

# SPRING 2024



## Program Brochure



ONLINE ENROLLMENT MARCH 4TH - MARCH 29TH, 2024

# SOUTH EAST CONSORTIUM

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# A MESSAGE FROM THE EXECUTIVE DIRECTOR

Dear Families and Individuals,

It is my pleasure to welcome you all back to another exciting Spring Season! I hope you're ready to shake off those Winter blues and Spring into the new season. We're happy to return with many of your favorite weekly programs, and even more excited to introduce new program opportunities!

This season we will be introducing Kidcersize! We know so many of our younger friends have been hoping for more program opportunities for their age group so we're so glad to be able to offer this exciting new program. Kidcersize will run at Harbor Island here in Mamaroneck and will feature a variety of activities each week to get you on your feet and moving!

The prom committee returns this year! Join us to help put your mark on what's always the highlight of the season! Help us pick a theme, find and design decorations, set up catering and more! This program will be offered free of cost for our Medicaid/Waiver and Group Home individuals and at a low cost to those paying directly.

I have some general housekeeping matters that I'd like to address. We know that everyone's lives are jam packed and busy, now so more than ever! We certainly understand that circumstances can and will arise that may prohibit you from being able to attend program. We strive to remind families of upcoming events and activities as promptly as possible, and will continue improve in provide program plans and updates as early as we can. Please, if you expect to miss a program or multiple days of programs, be sure to make your program supervisor aware.

In recent months, we have discovered issues that have arisen with individuals signing onto self-direction that have led to billing issues at South East. For anyone who plans to enroll with Self-Direction, it is essential that you make South East Consortium aware and that you make your Self Direction broker aware of your participation at South East. We have seen several cases of Self Direction budgets that do not have South East Consortium listed. This then means that South East Consortium is unable to bill for your individual and he/she will no longer be able to participate in programs until the issue is rectified. Additionally, we have seen brokers incorrectly carry units from LifePlans onto initial budgets. Please ask your broker to confirm units with South East Consortium to ensure that the correct unit total is included before your budget is finalized. We don't want anyone to miss out on their favorite activities due to issues with paperwork.

On behalf of everyone at South East we thank you for your continued support.

Sincerely,



Jennifer Spenner-Kind  
Executive Director

# Please Read the Following Information

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## Registration Restriction:

If an individual has an outstanding balance due to South East for attending previous programs, that individual will not be permitted to register for the new session until the outstanding balance is paid. Please note with the new enrollment system your account will be locked until the outstanding issue is rectified. In addition, if your individual has outstanding paperwork (LP, IEP, NOD, LCED, Medical form, etc.) they will not be allowed to enroll/attend South East Programs until the paperwork has been submitted.

## Admission and Medical Forms:

South East Consortium is required to keep a completed up-to-date admissions application and medical form on file for all program individuals. A new program admission application is now online for enrollment. Individuals who have expired information on file will be required to update the information prior to participating in any South East programs. In addition all individuals will need to provide a current photo to be kept on file for security purposes.

**NOTE: Please be advised that your individuals social security number is now mandatory to participate in all SEC programs, no exceptions.**

## Program Attendance:

When registering your individual for a program please be aware of this important concern. South East receives certain reimbursements through Medicaid for providing services to your individual, but only if your individual attends the program. If your individual has spotty attendance or simply doesn't attend at all, it has a significant financial impact on South East. Also, since South East has a "wait list" for most of our programs it is unfair to others who wish to participate.

We understand an occasional absence, but if you know beforehand, especially with a community outing or special event, that your individual will not be attending or is dropping a program, please let us know immediately so we can attempt to fill that vacancy. This may affect any possible program refunds to you.

## Transportation Policy:

South East requires a minimum of four participants to offer door-to-door transportation to program. South East Consortium will unfortunately be unable to provide door-to-door transportation to programs without meeting this minimum threshold.

## Late Pick-Up Policy

Late pick-ups and early drop-offs are continuing to create several problems for us, especially when a facility is required to stay open for us. In addition, these situations require staff to provide extended supervision before/after program time. We understand that life will present unexpected glitches in your schedule, but repeated instances of early drop-offs and late pick ups will result in a charge of \$10 for every additional 15 minutes that staff are required to provide supervision, either before or after program.

# Please Read the Following Information

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## Sibling Discount:

If a family has more than one individual registered in our programs, South East offers a 15% discount for each sibling. Please note that this will be adjusted in-house and a credit applied to your account.

## Who We Serve:

The South East Consortium proudly serves children and adults (age 5 and beyond) with various disabilities and special needs who reside in the following member municipalities: Town and Village of Mamaroneck, Town of Pelham, Village of Rye Brook, Village of Port Chester, Village of Larchmont, City of Rye, Village of Scarsdale, Town of Eastchester, Village of Bronxville, Village of Tuckahoe and the Town and Village of Harrison.

Each of the member municipalities contribute tax dollars to the South East Consortium. Residency is based on which municipality you pay taxes, not by school district or mailing address. Due to overcrowding and limited resources, SEC can no longer accept **NEW** enrollments from individuals who reside outside the Consortium municipalities. If you are unsure of member eligibility, please contact the office for assistance.

## Enrollment Criteria:

The following criteria and conditions for enrolling in South East Consortium (SEC) programs applies only to **NEW** individuals residing with their families/guardians or independently in any of the Consortium municipalities. This DOES NOT apply to individuals residing in IRAs or group homes or individuals who were previously enrolled in program(s) prior to the Spring 2017 session.

SEC can no longer accept any NEW registrations from individuals who have not completed the OPWDD Front Door Eligibility Process and have been issued a Front Door Authorization Form stating respite units have been confirmed. You must provide a copy of your Eligibility Status letter to be considered for the transitional fee category.

HCBS Medicaid Waiver: SEC will only accept individuals who are Medicaid Waiver eligible after all the required documentation is properly submitted by the Care Coordinator. SEC needs to be correctly noted on the Life Plan as a service provider; a Front Door Authorization Letter or (SAL); Notice of Decision (NOD) and Level of Care (LCED). Once this documentation has been received by SEC it will be submitted to OPWDD. Individuals may not begin programs until SEC is notified the billing for reimbursement process is completed.

## Liability Notice:

Before South East Consortium provides service, we must determine who is responsible for paying for the cost of the services. This could be Medicaid, NYS or another payor, such as the individual or the individual's legal guardian. You are required to provide us with the information we need to make this determination. We must make this determination even if you offer to pay for the services. If Medicaid is not responsible for the cost of the services, we will determine if another payor is responsible for the cost of the services and whether that other payor can afford the payment.

If the limited exception ends, we can bill you for the respite services and we may deny or stop the respite services if payment is not received. The individual, or another liable party, will have to pay for the services at the Medicaid hourly reimbursable rate to South East Consortium. Otherwise, the individual will need Medicaid coverage that pays for the respite services and to be enrolled in the Home and Community Based Services (HCBS) Waiver. Fee reductions or waivers are available in unusual circumstances.

If the individual already has Medicaid coverage you must provide us with proof of coverage including the individual's Medicaid Client Identification Number. The individual must maintain Medicaid coverage in the future. If the individual loses coverage you must inform us. If the individual does not already have Medicaid coverage: You must pay for the services if no other payor exists. If you are responsible for the individual's money, you are only required to use the individual's money to pay for the services.

OR

You must apply for Medicaid if no other payor can pay for the services. When applying for Medicaid, you must take all legal steps to qualify for and maintain Medicaid coverage.

The full fee for the requested services is available upon request from the SEC Office. South East Consortium is allowed to assess fees for programs. These fees are based on non billable services to Medicaid (admission cost, consumable supplies and food associated with programs are billable to the consumer). If we reduce the fee, you will be required to pay the reduced fee. If we reduce the fee and we later determine that you are able to pay the full fee, you will be required to pay the full fee. We will provide you with 30 days' written notice if the fee reduction changes. We will send you bills if you are paying for the services. We will send you a monthly bill by the 30th of the month following service. If you do not pay the bills, we will try to collect from you.

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South East Consortium Office Hours

8:30 A.M. - 4:30 P.M. | Monday - Friday

# MONDAY

## IONA PREP UNIFIED SOCIAL CLUB

Unified is a series of zero-cost programs offered at Iona Prep dedicated to empowering individuals with disabilities and dismantling stereotypes by creating spaces where all individuals are welcomed as equals and friends.

Iona Prep Upper School  
255 Wilmot Rd, New Rochelle

3:30 P.M. - 4:30 P.M.  
Ages: Teen/Adult

SPRING SEASON 4/8 - 4/29 (3 weeks)

**NO PROGRAM: 4/22**

CODE: IONA S110

**DIRECT COST: \$0**

**OPWDD/Waiver Confirmed: \$0**

**Group Home/TRANSITIONAL: \$0**



Cupid's Arrow Dance Winter 2024



Walk Fit, Spring 2023

## WALK FIT

Need to kick off the program season on the right foot? Walk your way towards accomplishing your wellness goals at Walk Fit! Increase your endurance while taking in the blooms of spring at beautiful Harbor Island Park and catch up with your friends each week!

Harbor Island Park  
Mamaroneck NY 10543

4:45 P.M. - 5:45 P.M.  
Ages: Teen/Adult

SPRING SEASON 4/8 - 6/10 (8 weeks)

**NO PROGRAM: 4/22, 5/27**

CODE: WALK S110

**DIRECT COST: \$153.00**

**OPWDD/ WAIVER CONFIRMED: \$56.00**

**GROUP HOME/ TRANSITIONAL: \$116.00**

## ZUMBA

Put some “spring” in your step! Join us at Zumba every Monday night and work out while you groove to your favorite tunes! Zumba is a high- energy, high fun dance aerobics class! We will combine Zumba, Latin and Caribbean moves paired with great dance music. With easy to follow moves, this one-of-a-kind fitness program will keep you coming back for more!

Damiano Center  
281 Midland Avenue, Rye  
Please enter from the left-side of the building

6:45 P.M. - 7:45 P.M.  
Ages: Teen/Adult

SPRING SEASON 4/8 - 6/10 (8 weeks)  
**NO PROGRAM: 4/22, 5/27**  
CODE: ZUMBA S110  
**DIRECT COST: \$142.00**  
**OPWDD/Waiver Confirmed: \$72.00**  
**Group Home/TRANSITIONAL: \$100.00**



## MIX IT UP

Slice and dice your way into spring at Mix it Up! This program aims to increase independence in the kitchen. Follow along with a fun and easy recipe each week and learn to prepare a wide variety of tasty dips, wraps, salads, parfaits and so much more! (Please note: while this is a cooking program and we will use a microwave and other kitchen appliances (blender, food processor, griddle, etc.), we will not be using an oven or stove top during the program)

Damiano Center  
281 Midland Avenue, Rye  
Please enter from the left-side of the building

7:45 P.M. - 8:45 P.M.  
Ages: Teen/Adult

SPRING SEASON 4/8 - 6/10 (8 weeks)  
**NO PROGRAM: 4/22, 5/27**  
CODE: MIX S110  
**DIRECT COST: \$266.00**  
**OPWDD/Waiver Confirmed: \$128.00**  
**TRANSITIONAL: \$200.00**



## TEEN CHEFS

Awaken your inner chef at Teen Chefs! This program is designed to teach skills needed in the kitchen including knife safety, stove safety, measuring and more! Each week our group will work together to create unique and delicious meals that you can make at home! Learn to make some of your favorite dishes including sandwiches, pasta, multicultural dishes, and more! (Please note: This program does involve the use of heat elements).

Tuckahoe High School  
65 Siwanoy Blvd., Eastchester, NY

5:00 P.M. - 6:15 P.M.  
Age: 13 - 21

SPRING SEASON 4/2 - 6/11 (10 weeks)

**NO PROGRAM: 4/23**

CODE: CHEFS S110

**DIRECT COST: \$340.00**

**OPWDD/Waiver Confirmed: \$128.00**

**TRANSITIONAL: \$258.00**



Teen Chefs, Winter 2024



Iona Prep Social Club, Winter 2024

## SOUTH EAST "SHARKS" SWIM CLUB

Dive into Spring with Sharks Swim Club! Our competitive aquatics program is designed to strengthen your swimming skills, practice the four strokes, and improve your stamina in the water. Please note: **This is NOT a learn to swim program! All new participants must be able to do 1 lap of backstroke, 1 lap of freestyle, and exit the pool on their own.** Open to individuals Living at Home only.

Door-to-door transportation is offered, at an additional fee, to those within the consortium area, who are also registered for Partners in Sports on Tuesday evenings.

Hommocks Pool  
Hommocks Middle School  
130 Hommocks Rd., Larchmont

6:00 P.M. - 7:15 P.M.  
Please note time change  
Age: Teen /Adult

SPRING SEASON 4/9 - 6/11 (9 weeks)

**NO PROGRAM: 4/23**

CODE: SHARK S110

**DIRECT COST: \$270.00**

**OPWDD/Waiver Confirmed: \$152.00**

**TRANSITIONAL: \$264.00**

# TUESDAY CON'T

## PARTNERS IN SPORTS

Spread your wings and fly high as a part of the South East Hawks! Join the Hawks as they make their return, ready to spring into the new season! Develop better stamina while honing your dribbling, shooting and footwork to prepare for Special Olympics competitions! We will also participate in scrimmages and more throughout our season. **Door-to-door transportation is offered, at an additional fee, to individuals within the consortium area who are also registered to Sharks Swim Club on Tuesday evenings.**

Tuckahoe Community Center  
71 Columbus Avenue  
Tuckahoe, NY 10707

8:00 P.M. - 9:00 P.M.  
Age: Teen/Adult

SPRING SEASON 4/9 - 6/11 (9 weeks)

**NO PROGRAM: 4/23**

CODE: OLYM S110

**DIRECT COST: \$146.00**

**OPWDD/Waiver Confirmed: \$63.00**

**Group Home/TRANSITIONAL: \$125.00**

**TRANSPORTATION: \$162.00**

**NOTE: Transportation is only available for those who live at home and are enrolled in both Tuesday programs.**

# WEDNESDAY

## YOGALATES

Deep breathe and stretch your way out of the midweek struggle and into spring with us at Yogalates! Yogalates combines yoga and Pilates, focusing on strengthening the core while eliciting the meditation and flexibility benefits of yoga. Our Yogalates program aims to enhance postural alignment, coordination, and strength. Great for all ability levels.

Harbor Island Pavilion, Red Room  
Harbor Island Park, Mamaroneck  
Intersection Mamaroneck Ave. and Boston Post Rd.

4:45 P.M. - 5:45 P.M.  
Age: Teen/Adult

SPRING SEASON 4/3 - 6/12 (10 weeks)

**NO PROGRAM: 4/24**

CODE: YOGA S110

**DIRECT COST: \$177.00**

**OPWDD/Waiver Confirmed: \$80.00**

**Group Home/TRANSITIONAL: \$140.00**



# WEDNESDAY

## DANCE COMPANY

Are you ready to boogie woogie and bunny hop your way towards our SPRING Performance? Swing into the Spring season with the SEC Staff as we take it back to the 1950s to prepare for our June 7th show! Please wear sneakers and loose-fitting clothing.

Harbor Island Pavilion, Red Room

6:00 P.M. - 7:00 P.M.

Harbor Island Park, Mamaroneck

Age: Teen/Adult

Intersection Mamaroneck Ave. and Boston Post Rd.

SPRING SEASON 4/3 - 6/12 (10 weeks)

**NO PROGRAM: 4/24**

CODE: DANCE S110

**DIRECT COST: \$297.00**

**OPWDD/Waiver Confirmed: \$121.00**

**Group Home/TRANSITIONAL: \$171.00**

## TAP DANCE BASICS

Join SEC Staff and learn to tap at Tap Dance Basics! During this weekly class, you will work on a variety of beginner tap dance steps, such as the scuff, shuffle, and many more! We will also work on a dance number to showcase at our June 7th show, Rock Around the Clock!

Harbor Island Pavilion, Red Room

7:00 P.M. - 7:45 P.M.

Harbor Island Park, Mamaroneck

Age: Teen/Adult

Intersection Mamaroneck Ave. and Boston Post Rd.

SPRING SEASON 4/3 - 5/8 (5 weeks)

**NO PROGRAM: 4/24**

CODE: TAP S110

**DIRECT COST: \$84.00**

**OPWDD/Waiver Confirmed: \$33.00**

**Group Home/TRANSITIONAL: \$50.00**

## ALL THAT JAZZ

Ball-change and chassé your way down to the Harbor for this exciting dance elective! Work with Sophie and Brittany as they teach you all the basics of Jazz, while having a great time with friends!

Harbor Island Pavilion, Red Room

7:00 P.M. - 7:45 P.M.

Harbor Island Park, Mamaroneck

Age: Teen/Adult

Intersection Mamaroneck Ave. and Boston Post Rd.

SPRING SEASON 5/15 - 6/12 (5 weeks)

**NO PROGRAM: 4/24**

CODE: JAZZ S110

**DIRECT COST: \$177.00**

**OPWDD/Waiver Confirmed: \$80.00**

**Group Home/TRANSITIONAL: \$118.00**

## KIDCERCISE

Kidcercise is a program designed to get kids up and moving through a variety of fun and engaging activities! Our program will include a warm-up (stretching, skipping/running, dancing), skill-based activities and cooperative activities (relay race, scooter games, etc.).

Harbor Island Pavilion, Red Room  
Harbor Island Park, Mamaroneck

4:00 P.M. - 5:00 P.M.  
Age: 5-12

SPRING SEASON 4/4- 6/13 (10 weeks)

**NO PROGRAM:4/25**

CODE: KIDS S110

**DIRECT COST: \$324.00**

**OPWDD/Waiver Confirmed: \$120.00**

**Group Home/TRANSITIONAL: \$260.00**

## BREAKTHROUGH FIT CLUB

Looking to get active AND have a great time doing it? Join the SEC Staff and our friends from Breakthrough Fit Co. and enjoy circuit training and other group exercise activities to help stay in shape! Appropriate for all ability levels.

251 S Central Ave  
Hartsdale, NY 10530

5:30 P.M. - 6:30 P.M.  
Age: Teen/Adult

SPRING SEASON 4/4- 6/13 (10 weeks)

**NO PROGRAM:4/25**

CODE: FIT R110

**DIRECT COST: \$440.00**

**OPWDD/Waiver Confirmed: \$160.00**

**Group Home/TRANSITIONAL: \$390.00**



Breakthrough Fit Club, Winter 2024

## BOWLING

Strike and spare your way into the Spring season with the South East bowling team! Enjoy nights full of bowling fun every Thursday! Individual's scores will be recorded and can be submitted to the Special Olympics for competition. Whether you're a bowling pro, or are just getting started, this program is for you!

Bowlmor  
47 Tarrytown Rd.  
White Plains, NY 10607

7:00 P.M. - 8:45 P.M.  
Age: 16 and up

SPRING SEASON 4/4 - 6/13 (10 weeks)

**NO PROGRAM:4/25**

CODE: BOWL R110

**DIRECT COST: \$298.00**

**OPWDD/WAIVER CONFIRMED: \$150.00**

**GROUP HOME/TRANSITIONAL: \$225.00**

**TRANS COST: \$200.00**

**NOTE: Transportation is only available for those who live at home in the consortium area.**

# FRIDAY

## SEC PLAY PRODUCTION

Spring time is show time at SEC! If you have a flair for the dramatic and enjoy singing and dancing under the stage spotlights with friends, join us for Play Production! During this theater program, you can be a star onstage or work behind the scenes as a production assistant making props, costumes and learning the technical side of stage production! This season, we will prepare for our June 7th performance, inspired by the 1950's and the Birth of Rock n' Roll! Please wear sneakers and loose-fitting clothing.

Heathcote School  
26 Palmer Avenue, Scarsdale

4:00 P.M. - 5:30 P.M.  
Age: Teen/Adult

SPRING SEASON 4/5-6/7 (8 weeks)

**NO PROGRAM: 4/26, 5/24**

CODE: PLAY S110

**DIRECT COST: \$288.00**

**OPWDD/Waiver Confirmed: \$110.00**

**Group Home/TRANSITIONAL: \$195.00**



## MOVIES & MORE

Spring is the perfect time to socialize with us every Friday night at Movies and More! This program is designed to foster social connections, personal growth, and a diverse range of activities and experiences. Out Nights will include dinner and a movie or outing at a local restaurant and an attraction (Out Night dinner is not included). In-Nights will include dinner and an activity for the evening. In Nights will be held at the Harrison Community Center. **Limited to 25 individuals. Transportation is provided at an additional fee from Play Production to Movies and More only.**

Out Nights meet at local attraction  
In Nights meet at Harrison Community Center  
216 Halstead Ave, Harrison

6:00 P.M. - 10:00 P.M.  
Age: Teen/Adult

SPRING SEASON 4/5-6/7 (8 weeks)

**NO PROGRAM: 4/26, 5/24**

CODE: FILM 110

**DIRECT COST: \$581.00**

**OPWDD/Waiver Confirmed: \$252.00**

**Group Home/TRANSITIONAL: \$368.00**

**TRANS COST: \$126.00 (9 weeks)**

# FRIDAY CON'T

## SOCIAL CLUB

Looking for something to do in the springtime? Join our Social Club program that runs alongside Movies and More In-Nights". We do fun crafting activities, bingo nights, karaoke, nights and so much more. Dinner is included with the program. **Transportation is provided at an additional fee from Play Production to Social Club only.**

Out Nights meet at local theater

6:00 P.M. - 10:00 P.M.

In Nights meet at Harrison Community Center  
216 Halstead Ave, Harrison

Age: Teen/Adult

SPRING SEASON

**PROGRAM DATES: 4/12, 5/3, 5/17, 5/31 (4 Weeks)**

CODE: SOC S110

**DIRECT COST: \$285.00**

**OPWDD/Waiver Confirmed: \$126.00**

**Group Home/TRANSITIONAL: \$184.00**

**TRANS COST: \$81.00**

## FRIDAY TRAVEL CLUB

Kick off the weekend with South East's Travel Club! Join SEC's Travel Club for fun-filled and enriching nights with your friends! The program consists of both in-nights and out-nights. In-nights will meet at Leo Mintzer Sr. Center in West Harrison! Our out-nights will see us visiting a variety of different exciting places. Limited to 20 participants. Transportation is provided at an additional fee from Play Production to Movie Club only. Open to Participants Living At Home Only.

Meeting Locations Vary

6:00 P.M. - 10:00 P.M.

Age: Teen/Adult

SPRING SEASON 4/5-6/7 (8 weeks)

**NO PROGRAM: 4/26**

CODE: CLUB 110

**DIRECT COST: \$ 876.00**

**OPWDD/Waiver Confirmed: \$360.00**

**TRANSITIONAL: \$ 540.00**

**TRANS COST: \$126.00 (9 weeks)**



Travel Club, Winter 2024



Play Production, Winter 2024



Travel Club, Winter 2024

# FRIDAY CON'T

## FRIDAY FUN

See old friends and make new ones with us this Spring at **Friday Fun: In Nights Only!** Our program will take place at the Haindl Field House in Eastchester where you can play pool, foosball, ping pong, participate in an arts and crafts project, play video games, watch a movie and so much more! For dinner, we will serve pizza, chips, water, and a dessert. Open to Individuals Living at Home Only.

In Nights meet at: Haindl Field House  
100 Gabriel Rescigno Drive  
Scarsdale, NY

7:00 P.M. - 9:30 P.M.  
Ages: Teens 13 - 23

Out Nights meet at location TBD

SPRING SEASON (3 weeks)  
PROGRAM DATES: 4/5, 4/12, 5/17  
CODE: FRFUN S111 **(IN NIGHTS ONLY)**  
**DIRECT COST: \$171.00**  
**OPWDD/Waiver Confirmed: \$60.00**  
**TRANSITIONAL: \$111.00**



Friday Fun, Winter 2024



Mix it Up, Winter 2024

# SATURDAY

## TRACK & FIELD

It's time for the Spring Games to begin! Our track program ensures a great time for all! We will be participating in activities such as relay races, javelin throwing, and hurdle jumping. Our goal is to get you motivated to join Special Olympics track and field.

Rye Hills Park  
122 N Ridge St  
Rye Brook NY 10573

10:00 A.M. - 11:30 A.M.  
Age: Teen/Adult

SPRING SEASON 4/6-5/18 ( 5 weeks)  
**NO PROGRAMS: 4/20, 4/27**  
CODE: TRACK S110  
**DIRECT COST: \$155.00**  
**OPWDD/Waiver Confirmed: \$50.00**  
**Group Home/TRANSITIONAL: \$118.00**



## SATURDAY SWIM

Dive into a world of aquatic adventure with us in our learn to swim program. Participants will be grouped by their age and ability. Lessons may be conducted in group format or similar pairings. Swimmers may not work with the same staff every week and we do not guarantee a one-to-one ratio. This is a structured, safe program, but may be inappropriate for individuals with severe disabilities or extreme fear of water. Open to participants living at home only.

Hommocks Pool  
Hommocks Middle School  
130 Hommocks Rd., Larchmont

Age: Youth/Teen/Adult

WSPRING SEASON 4/6-5/18 ( 5 Weeks)  
**NO PROGRAMS: 4/20, 4/27**  
CODE: SWIM S110 12:00 P.M. - 12:30 P.M. Lap Swimmers only  
CODE: SWIM S111 12:30 P.M.-1:00 P.M.  
CODE: SWIM S112 1:00 P.M.- 1:30 P.M.  
CODE: SWIM S113 1:30 P.M.- 2:00 P.M.

**DIRECT COST: \$486.00**  
**OPWDD/Waiver Confirmed: \$124.00**  
**TRANSITIONAL: \$285.00**



Saturday Swim, Winter 2024



# MONTHLY EVENTS

## SELF ADVOCACY CLUB

Join South East's Self Advocacy Club! Discuss what it means to be your own advocate! Attend monthly meetings to discuss current events, learn strategies to better advocate for yourself and share your experience. We will be joined by guest speakers who can offer insight on many different facets of self-advocacy

South East Consortium Office  
740 W. Boston Post Rd. Suite 316  
Mamaroneck, NY 10543

5:30 P.M. - 6:30 P.M.  
Age: 14 and older.

SPRING SEASON (3 weeks)

**PROGRAM DATES: 4/8, 5/6, 6/3**

CODE: SAC S110

**DIRECT COST: \$27.00**

**OPWDD/ WAIVER CONFIRMED: FREE**

**GROUP HOME/ TRANSITIONAL: FREE**

## PROM COMMITTEE

Be part of something special, join the SEC Prom Committee. We will work as a team to plan our annual formal at Bronxville School. The committee will decide on a theme, catering, create decorations, centerpieces, choose crowns and choose our Royal Court. Coffee, Juice, Bagels or Donuts will be provided at each meeting.

South East Consortium Office  
740 W. Boston Post Rd. Suite 316  
Mamaroneck, NY 10543

5:30 P.M. - 6:30 P.M.  
Age: 14 and older.

SPRING SEASON (4 weeks)

**PROGRAM DATES: 4/15, 4/29, 5/13, 5/20**

CODE: PRCOM S110

**DIRECT COST: \$27.00**

**OPWDD/ WAIVER CONFIRMED: \$FREE**

**GROUP HOME/ TRANSITIONAL: \$FREE**

## LUNCH & A MOVIE

Spring into the cinema this season at Lunch and a Movie! Enjoy your lunch at Buffalo Wild Wings with friends and catch the movies of the season at Regal New Roc during this monthly program! Included in the program fee is your meal at Buffalo Wild Wings, gratuity and a movie ticket.

New Roc City Movie Theater  
33 Lecount Place, New Rochelle

11:30 A.M. - 4:30 P.M.  
Age: 14 and older.

SPRING SEASON

CODE: LUNCH R110      Saturday, April 6th, 2024

CODE: LUNCH R111      Sunday, May 19th, 2024

**DIRECT COST: \$120.00**

**OPWDD/Waiver Confirmed: \$57.00**

**Group Home/TRANSITIONAL: \$76.00**

# MONTHLY EVENTS

## TEEN ADVENTURE

Calling all Adventurers! During this program we will have the opportunity to work with an instructor at the Greenburgh Nature Center for some archery fun! We will meet at the South East Consortium Office, and travel over to the GNC as a group. While there we will learn the basics of archery and enjoy lunch before heading back to the office together. Please bring a bagged lunch, drink, and snack with you. Open To Individuals Living At Home Only.

SPRING SEASON  
CODE: ADVE R140

11:30 P.M. - 3:30 P.M.  
Age: 14-24.

**PROGRAM DATES: Saturday, April 20th 2024**

**DIRECT COST: \$117.00**  
**OPWDD/Waiver Confirmed: \$50.00**  
**Group Home/TRANSITIONAL: \$110.00**



Prom Committee, Spring 2023



Long Island Nets, Winter 2024

# SPECIAL EVENTS

## EMELIN BROADWAY SPOTLIGHT

Four of the finest performers from "The Great Bright Way" will recreate their most memorable musical moments, share backstage behind-the-scenes anecdotes and conduct an enlightening and entertaining question and answer session with the audience. The evening will include musical selections from Hamilton; Dear Evan Hansen; Les Misérables; Miss Saigon; Into the Woods; Frozen; The Sound of Music; Carousel; Jesus Christ Superstar; Newsies; Camelot and more!

Emelin Theater  
153 Library Ln  
Drop-off at Frankie & Fanucci's  
Mamaroneck, NY 10543

5:30 P.M. - 10:00 P.M.  
Age: 14 and older

SPRING SEASON  
CODE: EMEL R110  
DATE: Saturday, April 6th, 2024  
**DIRECT COST: \$195.00**  
**OPWDD/Waiver Confirmed: \$110.00**  
**Group Home/TRANSITIONAL: \$150.00**

**EMELIN**  
**THEATRE**  
WORLD CLASS. RIGHT HERE

# SPECIAL EVENTS

## **BENISE- FIESTA**

Join the SEC Staff and your friends at the Paramount theater in Peekskill for a dance and musical performance like no other. Benise- FIESTA! Listen to classic rock anthems in addition to classical music numbers, all performed with Benise's own stylistic flair and intensity!

Meet at the SEC Office  
Mamaroneck Town Center  
740 West Boston Post Rd.  
Mamaroneck, NY 10543

3:30 P.M. - 10:30 P.M.  
Age: 14 and older

SPRING SEASON  
CODE: FIESTA R110  
DATE: Saturday, April 13th, 2024  
**DIRECT COST: \$195.00**  
**OPWDD/Wavier Confirmed: \$106.00**  
**Group Home/TRANSITIONAL: \$167.00**



## **BLOSSOM BALL**

Leaf all your worries behind and branch out with your best "buds" for an evening of blossom bliss with SEC! This floral-tastic dance will feature lovely decor, light refreshments, and tunes that will have you singing and dancing your way into spring! It is sure to be a blooming good time!

Posillipo Center  
32 Garibaldi Place  
Rye Brook, NY, 10573

6:00 P.M. – 8:30 P.M.  
Age: 14 and older

SPRING SEASON  
CODE: BLOS S110  
DATE: Saturday, April 20th, 2023  
**DIRECT COST: 45.00**  
**OPWDD/Wavier Confirmed: \$20.00**  
**Group Home/TRANSITIONAL: \$35.00**

## **WPPAC - BEAUTIFUL CAROLE KING**

Before she was hit-maker Carole King — she was Carole Klein, a spunky, young songwriter from Brooklyn with a unique voice. From the chart-topping hits she wrote for the biggest acts in music to her own life-changing, trailblazing success with Tapestry, Beautiful takes you back to where it all began and takes you on the ride of a lifetime.

Drop off/Pick up in front of TGI Fridays  
White Plains Performing Arts Center  
11 City Pl, White Plains, NY 10601

11:30 A.M. - 4:30 P.M.  
Age: 14 and older

SPRING SEASON  
CODE: BDWY R110  
DATE: Saturday, May 4th, 2024  
**DIRECT COST: \$154.00**  
**OPWDD/Wavier Confirmed: \$85.00**  
**Group Home/TRANSITIONAL: \$119.00**



# SPECIAL EVENTS

## YANKEES GAME

Join South East as we take Metro North to cheer on The New York Yankees as they take on the Detroit Tigers for an exciting Sunday of baseball! We will enjoy all you care to eat hot dogs, sausages, hot pretzels, and soft drink included from gates open through the 5th inning.

Scarsdale Train Station  
1 Depot Pl  
Scarsdale, NY 10583

10:30 A.M. - 5:30 P.M.  
Age: Teen/Adult

SPRING SEASON  
CODE: YANKS R110  
**PROGRAM DATES: Saturdy, May 4th, 2024**  
**DIRECT COST: \$186.00**  
**OPWDD/Wavier Confirmed: \$95.00**  
**Group Home/TRANSITIONAL: \$127.00**



## RESIN WORKSHOP

Join Jennifer for a unique UV Resin Jewelry Workshop! We will work with UV Resin to create and cast pendants and hairclips/bookmarks. You'll explore different coloring methods, experiment with decorative elements like flowers and glitter to add unique finishing touches to your pieces.

SEC Office  
740 W. Boston Post Rd  
Mamaroneck, NY, 10543

10:00 A.M. – 1:30 P.M.  
Age: 14 and older

SPRING SEASON  
CODE: JEWEL S110  
DATE: Sunday, May 5th, 2024  
**DIRECT COST: \$87.00**  
**OPWDD/Waiver Confirmed: \$35.00**  
**Group Home/TRANSITIONAL: \$66.00**



## MAGICAL MAY DANCE

We've got a trick up our sleeve this Spring! Join us at the Port Chester Community Center for South East's Magical May Dance! DJ Artie will play spellbinding tracks to get us moving and keep us bewitched!

Port Chester Senior Center  
222 Grace Church St  
Port Chester, NY 10573

6:00 P.M. - 8:30 P.M.  
Age: 14 and older

SPRING SEASON  
CODE: MAY S110  
DATE: Saturday, May 18th, 2024  
**DIRECT COST: \$45.00**  
**OPWDD/Wavier Confirmed: \$20.00**  
**Group Home/TRANSITIONAL: \$35.00**



# SPECIAL EVENTS

## SEC FORMAL

SEC could not be more excited to bring back the SEC Formal! Allow us to whisk you away for a memorable evening of fun with friends! Come dressed to the nines as you dance to all your favorite songs played by a DJ! Partake in a time-old-an-true SEC tradition, and watch us crown our Formal Court! Food and light refreshments will be served!.

Bronxville School  
177 Pondfield Rd Bronxville  
Meadow Ave Entrance

5:00 P.M. - 8:00 P.M.  
Age: 14 and older

SPRING SEASON

CODE: PROM R110

DATE: Saturday, June 1st, 2024

**DIRECT COST: \$86.00**

**OPWDD/Wavier Confirmed: \$60.00**

**Group Home/TRANSITIONAL: \$70.00**

## END OF YEAR BBQ

Finish up the Spring season in style with South East at the End of Year BBQ! Join us for a fun evening of games, dancing, food and more! Burgers, hot dogs, soda/water, assorted salads and chips, and cookies will be served.

Damiano Center  
281 Midland Ave  
Rye, NY, 10580

5:00 P.M. – 8:00 P.M.  
Age: Teen/Adult

SPRING SEASON

CODE: YBBQ S110

DATE: Friday, June 14th, 2024

**DIRECT COST: \$43.00**

**OPWDD/Waiver Confirmed: \$28.00**

**Group Home/TRANSITIONAL: \$41.00**

## LONG ISLAND AQUARIUM

Watch schools of fish swim right in front of you! Be brave and try the Touch Tank Exhibit or pet the stingrays with us at the Long Island Aquarium. Enjoy all the fun as we even set sail on a tour boat of the Long Island Sound and explore the butterflies with our friends at SEC. After our time at the aquarium and exhibits we will enjoy a meal together! Included in the cost is admission, lunch and gratuities.

Meet at the SEC Office  
Mamaroneck Town Center  
740 West Boston Post Rd.  
Mamaroneck, NY 10543

8:30 A.M. - 6:00 P.M.  
Age: 14 and older

SPRING SEASON

CODE: LIAQ R110

DATE: Saturday, June 15th, 2024

**DIRECT COST: \$206.00**

**OPWDD/Waiver Confirmed: \$84.00**

**Group Home/TRANSITIONAL: \$130.00**



# **SOUTH EAST CONSORTIUM BOARD OF DIRECTORS**

Robert Bertolacci, Chairperson  
Jason Pinto, Vice Chairperson  
Jill Fisher, Treasurer

Sally Veltidi, Secretary  
Heather Krakowski  
Diane Bartley  
Brian Gray  
Gerry Salvo  
Erin Mantz  
Dorothy Scarfone  
Laura Slack  
Craig Mineard

Village of Rye Brook  
Village of Mamaroneck  
Town of Mamaroneck/  
Village of Larchmont  
Town of Eastchester  
Village of Port Chester  
Town of Pelham  
Village of Scarsdale  
Town/Village of Harrison  
City of Rye  
Member At Large  
Member At Large  
Member At Large

## **PROUDLY SERVING**

Town and Village of Mamaroneck, Town of Pelham, Village of Rye Brook, Village of Port Chester, Village of Larchmont, City of Rye, Village of Scarsdale, Town of Eastchester, Village of Bronxville, Village of Tuckahoe and the Town and Village of Harrison

## **SEC STAFF**

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Email: [irodriguez@secrec.org](mailto:irodriguez@secrec.org)

## **SEC MISSION**

Created in 1981, the South East Consortium for Special Services, Inc. (SEC) is dedicated to providing recreation programs and leisure services to children and adults with developmental disabilities and special needs who reside in our member municipalities. Our mission is to maintain and improve the lives of those we serve by offering a comprehensive calendar of programs and services that are age appropriate, suitable for people with different levels of ability and designed to have an impact on an individual for a lifetime. We do this together and always welcome your ideas and concerns.



740 West Boston Post Road, Suite 318  
Mamaroneck, New York 10543  
Telephone: 914.698.5232  
Fax: 914.698.7125

**SPRING 2024 ENROLLMENT MARCH 5TH - MARCH 29TH, 2024**  
**NOW ENROLL ONLINE**  
**[www.secrec.org](http://www.secrec.org)**



**THE COMMUNITY FUND**  
BRONXVILLE • EASTCHESTER • TUCKAHOE