

WINTER 2024

South East
Consortium



Program Brochure



ONLINE ENROLLMENT NOVEMBER 16TH - DECEMBER 15TH, 2023

SOUTH EAST CONSORTIUM

740 West Boston Post Road, Suite 318
Mamaroneck, NY 10543

Ph: 914.698.5232 Fax: 914.698.7125

www.secrec.org e-mail: info@secrec.org

Please Read the Following Information

Registration Restriction:

If an individual has an outstanding balance due to South East for attending previous programs, that individual will not be permitted to register for the new session until the outstanding balance is paid. Please note with the new enrollment system your account will be locked until the outstanding issue is rectified. In addition, if your individual has outstanding paperwork (LP, IEP, NOD, LCED, Medical form, etc.) they will not be allowed to enroll/attend South East Programs until the paperwork has been submitted.

Admission and Medical Forms:

South East Consortium is required to keep a completed up-to-date admissions application and medical form on file for all program individuals. A new program admission application is now online for enrollment. Individuals who have expired information on file will be required to update the information prior to participating in any South East programs. In addition all individuals will need to provide a current photo to be kept on file for security purposes.

NOTE: Please be advised that your individuals social security number is now mandatory to participate in all SEC programs, no exceptions.

Program Attendance:

When registering your individual for a program please be aware of this important concern. South East receives certain reimbursements through Medicaid for providing services to your individual, but only if your individual attends the program. If your individual has spotty attendance or simply doesn't attend at all, it has a significant financial impact on South East. Also, since South East has a "wait list" for most of our programs it is unfair to others who wish to participate.

We understand an occasional absence, but if you know beforehand, especially with a community outing or special event, that your individual will not be attending or is dropping a program, please let us know immediately so we can attempt to fill that vacancy. This may affect any possible program refunds to you.

Transportation Policy:

South East requires a minimum of four participants to offer door-to-door transportation to program. South East Consortium will unfortunately be unable to provide door-to-door transportation to programs without meeting this minimum threshold.

Late Pick-Up Policy

Late pick-ups and early drop offs are continuing to create several problems for us, especially when a facility is required to stay open for us. In addition, these situations require staff to provide extended supervision before/after program time. We understand that life will present unexpected glitches in your schedule, but repeated instances of early drop-offs and late pick ups will result in a charge of \$10 for every additional 15 minutes that staff are required to provide supervision, either before or after program.

Please Read the Following Information

Sibling Discount:

If a family has more than one individual registered in our programs, South East offers a 15% discount for each sibling. Please note that this will be adjusted in-house and a credit applied to your account.

Who We Serve:

The South East Consortium proudly serves children and adults (age 5 and beyond) with various disabilities and special needs who reside in the following member municipalities: Town and Village of Mamaroneck, Town of Pelham, Village of Rye Brook, Village of Port Chester, Village of Larchmont, City of Rye, Village of Scarsdale, Town of Eastchester, Village of Bronxville, Village of Tuckahoe and the Town and Village of Harrison.

Each of the member municipalities contribute tax dollars to the South East Consortium. Residency is based on which municipality you pay taxes, not by school district or mailing address. Due to overcrowding and limited resources, SEC can no longer accept **NEW** enrollments from individuals who reside outside the Consortium municipalities. If you are unsure of member eligibility, please contact the office for assistance.

Enrollment Criteria:

The following criteria and conditions for enrolling in South East Consortium (SEC) programs applies only to **NEW** individuals residing with their families/guardians or independently in any of the Consortium municipalities. This DOES NOT apply to individuals residing in IRAs or group homes or individuals who were previously enrolled in program(s) prior to the Spring 2017 session.

SEC can no longer accept any NEW registrations from individuals who have not completed the OPWDD Front Door Eligibility Process and have been issued a Front Door Authorization Form stating respite units have been confirmed. You must provide a copy of your Eligibility Status letter to be considered for the transitional fee category.

HCBS Medicaid Waiver: SEC will only accept individuals who are Medicaid Waiver eligible after all the required documentation is properly submitted by the Care Coordinator. SEC needs to be correctly noted on the Life Plan as a service provider; a Front Door Authorization Letter or (SAL); Notice of Decision (NOD) and Level of Care (LCED). Once this documentation has been received by SEC it will be submitted to OPWDD. Individuals may not begin programs until SEC is notified the billing for reimbursement process is completed.

Liability Notice:

Before South East Consortium provides service, we must determine who is responsible for paying for the cost of the services. This could be Medicaid, NYS or another payor, such as the individual or the individual's legal guardian. You are required to provide us with the information we need to make this determination. We must make this determination even if you offer to pay for the services. If Medicaid is not responsible for the cost of the services, we will determine if another payor is responsible for the cost of the services and whether that other payor can afford the payment.

If the limited exception ends, we can bill you for the respite services and we may deny or stop the respite services if payment is not received. The individual, or another liable party, will have to pay for the services at the Medicaid hourly reimbursable rate to South East Consortium. Otherwise, the individual will need Medicaid coverage that pays for the respite services and to be enrolled in the Home and Community Based Services (HCBS) Waiver. Fee reductions or waivers are available in unusual circumstances.

If the individual already has Medicaid coverage you must provide us with proof of coverage including the individual's Medicaid Client Identification Number. The individual must maintain Medicaid coverage in the future. If the individual loses coverage you must inform us. If the individual does not already have Medicaid coverage: You must pay for the services if no other payor exists. If you are responsible for the individual's money, you are only required to use the individual's money to pay for the services.

OR

You must apply for Medicaid if no other payor can pay for the services. When applying for Medicaid, you must take all legal steps to qualify for and maintain Medicaid coverage.

The full fee for the requested services is available upon request from the SEC Office. South East Consortium is allowed to assess fees for programs. These fees are based on non billable services to Medicaid (admission cost, consumable supplies and food associated with programs are billable to the consumer). If we reduce the fee, you will be required to pay the reduced fee. If we reduce the fee and we later determine that you are able to pay the full fee, you will be required to pay the full fee. We will provide you with 30 days' written notice if the fee reduction changes. We will send you bills if you are paying for the services. We will send you a monthly bill by the 30th of the month following service. If you do not pay the bills, we will try to collect from you.

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South East Consortium Office Hours

8:30 A.M. - 4:30 P.M. | Monday - Friday

MONDAY

SOUND BEATS

Feel the rhythm with South East! Join us and DJ Marc James, as we practice playing different styles of music that is sure to get you on your feet and dancing!

South East Consortium Office
740 W. Boston Post Rd. Suite 316
Mamaroneck, NY 10543

4:30 P.M. - 5:30 P.M.
Age: 14 and older.

WINTER SEASON (6 weeks): 1/22, 1/29, 2/12, 2/19, 3/11, 3/18

CODE: HIT S105

DIRECT COST: \$347.00

OPWDD/Waiver Confirmed: \$186.00

TRANSITIONAL: \$210.00



SEC SING IT

We could not be more excited to offer you this new program for our winter season! Do you love to sing in the car, at home, or just anywhere? Then join us as we rehearse songs suited to the season. We will work on both songs geared towards performance, as well as music that reflects the interests of our group!

Damiano Center
281 Midland Avenue, Rye
Please enter from the left-side of the building

5:30 P.M. - 6:30 P.M.
Ages: Teen/Adult

WINTER SEASON 1/8 - 3/18 (9 weeks)

NO PROGRAM: 1/15, 2/19

CODE: SING S105

DIRECT COST: \$171.00

OPWDD/Waiver Confirmed: \$95.00

Group Home/TRANSITIONAL: \$115.00

ZUMBA

Melt away your stress and dance with us at Zumba! Zumba is a high-energy, high-fun dance aerobics class. We will combine Zumba, Latin and Caribbean moves paired with great dance music. With easy to follow moves, this one-of-a-kind fitness program will keep you coming back for more!

Damiano Center
281 Midland Avenue, Rye
Please enter from the left-side of the building

6:45 P.M. - 7:45 P.M.
Ages: Teen/Adult

WINTER SEASON 1/8 - 3/18 (9 weeks)

NO PROGRAM: 1/15, 2/19

CODE: ZUMBA S105

DIRECT COST: \$137.00

OPWDD/Waiver Confirmed: \$72.00

Group Home/TRANSITIONAL: \$104.00



MONDAY CON'T

MIX IT UP

Looking for some quick, easy and fun recipes to get you through this winter? Slice and dice the night away at Mix it Up! Our program aims to provide independence in the kitchen as we enjoy making a variety of dishes. Each session we will follow fun and easy recipes, and learn to prepare tasty wraps, salads, parfaits and so much more! (Please note: while this is a cooking program and we will use a microwave and other kitchen appliances, we will not be using an oven or stove top during the program)

Damiano Center
281 Midland Avenue, Rye
Please enter from the left-side of the building

7:45 P.M. - 8:45 P.M.
Ages: Teen/Adult

WINTER SEASON 1/8 - 3/18 (9 weeks)

NO PROGRAM: 1/15, 2/19

CODE: MIX S105

DIRECT COST: \$281.00

OPWDD/Waiver Confirmed: \$126.00

Group Home/TRANSITIONAL: \$200.00



IONA Prep Music Movers, Fall 2023



Teen Chefs, Fall 2023

TUESDAY

TEEN CHEFS

Awaken your inner chef at Teen Chefs! This program is designed to teach skills needed in the kitchen including knife safety, stove safety, measuring and more! Each week our group will work together to create unique and delicious meals that you can make at home! Learn to make some of your favorite dishes including sandwiches, pasta, multicultural dishes, and more! (Please note: This program does involve the use of heat elements).

Tuckahoe High School
65 Siwanoy Blvd., Eastchester, NY

5:00 P.M. - 6:15 P.M.
Age: 13 - 21

WINTER SEASON 1/9 - 3/19 (10 weeks)

NO PROGRAM: 2/20

CODE: CHEFS S105

DIRECT COST: \$368.00

OPWDD/Waiver Confirmed: \$120.00

TRANSITIONAL: \$250.00

TUESDAY CON'T

SOUTH EAST "SHARKS" SWIM CLUB

Dive into winter with Sharks Swim Club! Our competitive aquatics program is designed to strengthen your swimming skills, practice the four strokes, and improve your stamina in the water. Please note: This is NOT a learn to swim program! All new participants must be able to do 1 lap of backstroke, 1 lap of freestyle, and exit the pool on their own. Open to individuals Living at Home only. Door-to-door transportation is offered, at an additional fee, to those within the consortium area, who are also registered for Partners in Sports on Tuesday evenings.

Hommocks Pool
Hommocks Middle School
130 Hommocks Rd., Larchmont

6:00 P.M. - 7:15 P.M.
Please note time change
Age: Teen /Adult

WINTER SEASON 1/16 - 3/19 (9 weeks)

NO PROGRAM: 1/9, 2/20

CODE: SHARK S105

DIRECT COST: \$157.00

OPWDD/Waiver Confirmed: \$124.00

TRANSITIONAL: \$151.00



Sharks Swim Club, Fall 2023



Partners In Sports, Fall 2023

PARTNERS IN SPORTS

Fly with the Hawks this winter as we get back into action on Tuesday nights. Join us as we hone our dribbling, shooting and footwork to prepare us for the Special Olympics. We will also get to participate in scrimmages, develop better stamina and more! Door-to-door transportation is offered, at an additional fee, to individuals within the consortium area who are also registered to Sharks Swim Club on Tuesday evenings.

Tuckahoe Community Center
71 Columbus Avenue
Tuckahoe, NY 10707

8:00 P.M. - 9:00 P.M.
Age: Teen/Adult

WINTER SEASON 1/16 - 3/19 (9 weeks)

NO PROGRAM: 2/20

CODE: OLYM S105

DIRECT COST: \$190.00

OPWDD/Waiver Confirmed: \$55.00

Group Home/TRANSITIONAL: \$145.00

TRANSPORTATION: \$180.00

NOTE: Transportation is only available for those who live at home and are enrolled in both Tuesday programs.

WEDNESDAY

YOGALATES

Find balance, and refocus yourself and enter the new year with us at Yogalates! Our Yogalates program aims to improve postural alignment, coordination, strength, flexibility and increase mindfulness. Yogalates combines yoga and Pilates, focusing on strengthening the core while offering the meditation and flexibility benefits of yoga. Great for all ability levels.

Harbor Island Pavilion, Red Room
Harbor Island Park, Mamaroneck
Intersection Mamaroneck Ave. and Boston Post Rd.

4:45 P.M. - 5:45 P.M.
Age: Teen/Adult

WINTER SEASON 1/10 - 3/20 (10 weeks)

NO PROGRAM: 2/21

CODE: YOGA S105

DIRECT COST: \$152.00

OPWDD/Waiver Confirmed: \$70.00

Group Home/TRANSITIONAL: \$110.00

DANCE COMPANY

Are you ready to boogie woogie and bunny hop your way towards our Winter Performance? Join the SEC Staff as we take it back to the 1950s to prepare for our December 15th show! Please wear sneakers and loose-fitting clothing.

Harbor Island Pavilion, Red Room
Harbor Island Park, Mamaroneck
Intersection Mamaroneck Ave. and Boston Post Rd.

6:00 P.M. - 7:00 P.M.
Age: Teen/Adult

WINTER SEASON 1/10 - 3/20 (10 weeks)

NO PROGRAM: 2/21

CODE: DANCE S105

DIRECT COST: \$200

OPWDD/Waiver Confirmed: \$85.00

Group Home/TRANSITIONAL: \$155.00



Dance Company, Fall 2023

HIP-HOP DANCE

Master your fancy footwork with us at Hip-Hop Dance! Join the SEC Staff as we pop, lock, break and freeze (without getting cold of course!) during this exciting dance class! We will move and groove to all of the latest rhythms and beats each week! Sneakers and loose clothing required. (No Jeans)

Harbor Island Pavilion, Red Room
Harbor Island Park, Mamaroneck
Intersection Mamaroneck Ave. and Boston Post Rd.

7:00 P.M. - 7:45 P.M.
Age: Teen/Adult

WINTER SEASON 1/10 - 2/7 (5 weeks)

CODE: HHD S105

DIRECT COST: \$84.00

OPWDD/Waiver Confirmed: \$33.00

Group Home/TRANSITIONAL: \$50.00



WEDNESDAY CONT'D

TAP DANCE BASICS

Beat the Winter cold and blues by ball-changing your way through the season at Tap Dance Basics! Flap your feet and shuffle with staff each week as you learn the beginner steps of this dance style! Channel your inner Broadway musical star and join us! Tap shoes required.

Harbor Island Pavilion, Red Room

7:00 P.M. - 7:45 P.M.

Harbor Island Park, Mamaroneck

Age: Teen/Adult

Intersection Mamaroneck Ave. and Boston Post Rd.

WINTER SEASON 2/14 - 3/20 (5 weeks)

NO PROGRAM: 2/21

CODE: TAP S105

DIRECT COST: \$84.00

OPWDD/Waiver Confirmed: \$33.00

Group Home/TRANSITIONAL: \$50.00

THURSDAY

BREAKTHROUGH FIT CLUB

Join us and our friends from Breakthrough Fit Club for Fit Club! Join us on Thursdays as we enjoy circuit training and other group exercise activities to help stay in shape! Appropriate for all ability levels.

Breakthrough Fit Co.

251 S Central Ave

Hartsdale, NY 10530

5:30 P.M. - 6:30 P.M.

Age: Teen/Adult

WINTER SEASON 1/11 - 3/21 (10 weeks)

NO PROGRAM: 2/22

CODE: FIT S105

DIRECT COST: \$225.00

OPWDD/Waiver Confirmed: \$110.00

Group Home/TRANSITIONAL: \$180.00

BOWLING

A strike a day keeps the boredom away (or at least we think so!). Roll with South East's bowling team and enjoy nights full of bowling fun every Thursday! Individual's scores will be recorded and can be submitted to the Special Olympics for competition. Whether you're a bowling pro, or are just getting started, this program is for you!

Bowlmor

47 Tarrytown Rd.

White Plains, NY 10607

7:00 P.M. - 8:45 P.M.

Age: 16 and up

WINTER SEASON 1/11 - 3/21 (10 weeks)

NO PROGRAM: 2/22

CODE: BOWL R105

DIRECT COST: \$320.00

OPWDD/WAIVER CONFIRMED: \$150.00

GROUP HOME/TRANSITIONAL \$225.00

TRANS COST: \$200.00

NOTE: Transportation is only available for those who live at home in the consortium area.

FRIDAY

SEC PLAY PRODUCTION

Come join the show! If you love singing, acting and dancing you can be a star or work behind the scenes as a production assistant making props, costumes or learning the technical side of stage production. Are you ready to boogie woogie and bunny hop your way towards our Spring Performance? Sing, Dance and Act your way through the 1950's and the Birth of Rock n' Roll as we prepare for our June 7th show! Please wear sneakers and loose-fitting clothing.

Heathcote School
26 Palmer Avenue, Scarsdale

4:00 P.M. - 5:30 P.M.
Age: Teen/Adult

WINTER SEASON 1/12 - 3/22 (10 weeks)

NO PROGRAM: 2/23

CODE: PLAY S105

DIRECT COST: \$275.00

OPWDD/Waiver Confirmed: \$103.00

Group Home/TRANSITIONAL: \$180.00



Breakthrough, Fall 2023



Play/Production, Fall 2023

MOVIES & MORE

Join us this winter for our Movies and More. This social program is designed to foster social connections, personal growth, and a diverse range of activities and experiences. Out Nights will include dinner and a movie or outing at a local restaurant and an attraction (Out Night, dinner is not included). In-Nights will include dinner and an activity for the evening. In Nights will be held at the Harrison Community Center. Limited to 25 individuals. Transportation is provided at an additional fee from Play Production to Movies and More only.

Out Night locations vary

6:00 P.M. - 10:00 P.M.

In Nights meet at Harrison Community Center
216 Halstead Ave, Harrison

Age: Teen/Adult

WINTER SEASON 1/12 - 3/22 (10 weeks)

NO PROGRAM: 2/23

CODE: FILM 105

DIRECT COST: \$748.00

OPWDD/Waiver Confirmed: \$308.00

Group Home/TRANSITIONAL: \$583.00

TRANS COST: \$140.00 (10 weeks)

FRIDAY CON'T

FRIDAY TRAVEL CLUB

Kick off the weekend with South East's Travel Club! Join SEC's Travel Club for fun-filled and enriching nights with your friends! The program consists of both in-nights and out-nights. In-nights will meet at Leo Mintzer Sr. Center in West Harrison! Our out-nights will see us visiting a variety of different exciting places. Limited to 20 participants. Transportation is provided at an additional fee from Play Production to Travel Club only. Open to Participants Living At Home Only.

Meeting Locations Vary

6:00 P.M. - 10:00 P.M.

Age: Teen/Adult

WINTER SEASON 1/12 - 3/22 (10 weeks)

NO PROGRAM: 2/23

CODE: CLUB 105

DIRECT COST: \$ 894.00

OPWDD/Waiver Confirmed: \$300.00

TRANSITIONAL: \$ 500.00

TRANS COST: \$140.00 (10 weeks)

FRIDAY FUN

Enjoy the start to your winter weekends at Friday Fun! We will meet a total of three Fridays this season. Our two in-nights will be at Haindl Field House in Eastchester where you can play pool, foosball, ping pong, participate in an arts and crafts project, play video games, or watch a movie! We will enjoy one out-night this season! We offer the option to participate in the "in nights" only. On our in-nights we will serve pizza, chips, water, and a dessert. Open to Individuals Living at Home Only.

In Nights meet at: Haindl Field House
100 Gabriel Rescigno Drive
Scarsdale, NY

7:00 P.M. - 9:30 P.M.

Ages: Teens 13 - 23

Out Nights meet at location

WINTER SEASON (4 weeks)

PROGRAM DATES: 1/19, 2/9, 3/8, 3/15

CODE: FRFUN S105 (IN NIGHTS ONLY)

DIRECT COST: \$243.00

OPWDD/Waiver Confirmed: \$52.00

TRANSITIONAL: \$104.00

WINTER SEASON (7 weeks)

PROGRAM DATES: **In Nights:** 1/19, 2/9, 3/8, 3/15 **Out Nights:** 1/26, 2/16, 3/22

CODE: FRFUN 106 (IN & OUT NIGHTS)

DIRECT COST: \$439.00

OPWDD/Waiver Confirmed: \$128.00

TRANSITIONAL: \$271.00

SATURDAY

TRACK & FIELD INDOORS

Join us this winter as we work up a sweat, indoors, by working on cardio, jumping, and other exercises designed for indoors. We will work on the basics of Track and Field such as running laps, relay races, and hurdle jumps. If there is time we will work on conditioning with a fun indoor game such as soccer in order to build good stamina.

Community Room
Hommocks Ice Rink
130 Hommocks Rd. Larchmont

10:00 A.M. - 11:00 A.M.
Age: Teen/Adult

WINTER SEASON 1/20 - 3/16 (7 weeks)

NO PROGRAMS: 2/17, 2/24

CODE: TRACK S105

DIRECT COST: \$129.00

OPWDD/Waiver Confirmed: \$66.00

Group Home/TRANSITIONAL: \$78.00



Travel Club, Fall 2023



Play Production, Fall 2023

SATURDAY SWIM

Dive into a world of aquatic adventure with us in our learn to swim program. Participants will be grouped by their age and ability. Lessons may be conducted in group format or similar pairings. Swimmers may not work with the same staff every week and we do not guarantee a one-to-one ratio. This is a structured, safe program, but may be inappropriate for individuals with severe disabilities or extreme fear of water. Open to participants living at home only.

Hommocks Pool
Hommocks Middle School
130 Hommocks Rd., Larchmont

Age: Youth/Teen/Adult

WINTER SEASON 1/20 - 3/16 (7 Weeks)

NO PROGRAMS: 2/17, 2/24

CODE: SWIM S105 12:00 P.M. - 12:30 P.M. Lap Swimmers only

CODE: SWIM S106 12:30 P.M.-1:00 P.M.

CODE: SWIM S107 1:00 P.M.- 1:30 P.M.

CODE: SWIM S108 1:30 P.M.- 2:00 P.M.

DIRECT COST: \$640.00

OPWDD/Waiver Confirmed: \$172.00

TRANSITIONAL: \$299.00

MONTHLY EVENTS

SELF ADVOCACY CLUB

Join South East's Self Advocacy Club! Discuss what it means to be your own advocate! Attend monthly meetings to discuss current events, learn strategies to better advocate for yourself and share your experience. We will be joined by guest speakers who can offer insight on many different facets of self-advocacy

South East Consortium Office
740 W. Boston Post Rd. Suite 316
Mamaroneck, NY 10543

5:00 P.M. - 6:00 P.M.
Age: 14 and older.

WINTER SEASON (3 weeks)

PROGRAM DATES: 1/8, 2/5, 3/4

CODE: SAC R105

DIRECT COST: \$28.00

OPWDD/ WAIVER CONFIRMED: FREE

GROUP HOME/ TRANSITIONAL: FREE

LUNCH & A MOVIE

Join us for good food and fun at the cinema! Eat lunch with us at Buffalo Wild Wings and catch the movies of the season at Regal New Roc during this monthly program! Included in the program fee is your meal at Buffalo Wild Wings, gratuity and a movie ticket.

New Roc City Movie Theater
33 Lecount Place, New Rochelle

11:30 A.M. - 4:30 P.M.
Age: 14 and older.

WINTER SEASON

CODE: LUNCH R105 Saturday, January 20th, 2024

CODE: LUNCH R106 Sunday, February 10th, 2024

CODE: LUNCH R107 Saturday, March 2nd, 2024

DIRECT COST: \$114.00

OPWDD/Waiver Confirmed: \$33.00

Group Home/TRANSITIONAL: \$76.00

ROCK CLUB

Rock and Roll with South East as we visit our friends at The Rock Club! Join us once a month for rock climbing fun! Open to all ability levels, this program offers a wide range of different climbing options Whether you're a master climber, or just want a new way to keep active. The Rock Club is the program for you!

The Rock Club
130 Rhodes St., New Rochelle

10:30 A.M. - 11:00 AM
Ages: 10 and older

WINTER SEASON

CODE: ROCK R105

DATES: 1/20, 2/10, 3/23

DIRECT COST: \$93.00

OPWDD/Waiver Confirmed: \$75.00

Group Home/TRANSITIONAL: \$90.00

WINTER RECESS SPECIAL EVENTS

DREAMWORKS WATERPARK

Slip, slide, and swim into the fun with South East! Just because it's cold outside doesn't mean we can't make a splash this Winter! Join us as we venture to East Rutherford, NJ to take on Dreamwork's Indoor Water Park! From the twists and turns of the water slides, to the smooth saunter of the lazy river, this trip has something for everybody! We will enjoy lunch at the park.

Meet at the SEC Office
Mamaroneck Town Center
740 West Boston Post Rd.
Mamaroneck, NY 10543

9:00 A.M. - 7:00 P.M.
Age: 14 and older

WINTER SEASON

CODE: DRWP R105

DATE: Tuesday, February 20th, 2024

DIRECT COST: \$273.00

OPWDD/Wavier Confirmed: \$126.00

Group Home/TRANSITIONAL: \$225.00



PALISADES MALL EXTRAVANZA

Get out of the house and join us for a fun variety program at the Palisades Mall in Nyack! Head over to Dave and Busters with the SEC Staff to play arcade games for prizes and take a ride on the Ferris Wheel! We'll eat at the food court before heading over to AMC to watch a movie! Program cost includes arcade game card, Ferris Wheel ticket, movie theater ticket and lunch.

Meet at the SEC Office
Mamaroneck Town Center
740 West Boston Post Rd.
Mamaroneck, NY 10543

10:00 A.M. - 3:00 P.M.
Age: 14 and older

WINTER SEASON

CODE: PMALL R105

DATE: Wednesday, February 21st, 2024

DIRECT COST: \$154.00

OPWDD/Wavier Confirmed: \$80.00

Group Home/TRANSITIONAL: \$123.00

MOVIE & DINNER

Celebrate the vacation week by taking in a movie at Regal New Roc and having Dinner at Texas Road House! Included in the program fee is your meal, gratuity and a movie ticket.

Drop off/Pick up in front of Applebees
New Roc City Movie Theater
33 Lecount Place, New Rochelle

1:30 P.M. - 6:30 P.M.
Age: 14 and older

WINTER SEASON

CODE: PDAY R105

DATE: Thursday, February 22nd, 2024

DIRECT COST: \$122.00

OPWDD/Wavier Confirmed: \$38.00

Group Home/TRANSITIONAL: \$82.00



WINTER RECESS SPECIAL EVENTS

LONG ISLAND NETS GAME

Join us on February 24th to watch our Long Island Nets take on the Mexico City Capitanes. We will meet at the South East office and take a ride down to Nassau Coliseum to watch the Nets play. We have a 5:00PM game time, so we will have lunch first at Chili's.

Meet at the SEC Office
Mamaroneck Town Center
740 West Boston Post Rd.
Mamaroneck, NY 10543

2:00 P.M. - 8:00 P.M.
Age: 14 and older



WINTER SEASON

CODE: NETS R105

DATE: Saturday, February 24th, 2024

DIRECT COST: \$165.00

OPWDD/Wavier Confirmed: \$81.00

Group Home/TRANSITIONAL: \$141.00

SPECIAL EVENTS

DISNEY ON ICE

Are you a lover of all things Disney? "Go the Distance" with the SEC Staff to UBS Arena and experience the marvelous world of Disney for yourself through a medley of your favorite songs! Disney on Ice: Into the Magic includes performances featuring a variety of the characters that we know and love. Hosted by the characters themselves, we invite you to "Be Our Guest!". We will stop for lunch before the show! Program cost includes Disney on Ice ticket and lunch.

Meet at the SEC Office
Mamaroneck Town Center
740 West Boston Post Rd.
Mamaroneck, NY 10543

11:00 A.M. - 6:30 P.M.
Age: 14 and older

WINTER SEASON

CODE: DISICE R105

DATE: Saturday, January 6, 2024

DIRECT COST: \$207.00

OPWDD/Wavier Confirmed: \$95.00

Group Home/TRANSITIONAL: \$177.00



SPECIAL EVENTS

ANASTASIA

Back but popular demand Anastasia! From the twilight of the Russian Empire to the euphoria of Paris in the 1920's, a brave young woman sets out to discover the mystery of her past. We will enjoy lunch at TGI Fridays before heading up to the theater for the show!

White Plains Performing Arts Center
City Center Circle
11 City Place
White Plains, NY 10601

11:30 A.M. - 4:30 P.M.
Age: Teen/Adult

WINTER SEASON

CODE: BWDY R105

PROGRAM DATES: Sunday, January 7, 2024

DIRECT COST: \$154.00

OPWDD/Wavier Confirmed: \$85.00

Group Home/TRANSITIONAL: \$119.00



Movies & More, Fall 2023

CARTOON MANIA PARTY

Get ready to groove and move at the zaniest, toe-tapping cartoon dance party!. From Bugs Bunny to SpongeBob, everyone's invited to shake, shimmy, and boogie to the catchiest tunes. With wacky dance-offs and a DJ booth manned by none other than DJ Artie, this party promises a night of laughter, rhythm, and endless fun. Finger foods will be served for dinner along with snacks and other refreshments. We will also enjoy cake for dessert.

Posillipo Center
32 Garibaldi Place
Rye Brook, NY, 10573

6:00 P.M. – 8:30 P.M.
Age: 14 and older

WINTER SEASON

CODE: TOON R105

DATE: Saturday, January 27th, 2024

DIRECT COST: \$42.00

OPWDD/Waiver Confirmed: \$20.00

Group Home/TRANSITIONAL: \$25.00

SPECIAL EVENTS

DAVE & BUSTERS

Whether you prefer shooting hoops, defeating space invaders, or hitting the ski ball lanes, Dave & Busters is the place for you! Join South East at Dave and Busters in Pelham for a fun afternoon of food, friends and games! Enjoy a buffet style lunch including sliders, chicken fingers, pizza and more! Once we've had our fill, we will explore all of the different game options available to us! Spots are limited, first come first serve

Dave & Busters Pelham Manor
881 Pelham Pkwy
Pelham Manor, NY 10803

12:00 P.M. - 4:30 P.M.
Age: Teen/Adult

WINTER SEASON

CODE: LUNCH R105 Sunday January 28th, 2024

CODE: LUNCH R106 Sunday, March 3rd, 2024

DIRECT COST: \$86.00

OPWDD/Waiver Confirmed: \$46.00

Group Home/TRANSITIONAL: \$68.00



CITY OF LIGHTS DANCE

You won't need your passport for this trip to Paris! Join South East for our City of Lights Dance! Enjoy all of the sights and sounds of Paris, enjoy delicious food and party the evening away. Cake will be served for dessert.

Possillipo Center
32 Garibaldi Place
Rye Brook, NY, 10573

6:00 P.M. – 8:30 P.M.
Age: Teen/Adult

WINTER SEASON

CODE: CLD S105

DATE: Saturday, February 3rd, 2024

DIRECT COST: \$42.00

OPWDD/Waiver Confirmed: \$20.00

Group Home/TRANSITIONAL: \$25.00



CLAY WORKSHOP

Learn the basics of air dry clay. Join SEC staff as they take you through two unique projects. Each individual will receive their own air dy clay kit in this workshop. We will work on techniques and designs to create our own unique name plate and tray. Lunch will be provided.

SEC Office
740 West Boston Post Rd.

10:00 A.M. - 1:30 P.M.

WINTER SEASON

CODE: CLAY S105

DATE: Sunday, February 4th, 2024

DIRECT COST: \$92.00

OPWDD/Waiver Confirmed: \$49.00

GROUPHOME/TRANSITIONAL: \$71.00



SPECIAL EVENTS

CUPID'S ARROW DANCE

Love is in the air at South East! Join us for a night of Valentines Day fun at our Cupid's Arrow Dance. Don your favorite pinks and reds and join the party! DJ Artie will be spinning all of our favorite love songs from yesterday and today!! We'll enjoy delectable finger foods and have cake to wrap up the evening!

Posillipo Center
32 Garibaldi Place
Rye Brook, NY, 10573

6:00 P.M. – 8:30 P.M.
Age: 14 and older

WINTER SEASON

CODE: SWEET S105

DATE: Saturday, February 17th, 2024

DIRECT COST: \$42.00

OPWDD/Wavier Confirmed: \$20.00

Group Home/TRANSITIONAL: \$25.00



**DONT FORGET TO CHECK THE
VACTION WEEK SPECIAL EVENTS**

YOUNG & STRANGE DELUSIONISTS

Experience magic right before your very eyes during this special program event! Presented by Champions of Magic at the Paramount Theater in Peekskill. Childhood friends Richard Young and Sam Strange offer a comedy illusion double act. You don't want to miss this mystifying and spellbinding performance that will leave you on the edge of your seat!

Meet at the SEC Office
Mamaroneck Town Center
740 West Boston Post Rd.
Mamaroneck, NY 10543

11:30 A.M. - 6:30 P.M.
Age: 14 and older

WINTER SEASON

CODE: MAGIC R105

DATE: Sunday, February 25th, 2024

DIRECT COST: \$192.00

OPWDD/Wavier Confirmed: \$86.00

Group Home/TRANSITIONAL: \$132.00

SPECIAL EVENTS

SHAMROCK SHINANIGANS

We will all be feeling lucky at this St. Patrick's Day- themed dance! Irish Step right into the fun with our Shamrock Shenanigans Dance! It'll be a sea of green and it won't be complete without you! Party all night with your friends and bring the holiday in in style! We will be offering finger foods for dinner with cake for dessert.

Tuckahoe Community Center
71 Columbus Ave
Tuckahoe, NY 10707

6:00 P.M. – 8:30 P.M.
Age: Teen/Adult

WINTER SEASON

CODE: STPAT S105

DATE: Saturday, March 9th, 2024

DIRECT COST: \$42.00

OPWDD/Waiver Confirmed: \$20.00

Group Home/TRANSITIONAL: \$25.00



Travel Club, Spring 2023

JEWELRY WORKSHOP

Learn the basics of beaded jewelry making. Join Sophie as she takes you through two unique projects. We will work on techniques and designs to create our own unique jewelry projects. Lunch will be provided.

SEC Office
740 West Boston Post Rd.
Mamaroneck, NY

10:00 A.M. - 1:30 P.M.
Age: Teen/Adult

WINTER SEASON

CODE: JEWEL S105

DATES: Sunday, March 10th, 2024

DIRECT COST: \$95.00

OPWDD/Waiver Confirmed: \$54.00

Group Home/TRANSITIONAL: \$78.00



SOUTH EAST CONSORTIUM BOARD OF DIRECTORS

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Town and Village of Mamaroneck, Town of Pelham, Village of Rye Brook, Village of Port Chester, Village of Larchmont, City of Rye, Village of Scarsdale, Town of Eastchester, Village of Bronxville, Village of Tuckahoe and the Town and Village of Harrison

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SEC MISSION

Created in 1981, the South East Consortium for Special Services, Inc. (SEC) is dedicated to providing recreation programs and leisure services to children and adults with developmental disabilities and special needs who reside in our member municipalities. Our mission is to maintain and improve the lives of those we serve by offering a comprehensive calendar of programs and services that are age appropriate, suitable for people with different levels of ability and designed to have an impact on an individual for a lifetime. We do this together and always welcome your ideas and concerns.



740 West Boston Post Road, Suite 318
Mamaroneck, New York 10543
Telephone: 914.698.5232
Fax: 914.698.7125

WINTER 2024 ENROLLMENT NOVEMBER 16TH - DECEMBER 15TH, 2023
NOW ENROLL ONLINE
www.secrec.org



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