different facets of self-advocacy

South East Consortium Office 740 W. Boston Post Rd. Suite 316 Mamaroneck, NY 10543

FALL SEASON (3 WEEKS) PROGRAM DATES: 10/2, 11/6, 12/4 CODE: SAC R140 DIRECT COST: \$15.00 OPWDD/ WAIVER CONFIRMED: \$FREE GROUP HOME/ TRANSITIONAL: \$FREE\_ 5:30 A.M. - 6:30 P.M. Age: 14 and older.

## **MONDAY (CONT'D)**

#### ZUMBA

Groove into fall with your favorite tunes every Monday night while getting a full-body workout at Zumba! Zumba is a high- energy, high-fun dance aerobics class. We will combine Zumba, Latin and Caribbean moves paired with great dance music. With easy to follow moves, this one-of-a-kind fitness program will keep you coming back for more!

Damiano Center 281 Midland Avenue, Rye Please enter from the left-side of the building

FALL SEASON 9/18 - 12/18 (12 weeks) NO PROGRAM: 9/25, 10/9 CODE: ZUMBA S140 DIRECT COST: \$168.00 OPWDD/Waiver Confirmed: \$108.00 Group Home/TRANSITIONAL: \$135.00 6:45 P.M. - 7:45 P.M. Ages: Teen/Adult



#### MIX IT UP

Slice and dice the night away at Mix it Up! Our program aims to provide independence in the kitchen as we enjoy making a variety of dishes. Each session we will follow fun and easy recipes, and learn to prepare tasty wraps, salads, parfaits and so much more! (Please note: while this is a cooking program and we will use a microwave and other kitchen appliances, we will not be using an oven or stove top during the program)

Damiano Center 281 Midland Avenue, Rye Please enter from the left-side of the building

FALL SEASON 9/18 - 12/18 (12 weeks) NO PROGRAM: 9/25, 10/9 CODE: MIX S140 DIRECT COST: \$388.00 OPWDD/Waiver Confirmed: \$174.00 TRANSITIONAL: \$288.00 7:45 P.M. - 8:45 P.M. Ages: Teen/Adult





### TUESDAY

#### TEEN CHEFS

Awaken your inner chef at Teen Chefs! Each week our group will work together to learn to make some of your favorite dishes including sandwiches, pasta, multicultural dishes, and more! (Please note: This program does involve the use of heat elements)

Tuckahoe High School 65 Siwanoy Blvd., Eastchester, NY

5:00 P.M. - 6:00 P.M. Age: 13 - 21

FALL SEASON 9/19 - 12/19 (12 weeks) NO PROGRAM: 10/31,11/7, CODE: CHEFS S140 DIRECT COST: \$440.00 OPWDD/Waiver Confirmed: \$144.00 TRANSITIONAL: \$300.00 SOUTH EAST "SHARKS" SWIM CLUB

# Dive into fall with SEC's Special Olympics Swim Team! We will work to strengthen our pre-

existing swimming skills including all four strokes, increase endurance, and practice sportsmanship through lap swimming and other drills! (Please Note: This is NOT a learn to swim program. Open to individuals Living at Home only.)

Hommocks Pool Hommocks Middle School 130 Hommocks Rd., Larchmont 6:00 P.M. - 7:15 P.M. Please note time change Age: Teen /Adult

FALL SEASON 9/19 - 12/19 (12 weeks) NO PROGRAM: 10/31.11/7 CODE: SHARK S140 DIRECT COST: \$193.00 OPWDD/Waiver Confirmed: \$150.00 TRANSITIONAL: \$177.00

#### PARTNERS IN SPORTS



Join our team as we practice for Special Olympics basketball events. Each week we will strengthen our dribbling, passing and shooting skills through a variety of exercises and drills. We will hold full-court scrimmages and play basketball related games to best prepare you for competition. Players should wear sneakers and comfortable athletic clothing. Door-to-door transportation is offered, at an additional fee, to individuals within the Consortium area who are also registered for Sharks Swim on Tuesday evenings

Harbor Island Pavilion, Red Room Harbor Island Park. Mamaroneck Intersection Mamaroneck Ave. and Boston Post Rd.

FALL SEASON 9/20 - 12/20 (12 weeks) NO PROGRAM: 10/31,11/7 CODE: OLYM S140 DIRECT COST: \$186.00 **OPWDD/Waiver Confirmed: \$66.00** Group Home/TRANSITIONAL: \$162.00 Page 7 **TRANSPORTATION: \$240.00** 

8:00 P.M. - 9:00 P.M. Age: Teen/Adult

**NOTE: Transportation is only** available for those who live at home and are enrolled in both Tuesday programs.

## WEDNESDAY

#### **CONTEMPORARY DANCE**

Flow into Fall with Contemporary Dance! Join Jennifer as we explore expressive and creative dance using the elements of time, space, dynamics and emotions to create individual dance pieces. No experience needed!

Harbor Island Pavilion, Red Room Harbor Island Park, Mamaroneck Intersection Mamaroneck Ave. and Boston Post Rd.

FALL SEASON 9/20 - 12/13 (12 weeks) NO PROGRAM: 11/22 CODE: MODA S140 DIRECT COST: \$265.00 OPWDD/Waiver Confirmed: \$111.00 Group Home/TRANSITIONAL: \$192.00

#### YOGALATES

Has the start of Fall stressed you out? Yogalates combines yoga and Pilates, focusing on strengthening the core while eliciting the meditation and flexibility benefits of yoga. Our Yogalates program aims to enhance postural alignment, coordination, and strength. Great for all ability levels.

Harbor Island Pavilion, Red Room Harbor Island Park, Mamaroneck Intersection Mamaroneck Ave. and Boston Post Rd.

FALL SEASON 9/20 - 12/13 (12 weeks) NO PROGRAM: 11/22 CODE: YOGA S140 DIRECT COST: \$241.00 OPWDD/Waiver Confirmed: \$102.00 Group Home/TRANSITIONAL: \$216.00

### DANCE COMPANY

Join SEC staff as we have fun dancing and expressing ourselves creatively by expanding your world of dance. We will learn new routines for fun and everyone has the opportunity to perform in a show at the end of the season. Please wear sneakers and loose-fitting clothing.

Harbor Island Pavilion, Red Room Harbor Island Park, Mamaroneck Intersection Mamaroneck Ave. and Boston Post Rd.

FALL SEASON 9/20 - 12/13 (12 weeks) NO PROGRAM: 11/22 CODE: DANCE S140 DIRECT COST: \$255.00 OPWDD/Waiver Confirmed: \$141.00 Group Home/TRANSITIONAL: \$204.00



4:30 P.M. - 5:15 P.M.

5:15 P.M. - 6:15 P.M.

6:30 P.M. - 7:30 P.M.

Age: Teen/Adult

Age: Teen/Adult

Age: Teen/Adult



#### **THURSDAY**

#### **BREAKTHROUGH FIT CLUB**

Join us and our friends from Breakthrough Fit Club for Fit Club! Join us on Thursdays as we enjoy circuit training and other group exercise activities to help stay in shape! Appropriate for all ability levels.

251 S Central Ave Hartsdale, NY 10530 5:30 P.M. - 6:30 P.M. Age: Teen/Adult

FALL SEASON 9/21 - 12/14 (12 weeks) NO PROGRAM:11/23 CODE: FIT S140 DIRECT COST: \$300.00 OPWDD/Waiver Confirmed: \$132.00 Group Home/TRANSITIONAL: \$276.00

#### BOWLING

Roll into the Fall season with a strike! Join South East's bowling team and enjoy nights full of bowling fun. Individual's scores will be recorded and can be submitted to the Special Olympics for competition. Whether you're a bowling pro, or are just getting started, this bowling program is for you!

Bowlmor 47 Tarrytown Rd. White Plains, NY 10607 7:00 P.M. - 8:45 P.M. Age: 16 and up

FALL SEASON 9/21 - 12/14 (12 weeks) NO PROGRAM: 11/23 CODE: BOWL R140 DIRECT COST: \$550.00 OPWDD/WAIVER CONFIRMED: \$192.00 GROUP HOME/TRANSITIONAL \$420.00 TRANS COST: \$240.00

NOTE: Transportation is only available for those who live at home in the consortium area.







#### SEC PLAY PRODUCTION

Come join the show! If you love singing, acting and dancing you can be a star or work behind the scenes as a production assistant making props, costumes or learning the technical side of stage production. We will rehearse songs, dance steps, make props and costumes and put on a great show on December 15th!

Heathcote School 26 Palmer Avenue, Scarsdale 4:00 P.M. - 5:30 P.M. Age: Teen/Adult

FALL SEASON 9/29 - 12/15 (11 weeks) NO PROGRAM: 9/22, 11/24 CODE: PLAY S140 DIRECT COST: \$319.00 OPWDD/Waiver Confirmed: \$141.00 Group Home/TRANSITIONAL: \$216.00





#### **MOVIES & MORE**

Join us for this social variety program that features both in and out nights. Out Nights will feature dinner and a movie or outing at local area restaurants and attractions (Out night dinner not included.) In Nights will include dinner, an activity for the evening, and a movie! In Nights will be held at the Harrison Community Center. Limited to 24 individuals. Transportation is provided at an additional fee from Play Production to Movies and More only.

Out Nights meet at local theater In Nights meet at Harrison Community Center 216 Halstead Ave, Harrison

FALL SEASON 9/29 - 12/15 (11 weeks) NO PROGRAM: 9/22, 11/24 CODE: FILM 140 DIRECT COST: \$834.00 OPWDD/Waiver Confirmed: \$402.00 Group Home/TRANSITIONAL: \$611.00 TRANS COST: \$154.00 (11 weeks) 6:00 P.M. - 10:00 P.M. Age: Teen/Adult

## **FRIDAY CON'T**

#### FRIDAY TRAVEL CLUB

Spend Friday night out and about with your friends going to dinner and attending a variety of community outings along with some "in" nights in Harrison. A schedule of events and additional money needed for dinner will be provided at the beginning of program. Public transportation may be used, participants must be able to get on and off buses or trains. Limited to 20 participants. Transportation is provided at an additional fee from Play Production to Movie Club only. <u>Open to Participants Living At Home Only.</u>

Meeting Locations Vary

6:00 P.M. - 10:00 P.M. Age: Teen/Adult

FALL SEASON 9/29 - 12/15 (11 weeks) NO PROGRAM: 9/22, 11/24 CODE: CLUB 140 DIRECT COST: \$ 912.00 OPWDD/Waiver Confirmed: \$352.00 TRANSITIONAL: \$ 583.00 TRANS COST: \$154.00 (11 weeks)

#### FRIDAY FUN

"Fall" back into time with friends to celebrate the end of your week at Friday Fun! We will meet a total of seven Fridays this season. Our four in-nights will be at Haindl Field House in Eastchester where you can play pool, foosball, ping pong, participate in an arts and crafts project, play video games, or watch a movie! We will enjoy three out-nights this season! We offer the option to participate in the "in nights" only. On our in- nights we will serve pizza, chips, water, and a dessert. <u>Open to Participants Living At Home Only.</u>

In Nights meet at: Haindl Field House 100 Gabriel Rescigno Drive Scarsdale, NY 7:00 P.M. - 9:30 P.M. Ages: Teens 13 - 23

Out Nights meet at location

FALL SEASON (3 weeks) PROGRAM DATES: 9/29, 10/27, 11/17, 12/8 CODE: FRFUN S140 (IN NIGHTS ONLY) DIRECT COST: \$188.00 OPWDD/Waiver Confirmed: \$37.00 TRANSITIONAL: \$146.00

FALL SEASON (7 weeks) PROGRAM DATES: In Nights: 9/29, 10/27, 11/17, 12/8 Out Nights: 10/13 11/3, 12/15 CODE: FRFUN 141 (IN & OUT NIGHTS) DIRECT COST: \$368.00 OPWDD/Waiver Confirmed: \$102.00 TRANSITIONAL: \$284.00

## SATURDAY

#### **TRACK & FIELD**

It's time for the Fall games to begin. Join us as we explore our new program that ensures a great time with everyone. We will be participating in activities such as relay races, javelin throwing, and hurdle jumping. Our goal is to get you motivated to join Special Olympics track and field.

Rye Hills Park Parkridge Court Port Chester, NY 10573

FALL SEASON 9/23 – 11/4 (6 Weeks) NO PROGRAMS: 10/7 CODE: UCAN S140 DIRECT COST: \$144.00 OPWDD/Waiver Confirmed: \$42.00 Group Home/TRANSITIONAL: \$84.00 9:30 A.M. - 11:00 A.M. Age: Teen/Adult



#### SATURDAY SWIM

Sessions will consist of 30 minutes of swimming And participants will be grouped by their age and ability. Lessons may be conducted in group format or similar pairings. We strive for consistency with our program, but sometimes our staffing patterns do not allow for swimmers to have the same staff members each week or guarantee a one-to-one ratio. This is a structured, safe program, but may be inappropriate for individuals with severe disabilities or extreme fear of water. Open to participants Living At Home Only.

Hommocks Pool Hommocks Middle School 130 Hommocks Rd., Larchmont

FALL SEASON 10/14 – 12/16 (8 Weeks) **NO PROGRAMS: 10/7, 11/11, 11/25** CODE: SWIM S140 12:00 P.M. - 12:30 P.M. Lap CODE: SWIM S141 12:30 P.M.-1:00 P.M. CODE: SWIM S142 1:00 P.M.- 1:30 P.M. CODE: SWIM S143 1:30 P.M.- 2:00 P.M.

DIRECT COST: \$745.00 OPWDD/Waiver Confirmed: \$176.00 TRANSITIONAL: \$280.00 Age:Youth/Teen/Adult

Lap Swimmers only



## **MONTHLY EVENTS**

#### **TEEN ADVENTURE**

Calling all Adventurers! During this program we will enjoy local trips based on the interests of our group! We will meet at the South East Consortium Office for all program dates this season. Please bring a bagged lunch, drink, and snack with you for all program dates. Open To Individuals Living At Home Only.

Meet at the SEC Office Mamaroneck Town Center 740 West Boston Post Rd. Mamaroneck, NY 10543

Age: Teen

FALL SEASON PROGRAM DATE: Saturday, September 23rd, 2023 11:00 A.M. – 3:00 P.M.- Treat your taste buds during everyone's favorite fall activity- apple picking! We will spend the day picking apples and enjoying our time outside on the farm before heading back to the office.

CODE: ADVE R140 DIRECT COST: \$93.00 OPWDD/Waiver Confirmed: \$35.00 TRANSITIONAL: \$83.00

PROGRAM DATE: Sunday, October 29th, 2023 12:00 P.M. – 4:00 P.M. -Join us as we attend a local nature center, where we will have the chance to meet and learn about some of the awesome animals that live there!

CODE: ADVE R141 DIRECT COST: \$86.00 OPWDD/Waiver Confirmed: \$34.00 TRANSITIONAL: \$75.00

#### LUNCH & A MOVIE

Join us for good food and fun at the cinema! Eat lunch with us at Buffalo Wild Wings and catch the movies of the season at Regal New Roc during this monthly program! Included in the program fee is your meal at Buffalo Wild Wings, gratuity and a movie ticket.

New Roc City Movie Theater 33 Lecount Place, New Rochelle 11:30 A.M. - 4:30 P.M. Age: 14 and older.

FALL SEASON CODE: LUNCH R140 Sai CODE: LUNCH R141 Sui CODE: LUNCH R142 Sai

Saturday, September 30th Sunday, November 12th Saturday, December 2nd

DIRECT COST: \$126.00 OPWDD/Waiver Confirmed: \$48.00 Group Home/TRANSITIONAL: \$76.00



#### **END OF SUMMER BBQ**

Celebrate the start of a great Fall season at our End of Summer BBQ! Join us at the Damiano Center in Rye for a night of good food, fun games, and even better friends!

Damiano Center 281 Midland Avenue, Rye Time: 5:00 P.M. - 8:00 P.M. Age: 14 and older

FALL SEASON CODE: BBQ R140 DATE: Friday, September 22nd, 2023 DIRECT COST: \$60.00 OPWDD/Wavier Confirmed: \$40.00 Group Home/TRANSITIONAL: \$50.00

#### **ISLANDER GAME**

Come watch the New York Islanders take on the Buffalo Sabres on 10/14/2023. We will all meet at the SEC Office and head over to UBS Arena. Dinner is included, and we will be eating at the stadium. Let's Go Islanders!

Meet at the SEC Office Mamaroneck Town Center 740 West Boston Post Rd. Mamaroneck, NY 10543 5:30 P.M. - 11:00 P.M. Age: 14 and older





#### SOAP MAKING WORKSHOP

Join Jennifer in a fun workshop for both the beginner and advanced soaper as we formulate our own cold process soap with botanicals. We will work on techniques and designs to create our own unique soap loafs. Workshop includes all materials and lunch.

SEC Office Mamaroneck Town Center 740 West Boston Post Rd. Mamaroneck, NY 10543

FALL SEASON CODE: SOAP S140 DATE: Sunday, October 15th, 2023 DIRECT COST: \$142.00 OPWDD/Waiver Confirmed: \$52.00 Group Home/TRANSITIONAL: \$66.00 10:00 A.M.- 1:30 P.M. Age: Teen/Adult



#### **GRAVEYARD BASH**

In the midst of the hour the skeletons dance through the graveyard in a ghost-like trance. Join your South East friends for a night of fun and fright as we party on down at the Graveyard Bash! Put on your favorite Halloween costume and dance the night away with South East and DJ Artie! Refreshments will be served.

Posillipo Center 32 Garibaldi Place Rye Brook, NY, 10573

FALL SEASON CODE: HALL R140 DATE: Saturday, October 21st, 2023 DIRECT COST: \$36.00 OPWDD/Waiver Confirmed: \$23.00 Group Home/TRANSITIONAL: \$28.00 6:00 P.M. – 8:30 P.M. Age: 14 and older



#### IN THE HEIGHTS

Join South East to enjoy White Plains Performing Arts Center's rendition of Lin-Manuel Miranda's 'In the Heights'! In the Heights tells the universal story of a vibrant community in New York's Washington Heights—a place where the coffee from the corner bodega is light and sweet, the windows are always open, and the breeze carries the rhythm of three generations. We will enjoy lunch at TGI Fridays before heading up to the theater for the show!

White Plains Performing Arts Center City Center Circle 11 City Place White Plains, NY 10601 11:30 A.M. - 4:30 P.M. Age: Teen/Adult

FALL SEASON PROGRAM DATE: Sunday, October 22nd, 2023 CODE: BDWY R140 DIRECT COST: \$154.00 OPWDD/Wavier Confirmed: \$85.00 Group Home/TRANSITIONAL: \$119.00



#### **MONSTER JAM**

Start your engines! South East is returning to Monster Jam this Fall! Join us as we trek to Bridgeport to see Monster Jam! We'll arrive early to enjoy the Pit Party where we will meet the drivers and have a chance to get an up close look at the monster trucks! We will enjoy dinner at Applebee's on our way home!

Meet at the SEC Office Mamaroneck Town Center 740 West Boston Post Rd. Mamaroneck, NY 10543

FALL SEASON CODE: JAM R140 DATE: Saturday, October 28th, 2023 DIRECT COST: \$379.00 OPWDD/Waiver Confirmed: \$100.00 Group Home/TRANSITIONAL: \$200.00 9:00 A.M. – 5:30 P.M. Age: 14 and older



#### FORDHAM FOOTBALL

College Football season is here! Join South East as we watch the Fordham Rams take on the Bucknell Bison! We will meet at the South East office and ride over to the game together.

Meet at the SEC Office Mamaroneck Town Center 740 West Boston Post Rd. Mamaroneck, NY 10543 11:00 A.M. – 6:00 P.M. Age: 14 and older

FALL SEASON PROGRAM DATE: Saturday, November 4th, 2023 CODE: FORD S140 DIRECT COST: 237.00.00 OPWDD/Wavier Confirmed: \$80.00 Group Home/TRANSITIONAL: \$151.00

#### WEST POINT VETERANS DAY FOOTBALL

Honor America's veterans with South East at West Point to watch the Black Knights take on the Holy Cross Crusaders! We will have lunch at the Game!

Meet at the SEC Office Mamaroneck Town Center 740 West Boston Post Rd. Mamaroneck, NY 10543

FALL SEASON CODE: WEST S140 DATE: Saturday, November 11th, 2023 DIRECT COST: \$285.00 OPWDD/Waiver Confirmed: \$85.00 Group Home/TRANSITIONAL: \$180.00 Page 16 10:00 A.M. – 6:00 P.M. Age: 14 and older



#### THANKSGIVING FEAST

With Thanksgiving around the corner, take some time with South East to give thanks for all of our great friends and loved ones. Join us at the Tuckahoe Community Center for a Thanksgiving dance party! A special assortment of Thanksgiving foods will be served.

Tuckahoe Community Center 71 Columbus Ave Tuckahoe, NY 10707 6:00 P.M. – 8:30 P.M. Age: Teen/Adult

FALL SEASON CODE: THANK S140 DATE: Saturday, November 18th, 2023 DIRECT COST: \$36.00 OPWDD/Wavier Confirmed: \$26.00 Group Home/TRANSITIONAL: \$30.00

#### HOLIDAY GIFT MAKING WORKSHOP

Create one-of-a- kind gifts as you learn new techniques to create original works of art and delicious treats in our crafty holiday workshop! Individuals will gift wrap and take home all items made in the workshop. Lunch provided. Space Limited. First come, first serve basis.

SEC Office 740 West Boston Post Rd. Mamaroneck, NY

10:00 A.M. - 1:30 P.M. Age: Teen/Adult

FALL SEASON CODE: HGW S140 PROGRAM DATES: Sunday, December 3rd, 2023 DIRECT COST: \$113.00 OPWDD/Waiver Confirmed: \$62.00 Group Home/TRANSITIONAL: \$77.00

#### WINTER CELEBRATION

Kick off the Holiday season with South East! Joined by DJ Artie, we will celebrate the upcoming holidays in style! Don your favorite holiday sweaters and other winter attire! Finger foods as well as ice tea and lemonade will be served.

Possillipo Center 32 Garibaldi Place Rye Brook, NY, 10573 6:00 P.M. – 8:30 P.M. Age: Teen/Adult

FALL SEASON CODE: WCELB S140 PROGRAM DATES: Saturday, December 16th, 2023 DIRECT COST: \$36.00 OPWDD/Waiver Confirmed: \$23.00 Group Home/TRANSITIONAL: \$28.00

#### ANASTASIA

Join South East as we visit White Plains Performing Arts Center to see Anastasia! From the twilight of the Russian Empire to the euphoria of Paris in the 1920's, a brave young woman sets out to discover the mystery of her past. We will enjoy lunch at TGI Fridays before heading up to the theater for the show!

White Plains Performing Arts Center City Center Circle 11 City Place White Plains, NY 10601 11:30 A.M. - 4:30 P.M. Age: Teen/Adult

FALL SEASON CODE: BWDY R141 PROGRAM DATES: Sunday, December 17th, 2023 DIRECT COST: \$154.00 OPWDD/Wavier Confirmed: \$85.00 Group Home/TRANSITIONAL: \$119.00



Join SEC Play Production and Dance Company for the Annual Holiday Show Friday, December 15th, 2023 at 7:30 P.M. Heathcote School, Scarsdale, NY

#### SOUTH EAST CONSORTIUM BOARD OF DIRECTORS

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#### PROUDLY SERVING

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## **SEC STAFF**

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#### **SEC MISSION**

Created in 1981, the South East Consortium for Special Services, Inc. (SEC) is dedicated to providing recreation programs and leisure services to children and adults with developmental disabilities and special needs who reside in our member municipalities. Our mission is to maintain and improve the lives of those we serve by offering a comprehensive calendar of programs and services that are age appropriate, suitable for people with different levels of ability and designed to have an impact on an individual for a lifetime. We do this together and always welcome your ideas and concerns.



www.secrec.org NOW ENROLL ONLINE FALL 2023 ENROLLMENT AUGUST 16TH - SEPTEMBER 15TH, 2023

740 West Boston Post Road, Suite 318 Mamaroneck, New York 10543 Telephone: 914.698.5232 Fax: 914.698.7125

Consortium